

# West Virginia Psychological Association 2023 Spring Conference

and WVPA Annual Business Meeting

Friday, April 21, 2023

WVU Medicine Charleston Campus at CAMC-Memorial 3110 MacCorkle Ave SE Charleston, WV 25304

Charleston Area Medical Center and Live Virtual Teleconference







in Psychological, Physician, Nursing, Social Work, and Pharmacy Services:

# Thank you to our Sponsors:





Health Care Burnout and Wellness: A
Multidisciplinary
and Systemic
Approach

April 21, 2023

Sign-In Opens:

8:00AM - 8:30AM

Panel Discussion: Burn-Out, A multidisciplinary perspective (CE –1.0 hr)
8:30 AM - 9:30 AM

Compassion Fatigue and the Ethics of Self-Care (CE—1.0 hr)
9:45AM-10:45AM

Three Practical Tactics to Support Well-being (CE—1.0 hr)
11:00AM-12:00PM

WVPA Business Meeting/Lunch 12:00 PM-1:00 PM

Roles and Opportunities in Ethically Addressing Healthcare Provider and Learner Burnout, Wellbeing, and
Resilience in Heath Care Settings
(CE-4.0 hrs)
1:00 PM - 5:00 PM



# Welcome to the West Virginia Psychological Association Spring Conference!

Dear Conference Participants,

We are proud to present our 2023 Spring Conference! As we are finding a new normal since the start of the global pandemic, which has tested health care professionals in particular, we are excited to hold a hybrid in-person and virtual conference to revisit and gain a systemic approach to addressing burnout and wellness in health care.

Whether virtually or in person, we are featuring a first for our organization in holding a completely integrated and multidisciplinary conference for healthcare providers in our state. We have invited several wonderful speakers to present on topics of burnout and well-being and how it has been addressed across disciplines. We will start our day with a multidisciplinary panel of health care professionals from psychology, physicians, nursing/nurse practitioner, social work, and pharmacy to set the stage for how burnout effects each discipline and how it has been addressed until now.

Afterwards, we will be learning from Mr. Charles "Chuck" Weinberg about compassion fatigue and the ethical considerations for self-care. We will then learn about current systemic approaches to address burnout and promote provider wellbeing in our State from Dr. Doug Knutson.

We will then make time for lunch and hope you will attend the WVPA Business Meeting, as we share about the work WVPA has been doing over the past several months.

Finally, we are pleased to welcome Dr. Abbie Beacham as she presents the keynote address on the roles and opportunities of addressing burnout for healthcare providers, wellbeing, and resilience in healthcare settings.

We look forward to having you join us for this unique opportunity in partnering with some amazing local and neighboring state providers, teams, and organizations. Thank you for your time and look forward to seeing you at the Spring Conference CE/CME event in 2023!

Sincerely,

Chava Urecki, Psy.D.

2023 WVPA President-Elect, Program Chair

Billy Rutherford, Psy.D.

2023 WVPA President

## Health Care Professionals Walk into a Pandemic: A Multidisciplinary Perspective of Burnout and Wellness

Moderator: Abbie Beacham, Ph.D.

Panelists: Cynthia Collins Stump, D.O.

Scott A. Fields, Ph.D.

Chase Marcum, RN, BSN, FNP-BC

Frederic Pollock, M.D. Brenna Ross, Pharm.D.

Chuck Weinberg, LICSW, BCD

1.0 CE

The topic of burnout and wellbeing has become increasingly studied over the last 50 years, with specific attention during the COVID-19 pandemic. Health care professionals experience burnout at alarming rates which has problematic outcomes in these individuals' professional and personal lives. According to the World Health Organization (2019), burnout or burnout syndrome refers to the phenomenon of chronic work-related stress and is characterized by exhaustion, distancing from one's job or having feelings of cynicism and negativism, and either perceived or experience of reduction in efficacy in their professional roles. As a result of the increasing number of reports of burnout in health care, focus and attention on promotion of well-being has been strongly emphasized from a personal as well as systemic perspective. This multidisciplinary panel of practicing health care professionals aims to identify the unique challenges faced in each discipline that contributes to health care professional burnout. This panel will also include a discussion of the ways burnout concerns have been navigated in the clinical field and effective ways of promoting wellbeing amongst the multiple professions.

#### Citation:

World Health Organization (May 2019). Burn-out an "occupational phenomenon:" International classification of diseases. Retrieved on March 13, 2023 from https://www.who.int/news/item/28-05-2019-burn-out-an-occupational-phenomenon-international-classification-of-diseases

#### Learning Objectives:

- 1. Define burnout and wellbeing.
- 2. Describe common symptoms of burnout and factors that contribute to burnout across health disciplines.
- 3. Describe unique ways to promote wellbeing across health disciplines.

## Panel Discussion Speakers

#### **Our Presenters:**

#### Abbie Beacham, Ph.D.

#### Associate Professor and Director of Behavioral Sciences, University of Louisville School of Dentistry

Abbie O'Ferrell Beacham, PhD is an Associate Professor and Director of Behavioral Sciences at the University of Louisville School of Dentistry. Prior to returning to Louisville, she served in the Departments of Psychiatry and Family Medicine and as the Associate Director of the Resilience Program at the University of Colorado School of Medicine. In this role she was part of the inception and implementation of innovative programs designed to address burnout and support the overall well-being of healthcare providers. Dr. Beacham's research focuses on Resilience/Well-Being in healthcare professionals. She is a co-investigator on a HRSA-funded grant (Health and Public Safety Workforce Resiliency Training Program) employing evidence-based programming to reduce and address burnout and promote resiliency among health care profession students. The published program – Cultivating Personal Resilience – has been presented to over 1,000 health care professionals and trainees across the Rocky Mountain region (and now Kentucky). Dr. Beacham completed her PhD in Clinical Psychology at the University of Louisville and predoctoral residency in Clinical Health Psychology at the University of Florida Health Sciences Center. Her post-doctoral clinical fellowship was at University of Kentucky College Dentistry Orofacial Pain Center. She has extensive clinical experience working and training students in interprofessional team-based care in medical settings including dentistry, primary care, psycho-oncology and chronic pain management.

#### Cynthia Collins Stump, D.O.

#### Primary Care Provider at the Hershel Woody" Williams VAMC Charleston Community Based Outpatient Clinic

Dr. Cynthia Collins Stump is a Primary Care Physician and Women's Health Clinic provider for the Hershel "Woody" Williams VAMC (HWWVAMC) at the Charleston Community Based Outpatient clinic. She attended the Virginia College of Osteopathic Medicine and completed residencies at CAMC Internal Medicine and VA Women's Health. She is American Osteopathic Board Certified in Internal Medicine (AOBIM) in West Virginia. She has specialty training in geriatrics, LGBTQ+ services, women's health, and is DEA X-Waiver certified. Dr. Collins Stump is a committee member for the HWWVAMC LGBTQ+ Task Force and the Women's Health committee HWWVAMC. She has also been involved in the Quality Improvement and Patient Safety Committee and Curriculum Committees through Charleston Area Medical Center Internal Medicine as a Hospitalist. She is affiliated with the West Virginia School of Medicine (WVSOM) and the American Osteopathic Association.

#### Scott A. Fields, Ph.D.

#### Professor, Director of Behavioral Science, West Virginia School of Medicine-Charleston Division's Department of Family Medicine

Dr. Scott Fields is Professor and Director of Behavioral Science in the West Virginia University School of Medicine – Charleston Division's Department of Family Medicine. Dr. Fields earned his Ph.D. in Clinical Psychology from Ohio University in 2002 after completing an American Psychological Association approved internship at CAMC/West Virginia University – Charleston Division. In his time as faculty at WVU, Dr. Fields has been actively involved in developing behavioral health curriculum for Family Medicine residents, medical students, and psychology interns. He serves as chair of the Institutional Scientific Review Board at CAMC/WVU-Charleston, and has published numerous peer-reviewed articles on behavioral health and integrated primary care topics. Dr. Fields has served several times as a special issue associate editor for the *International Journal of Psychiatry in Medicine*. He is a committee member for the Forum for Behavioral Science in Family Medicine and is the coordinator of the Forum's Clinical Practice Update track. Due to his body of legislative advocacy work in the mental health field, Dr. Fields received the 2017 American Psychological Association's Karl F. Heiser Award. Dr. Fields was appointed to the WV Board of Examiners of Psychologists by Governor Jim Justice in January 2020. He is currently the West Virginia commissioner for the Psychology Interjurisdictional Compact (PSYPACT). Dr. Fields is a member and fellow of the West Virginia Psychological Association.

#### Chase Marcum, RN, BSN, FNP-BC

#### Interventional Radiology Nurse Practitioner, Radiology, Inc.

Mr. Chase Marcum is a Board Certified RN and Nurse Practitioner with ten years' combined experience. After graduation from Marshall University School of Nursing 2013, Mr. Marcum began a career in combined medical/surgical ICU at the Huntington VAMC. In 2019, Mr. Marcum obtained a Master of Science in Nursing Family Nursing Practitioner Degree from Marshall University and began work within the primary care setting. In 2021, Mr. Marcum began work within the interventional radiology subspecialty for Radiology Incorporated, working in facilities throughout West Virginia.

#### Frederic Pollock, M.D.

#### Director of Orthopedic Trauma at Charleston Area Medical Center

Frederic H. Pollock, M.D. has been an orthopaedic surgeon at CAMC for 33 years. He attended the University of Illinois Medical School and was resident in orthopaedics at the University of California in San Francisco. He started the Ortho Trauma Group at CAMC in 2006 that cares for the most severe bone injuries in Central WV. He is currently retired from surgery and continues as a consultant.

#### Brenna Ross, Pharm.D.

#### Pharmacist in Charge at Sissonville Health Center—Cabin Creek Health Systems

Dr. Brenna Ross is a licensed pharmacist. She is the Pharmacist in Charge (PIC) and practices clinical pharmacy at the Sissonville Health Center (part of Cabin Creek Health Systems). Dr. Ross obtained a Bachelor of Science in Biology from the University of Charleston and obtained her Doctorate of Pharmacy from Marshall University.

#### Chuck Weinberg, LICSW, BCD

## Local Recovery Coordinator, Acting PRRC Coordinator, VISN 5 LRC POC, EAP Coordinator, EPIC Team Coordinator, Clinical Consultant—Charleston Vet Center, Hershel "Woody" Williams VAMC

Mr. Chuck Weinberg is a board certified licensed independent clinical social worker, who has worked as the Local Recovery Coordinator at the Hershel 'Woody' Williams VAMC in Huntington WV since 2008. With degrees from the College of William and Mary and UNC Chapel Hill, Mr. Weinberg has published articles on mental health recovery in the Psychiatric Rehabilitation Journal, the Recovery to Practice Initiative through Yale and SAMHSA, the Copeland Center, and the National Empowerment Center, and with the Psychiatric Rehabilitation Journal affiliated with Boston University.

#### Our Presenter:

Chuck Weinberg, LICSW, BCD

Local Recovery Coordinator, Acting PRRC Coordinator, VISN 5 LRC POC, EAP Coordinator, EPIC Team Coordinator, Clinical Consultant—Charleston Vet Center, Hershel "Woody" Williams VAMC

Mr. Chuck Weinberg is a board certified licensed independent clinical social worker, who has worked as the Local Recovery Coordinator at the Hershel 'Woody' Williams VAMC in Huntington WV since 2008. With degrees from the College of William and Mary and UNC Chapel Hill, Mr. Weinberg has published articles on mental health recovery in the Psychiatric Rehabilitation Journal, the Recovery to Practice Initiative through Yale and SAMHSA, the Copeland Center, and the National Empowerment Center, and with the Psychiatric Rehabilitation Journal affiliated with Boston University.

## Compassion Fatigue and the Ethics of Self-Care

Chuck Weinberg, LICSW, BCD 1.0 CE– Ethics Focused

Although health providers spend substantial amounts of time educating patients about healthy ways of coping to foster well-being, it is often true that the same principles of self-care are not regularly utilized to promote provider's well-being. In this way, "teaching best what we need to learn most," and "not practicing what we preach." However, across healthcare professions the codes of ethics establish the need for professional self-care in order to provide best care to others. During this presentation, participants will review ways health providers can improve their self-care strategies to cope with stress, considering the ethical implications of its value. Additionally, the presentation will discuss ways to improve clinical outcomes, to help avoid, minimize or mediate the effects of Compassion Fatigue, or the physical, emotional, and psychological impact of helping others.

#### Learning Objectives:

- Describe the Code of Ethics for mental health and medical provider self-care.
- 2. List the effects of stress, ways to effectively cope with stress (including describing mindfulness-based practices).
- 3. Integrate the Stress Vulnerability theory to burnout
- 4. Describe Compassion Fatigue
- 5. Assess for and problem-solve ways to avoid, minimize, and mitigate the effects of compassion fatigue.
- 6. Integrate mental health Recovery principles that can be used to improve clinical outcomes for health care providers.

#### Our Presenter:

#### Doug Knutson, M.D.

#### Chief Academic Officer Charleston Area Medical Center

Dr. Knutson is a graduate of The Ohio State University College of Medicine where he was inducted into the Alpha Omega Alpha honor medical society. After completing his residency in Family Medicine and working as a full -scope family physician, he joined The Ohio State University as a faculty member in the department of Family Medicine. During his 9 years there, he had more than 30 peer-reviewed publications, 40 invited presentations, was author and Principal Investigator on more than \$2 million in grants and co-investigator on an additional \$3.9 million, and earned 11 teaching awards, including being named the Professor of the Year by the College of Medicine class of 2008. He spent the next 12 years at OhioHealth as Vice President for Medical Education at Riverside Methodist Hospital, then Chief Academic Officer for the Ohio-Health system, then Chief Quality Officer. There, he developed, led and refined the OhioHealth Physician Leadership Academy, led academic programs for 5 teaching hospitals with more than 400 residents, managed the OhioHealth research and innovation institute, and obtained more than \$6M in philanthropic funding to support medical education, physician leadership and research. He joined CAMC in June 2021 to further his personal mission, which is (in the most basic terms) to help healthcare professionals live their dream. His goal is to help students, residents, fellows, and faculty members rekindle the joy and honor the privilege that goes with being in our profession.

# Three Practical Tactics to Support Well-being

Doug Knutson, M.D. 1.0 CE

In 2022, the Surgeon General issued an Advisory describing the urgent need to address what he called the health care worker burnout crisis in our country. Pre-pandemic burnout levels were already at crisis levels, and the events of the last three years have only exacerbated the situation. Estimates are that 54% of nurses and physicians, and 60% of medical students and residents are experiencing burnout. In mental health professions, the situation is even more dire with self-reported burnout reported as high as 78%. In this discussion, we will review two programs and one educational initiative that the Charleston Area Medical Center's Institute of Academic Medicine has implemented to support learners and faculty in our environment, each focused on a different aspect of well-being.

#### Learning Objectives:

At the end of this session, participations will:

- Describe the essentials for workplace mental health and wellbeing as outlined by the Office of the US Surgeon General
- 2. Review a recognition program focused on "Mattering at Work"
- 3. Describe the "Find it, Fix it" program, focused on "Work-Life Harmony"
- Discuss an educational program focused on "Opportunity for Growth"

## Our Presenter: Abbie Beacham, Ph.D.

Associate Professor and Director of Behavioral Sciences, University of Louisville School of Dentistry

Abbie O'Ferrell Beacham, PhD is an Associate Professor and Director of Behavioral Sciences at the University of Louisville School of Dentistry. Prior to returning to Louisville, she served in the Departments of Psychiatry and Family Medicine and as the Associate Director of the Resilience Program at the University of Colorado School of Medicine. In this role she was part of the inception and implementation of innovative programs designed to address burnout and support the overall wellbeing of healthcare providers. Dr. Beacham's research focuses on Resilience/Well-Being in healthcare professionals. She is a coinvestigator on a HRSA-funded grant (Health and Public Safety Workforce Resiliency Training Program) employing evidence-based programming to reduce and address burnout and promote resiliency among health care profession students. The published program - Cultivating Personal Resilience – has been presented to over 1,000 health care professionals and trainees across the Rocky Mountain region (and now Kentucky). Dr. Beacham completed her PhD in Clinical Psychology at the University of Louisville and predoctoral residency in Clinical Health Psychology at the University of Florida Health Sciences Center. Her postdoctoral clinical fellowship was at University of Kentucky College Dentistry Orofacial Pain Center. She has extensive clinical experience working and training students in interprofessional team-based care in medical settings including dentistry, primary care, psychooncology and chronic pain management.

## Roles and Opportunities in Ethically Addressing Healthcare Provider and Learner Burnout, Well-Being, and Resilience in Health Care Settings

Abbie Beacham, Ph.D. 4.0 CE—Ethic Focused

#### Background

Healthcare provider and learner burnout has been described as reaching epidemic levels [1]. The focus on addressing health care provider burnout, well-being and resilience has accelerated since the COVID-19 pandemic. The National Academy of Medicine (NAM) and Health Resources and Services Administration (HRSA) identified related priority focus areas and funded program initiatives. The "NAM National Plan for Health Workforce Well-Being ... focuses on changes needed across the health system and at the organizational level to improve the well-being of the health workforce" [2, p.4]. Recent initiatives such as the HRSA Health and Public Safety Workforce Resiliency Training Program awards provide dedicated funding for 'evidence-based strategies, to reduce and address burnout, suicide, mental health conditions and substance use disorders and promote resiliency among healthcare [providers, professionals and learners] collectively known as the "Health Workforce," in rural and underserved communities'[3].

Given the increased focus on Health Workforce well-being, specific expertise is more frequently being sought such that these responsibilities are included in position descriptions. Those providing such services have the capacity to serve in multiple roles across the continuum from organization/system well-being to support of individuals experiencing distress [4].

This session will provide an overview, preliminary data and key lessons learned pertaining to three approaches employed to address burnout, well-being, and resilience in academic and healthcare systems across this continuum:

Consultation-Liaison-Intervention model. This model represents the most commonly sought-after expertise among psychologists and other mental health professionals. In this model, those in these roles may provide consultation, intervention and/or referral for providers and learners who have been identified as experiencing elevated levels of distress, burnout, or psychological symptoms. Professionals in these roles may also be asked to lend expertise in urgent or emergent situations.

Manualized Group Intervention Program. Trained facilitators may offer formal manualized programs across a variety of topics. For example, the "Cultivating Personal Resilience Program" (CPRP) to enhance well-being and resilience [6] is comprised of 4, 1-hour modular sessions each with evidence-based content and applied skills. In year 1 of a three-year HRSA funded project, this is a prospective study of CPRP in dentistry, psychology, social work and nursing learners. Early attendee session-by-session rating (0-Not at all to 10-Extremely) data have been positive: Usefulness (M=8.55, SD=1.73), Likelihood of application (M=8.61, SD=1.70), and Confidence in applying learned skills (M=8.92, SD=1.39). Qualitative study data were equally positive indicating that learners find this intervention accessible and meaningful (e.g., "each time I practice these exercises, I can feel the difference they make in my life"). This study also utilizes a train-the-trainer model with learner (psychology doctoral students) and faculty facilitators delivering program content across Health Workforce discipline groups.

## Roles and Opportunities in Ethically Addressing Healthcare Provider and Learner Burnout, Well-Being, and Resilience in Health Care Settings

Abbie Beacham, Ph.D. 4.0 CE—Ethics

Background (cont.)

Organizational structure to identify and address key drivers of burnout. This model is designed to be applied in medical/healthcare educational settings [7]. This approach is designed to provide leaders with a systematic approach to identification and implementation of system level strategies and measurable outcomes addressing burnout while enhancing Health Workforce member engagement.

Attendees and presenters will discuss costs and benefits of each of these approaches. Special attention will be paid to the practical and ethical considerations of psychologists and other professionals serving in these crucial roles.

[1] World Health Organization. https://www.who.int/news/item/28-05-2019-burn-out-an-occupational-phenomenon-international-classification-of-diseases

[2] National Academy of Medicine 2022. National Plan for Health Workforce Well-Being. Washington, DC: The National Academies Press. https://doi.org/10.17226/26744.

[3] Health Resources and Services Administration, https://www.hrsa.gov/grants/find-funding/HRSA-22-109

[4] American Psychological Association Podcast "Speaking of Psychology: Why we're burned out and what to do about it, with Christina Maslach, PhD" (2021), https://www.apa.org/news/podcasts/speaking-of-psychology/burnout

[5] Leiter, M. P. & Maslach, C. (2017) Latent burnout profiles: A new approach to understanding the burnout experience. Burnout Research, 3(4) 89-100. https://doi.org/10.1016/j.burn.2016.09.001 [6] Beacham et al (2020) "A brief evidence-based intervention to enhance Workplace Well-being and Flourishing in health care professionals: Feasibility and pilot outcomes" Journal of Wellness: Vol. 2: Iss. 1, Article 7.

[7] Shapiro et al (2019) Beyond Burnout: A Physician Wellness Hierarchy Designed to Prioritize Interventions at the Systems Level, The American Journal of Medicine, 132 (5), 556-562.

#### Learning Objectives

Upon completion of this session, attendees will be able to:

- 1. Define key facets of burnout, well-being, and resilience as they pertain to health care professionals and learners.
- 2. List benefits and ethical considerations of types in programming to enhance resilience and well-being.
- 3. Compare and contrast models to address burnout, wellbeing, and resilience programming in healthcare settings.

#### Please take note...

#### Americans with Disabilities Act

The West Virginia Psychological Association is committed to providing access and support to persons with special needs who wish to participate in programs we sponsor. We will reasonably accommodate your request when it is made in advance. Persons with special needs are encouraged to contact the WVPA office at 304.345.5805

#### Considerations

- All attendees must be registered prior to the day of the event.
- No new registrations will be available the day of the CE event.
- ♦ The presentations begin promptly at the assigned times throughout the day.

#### **Live Attendance Option**

This conference will include an option for live attendance. All live attendees will be asked to comply with venue precautionary health standards including masking and physical distancing in accordance with CAMC hospital guidance. A catered lunch will be included. In the event that venue precautions change to prohibit live meetings at the time of the conference, all live registrations will be changed to a virtual-only format. Registration fees will be adjusted accordingly.

#### **Virtual Format Option**

This conference will also include an option to attend virtually via Zoom Meetings. A link will be provided by email to all those who register for the online option, which you can use to access all conference events at the specified times. To ensure that you can access the conference, please be sure that your devices and software are compatible with Zoom Meetings.

## Registration

You may register online at:

https://wvpsychology.org/spring-2023-conference/

#### **CE Credits for Psychologists**

APA Standards for awarding credit prohibit offering variable credit for partial workshop attendance. **Those arriving late or leaving a workshop early will not receive CE credit.** Please allow time to sign-in for CE before class is scheduled to begin.



The West Virginia Psychological Association (WVPA) is approved by the American Psychological Association to sponsor continuing education for psychologists. WVPA maintains responsibility for this program and its contents

#### CE Credits for Physicians, Nursing, Social Work, and Pharmacists

#### CAMC Institute for Academic Medicine CE Disclosure

It is the CAMC Institute for Academic Medicine's policy to ensure balance, independence, objectivity, and scientific rigor in all programs it provides. Everyone in a position to control the content of an educational activity must disclose all financial relationships with ineligible companies. The ACCME Standards for Integrity and Independence require that we disqualify individuals who refuse to provide this information from involvement in the planning and implementation of accredited continuing education.

#### **ACCREDITATION**

In support of improving patient care, this activity has been planned and implemented by The West Virginia Psychology Association and CAMC Institute for Academic Medi-



JOINTLY ACCREDITED PROVIDER Ce

cine. CAMC Institute for Academic Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physicians- CAMC Health Education and Research Institute's CME program is accredited by the Accreditation Council for Continuing Medical Education to sponsor continuing medical education for physicians. CAMC Health Education and Research Institute designates this live activity for a maximum of 7 AMA PRA Category I credit(s)<sup>TM</sup>. Physicians should only claim credit commensurate with the extent of their participation in this activity.

Pharmacy – The CAMC Health Education and Research Institute is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. This knowledge-based RSS activity provides 7 contact Hours s |A0006133-



9999-23-032-L04-P to receive credit participants must complete the sign -in sheet, attend each session and complete an evaluation. ACPE credits will be posted to the CPE Monitor within six (6) weeks following the activity.

Nurses- The CAMC Health Education and Research Institute is an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. This offering has been approved for 7 contact hours. Expiration date is 2 years from the course date JA00026-26-23-546

Social Work- CAMC Health Education and Research Institute is an approved provider of continuing education by the West Virginia Board of Social Work Examiners. This program has been approved for 7 hours of social work credit. Approval number #490045.

### **Cancellation Policy**

We are not able to issue refunds nor exchanges to another training date or location.

#### **Grievance Procedures**

The West Virginia Psychological Association (WVPA) is fully committed to conducting all activities in strict conformance with the American Psychological Association's Ethical Principles of Psychologists.

When a participant, either orally or in written format, files a grievance and expects action on the complaint, the following actions will be taken.

- 1. If the grievance concerns a speaker, the content presented by the speaker, or the style of presentation, the individual filing the grievance will be asked to put his/her comments in written format. The CE Chair will then pass on the comments to the speaker, assuring the confidentiality of the grieved individual.
- 2. If the grievance concerns a workshop offering, its content, level of presentation, or the facilities in which the workshop was offered, the convention chair will mediate and will be the final arbitrator. If the participant requests action, the convention chair will:
  - a. attempt to move the participant to another workshop or
  - b. provide a credit for a subsequent year's workshop

or

c. provide a partial or full refund of the work shop fee.

Actions 2b and 2c will require a written note, documenting the grievance, for record keeping purposes. The note need not be signed by the grieved individual.

3. If the grievance concerns a WVPA CE program, in a specific regard, the CE Chair will attempt to arbitrate.

Please contact WVPA Executive Director Jocelyn Brown, Psy.D. at info@wvpsychology.org to submit a complaint, or if you have additional questions.

## Benefits of WVPA Membership

- As a member of WVPA, you enjoy a wide range of benefits!
- You will stay current and competitive by attending our cutting-edge education conferences in the spring and fall with member discounts.
- In some cases, the member conference discount more than pays for your annual dues!
- You can grow your practice and improve your cash flow through our web-based referral and credit card acceptance programs.
- You can rest easy knowing your profession and your patients are protected through our federal and state legislative advocacy efforts.
- You can take advantage of outstanding opportunities for career and personal growth through our work with students and early career psychologists, association committee service, and leadership opportunities.
- You can make connections with colleagues through our listservs, membership directory and conferences.
- Finally, you have access to quality and timely information through our public outreach programs, our award-winning newsletter and our web site at www.wvpsychology.org.

Visit our website and click the "join" tab!

## WVPA Spring Conference Registration Form (If Registering By Mail)

| First Name                           |   |
|--------------------------------------|---|
| Last Name                            |   |
| Suffix/Professional Designation/Sp   | pecialty (MD, RN, PharmD, PsyD, PhD, LICSW, etc.):                        |
| Full Mailing Address                 |   |
| Employer Name                        |   |
| Work/Practice Location(s) Address    | 5   |
| City County                          | State Zip code (9 digit as possible)                                      |
| Primary Phone #                      | Permanent Email Address te yrs mos.                                       |
| No. of years/mos. worked at this si  | te yrs mos.   |
| Do you currently serve as a precept  | or for students?YesNo   |
|                                      | attended, if applicable   |
| Year of Graduation                   |   |
| As a student, did you participate in | a rural or community rotation? Yes No                                     |
|                                      | e following? (Select <u>all</u> that apply) Community Health Center (CHC) |
|                                      | Qualified Health Center (FQHC) Primary care worksite                      |
| Rural Setting                        |   |
|                                      |   |
| <b>CE/CME</b> Information:           |   |
| What CE/CME are you applying for     | or (Select all that apply)?   |
|                                      | Continuing Medical Education (ACCME)                                      |
|                                      | harmacy Education (ACPE)  |
|                                      | ling Center (ANCC)  |
|                                      | ial Work Examiners  |
|                                      |   |
| American Psychological Ass           |   |
| None of the Above                    | _   |
| Other dissipline attendance not incl | lyded in the CE/CME list shows (Please describe below).                   |
| Other discipline attendance not incl | luded in the CE/CME list above (Please describe below):                   |
|                                      |   |
| Dhama aista anles                    |   |
| Pharmacists only:                    |   |
| NABP Number                          | MM/DD)  |
| Date of Birth (Month/Day Format;     | ; MM/DD)  |
| L'a Caucana Paristration             | \$100 C f D   |
| Live Conference Registration:        |   |
|                                      | \$80 WVPA Member Discounted Rate  |
|                                      | \$15 Student Rate (to cover lunch)  |
|                                      |   |
|                                      |   |
| **Dietary Restrictions for Conferen  | nce Meals:  |
|                                      |   |
| Virtual Conference Registration:     |   |
|                                      | \$65 WVPA Member Discounted Rate  |
|                                      | FREE Student Rate   |

Make checks payable to:

WVPA PO Box 11599 Charleston, WV 25339