



West Virginia Psychological Association **2022 Fall Conference** and WVPA Annual Business Meeting

Friday, October 21st—Saturday, October 22nd, 2022
Canaan Valley Resort & Conference Center
Davis, WV



Innovative And Emerging Technologies In Clinical Practice

October 21, 2022

Sign-In Opens:

8:00AM - 8:30AM

Welcome and Overview

8:30AM– 9:00AM

Immersive Technology:

Defining a New Reality in

Veterans' Health

(CE –2.5hrs, Live Remote

Presentation)

9 AM- 11:45 AM

WVPA Business Meeting/

Lunch

12:00 PM-1:00 PM

WVPA Member Town Hall

1:00PM-1:30PM

The Lost and “Found”

Theoretical Orientation of the

Subconscious and its Relation-

ship to Implicit and State-

Dependent Memory, Complex

Systems, Dissociation and Trau-

ma, and Virtual Reality

(CE –1.5hrs)

1:30 PM-3:00 PM

There's an App for That: Using

Technology in Psychotherapy

with Children and Adolescents

(CE—1.5 hrs)

3:15PM— 4:45PM

Student Research Poster Session

4:45PM– 5:45 PM

Dinner and WVPA Awards

Presentations

6:00PM-7:30PM

WVPA Social Mixer

8:00PM– 10:00PM



Welcome to the West Virginia Psychological Association Fall Conference!

Dear Conference Participants,

As you will see, there is currently an unfolding explosion of opportunity to enhance psychological services and research with innovative technologies. The COVID-19 global pandemic has accelerated the acceptance and adoption of range of innovative technology solutions that were in development over the past few decades. Now, the pace of innovating these technologies to open new worlds of possibilities for impacting lives is unprecedented. This conference will present several of the many ground-breaking applications of technology to improve access and interaction with psychological science for a range of populations. Approaches like these could prove game-changing in overcoming common obstacles to serving a rural population like that found in West Virginia. Additionally, we encourage opportunities to network with colleagues, interact with members of the board of examiners of psychologists while learning about important ethical considerations in our state, and take time for self-care in a world-class setting for admirers of the great outdoors in the fall season.

We welcome your support and patience as we continue to adapt to an ever-evolving global challenge which may require changes to our plans on very short notice. We will make every effort to communicate any anticipated changes and expected solutions as soon as is feasible leading up to and throughout the Fall Conference event in 2022.

Sincerely,

Billy Rutherford, Psy.D.

2022 WVPA President-Elect, Program Chair

Brittany Canady, Ph.D., ABPP

2022 WVPA President

October 22, 2022

**Optional Group Hike or Low
Impact Group Relaxation/Yoga**
7:00AM– 8:00AM

Sign-In Opens:
8:00AM - 9:00AM

**Virtual Reality Exposure
Therapy for Combat-Related
PTSD: Where we Have Been,
Where we Are, and Where we
are Going**
(CE– 3hrs, Veterans Focus, Live
Remote Presentation)
9:00 AM– 12:15 PM

Lunch
12:15 PM-1:30 PM

**Ethical Considerations for Prac-
tice in West Virginia: Panel Dis-
cussion with the WV BOE.**
(CE– 1.5hrs, Ethics Focus)
1:30 PM - 3:00 PM

**The Evolution of Technology in
Psychological Service Delivery:
Making the Case for “Keeping
Up”**
(CE— 1.5 hrs)
3:15 PM– 4:45 PM

**Closing Remarks and
Adjournment**
4:45 PM- 5:00 PM



Welcome to the West Virginia Psychological Association Fall Conference! Day 2



Program Description

Our Presenters:

Dr. Anne Lorde Bailey, PharmD, BCPS

Dr. Anne Lord Bailey is a board-certified pharmacotherapy specialist, Director for Clinical Tech Innovation, and Immersive Technology Lead for VHA's Office of Healthcare Innovation and Learning (OHIL). Anne (Dr. Bailey) started her innovation journey as a resident at Charles George VA Medical Center in Asheville, NC and joined the OHIL team in 2020 to lead implementation of emerging tech, particularly immersive technology. She has collaborated with experts in government, academia, and industry, while also supporting the expansion of the VHA XR Network from one facility to over 160 and engaging more than 1,100 VA employees. Recently, Dr. Bailey was awarded 2022 G2Xchange Change Agent Award and, along with other OHIL Immersive Tech team members, was a recipient of the 2022 Service to the Citizen Award.

Caitlin Rawlins, BSN, RN

Caitlin Rawlins, BSN, RN, drives innovation at VHA as the Innovation Specialist for the Western North Carolina VA Health Care System and as co-lead of the VHA Extended Reality (XR) Network. In 2017, Ms. Rawlins initiated VA's first distraction-focused VR program for pain and anxiety management in Veteran populations. Since then, Ms. Rawlins has received grants through the American Nurses Credentialing Center (ANCC) Pathway Award and investments through VHA Innovators Network. Additionally, in 2021, she became a VHA Shark Tank winner, which will allow her to expand VR use and support more Veterans in need. As co-lead of the VHA XR Network, she serves as the field expert for implementing XR modalities across all VA, consulting with VA sites across the country in the development of XR programs. Caitlin has received numerous awards for her work in XR, including recently receiving the G2Xchange Disruptive Tech program award and 2022 Service to the Citizen.

Immersive Technology: Defining a New Realty in Veterans' Health

Dr. Anne Lord Bailey, PharmD., BCPS

Caitlin Rawlins, BSN, RN

2.5 CE— Veterans Focused

Dr. Anne Lord Bailey and Caitlin Rawlins will discuss how immersive technology is transforming the way care is delivered and experienced. Post traumatic stress disorder, pain management, loneliness, anxiety, depression, and a host of other conditions are all being addressed using medical extended reality (MXR) in Veteran care. As the largest integrated healthcare system, the Department Veterans Affairs is uniquely positioned to define this new reality in healthcare.

Objectives:

- 1) Discuss the importance of broad scale internal and external collaboration when disrupting care models.
- 2) Learn how medical extended reality (MXR) is impacting how VA care is delivered and experienced.
- 3) Explore opportunities for future research and development in MXR.

Program Description

Our Presenters:

Dr. Greg Reger, Ph.D.

Dr. Greg Reger is the Deputy Associate Chief of Staff for Mental Health at the VA Puget Sound Health Care System and Associate Professor of Psychiatry and Behavioral Sciences at the University of Washington School of Medicine. He received his PhD in Clinical Psychology from Fuller Theological Seminary and completed his psychology internship at Walter Reed Army Medical Center. He served with the 98th Combat Stress Control Detachment at Joint Base Lewis-McChord and deployed to Iraq for a year prior to working for the Department of Defense National Center for Telehealth and Technology (T2). Dr. Reger's research is focused on the design, development, and evaluation of innovative technologies to support Service Member and Veteran psychological health. He has investigated immersive virtual reality for several clinical purposes with an emphasis on virtual reality exposure therapy for PTSD.

Dr. Reger is currently evaluating the effectiveness of a computerized virtual patient to support provider training in motivational interviewing. Dr. Reger has designed virtual world experiences to support psychoeducation on PTSD. He also led the DoD/VA team that designed PE Coach, a treatment companion mobile application to support patients and providers working through a gold standard psychotherapy for PTSD. Dr. Reger's accomplishments have been recognized by the American Psychological Association who awarded him three National Awards, the Arthur C. Melton Early Achievement Award (Division 19), the Outstanding Contribution to Practice in Trauma Psychology (Division 56), and the Peter J. N. Linne-rooth National Service Award (Division 18).

Virtual Reality Exposure Therapy for Combat Related PTSD: Where we've Been, Where we Are, and Where we are Going

Dr. Greg Reger, Ph.D.

3.0 CE— Veterans Focused

Dr. Reger will review the history of using VR for treating PTSD and describe the current state of the evidence with a discussion of future innovations and scientific questions yet to address.

Objectives:

- 1) Participants will describe the evidence base for the treatment of PTSD with Virtual Reality Exposure.
- 2) Recognize the therapeutic features of a VR system used to treat combat-exposed Veterans with PTSD.
- 3) Participants will apply principles of behavioral exposure therapy to the use of technology in clinical practice.

Program Description

Dr. Robert Roff, Ph.D.

Dr. Roff is a Licensed Psychologist in West Virginia and Pennsylvania, who received his Ph.D. from United States International University in 1994. Dr. Roff developed a specialization in Dissociation, Developmental Trauma, and PTSD during 25 years with the Federal Bureau of Prisons. From 2015-2018, Dr. Roff was a Volunteer Clinical Psychologist at Milan Puskar Health Right in Morgantown WV. He also was an Assistant Professor in Psychology for the 2018-19 academic year at West Liberty University near Wheeling WV. Dr. Roff has presented at WVPA in 2016 and 2019. Since leaving the Federal Bureau of Prisons in 2014, he has researched interrelated concepts from the history of the Subconscious, in the late 19th and early 20th century, and integrated them with similar concepts in modern areas of Dissociation/Trauma, Neuroscience, Attachment, Implicit/Explicit and State-Dependent Memory, Complex Systems, Altered States of Consciousness, and the Therapeutic Relationship.

Objectives

- 1) Describe the five interrelated core concepts of the Dynamic Subconscious.
- 2) Identify how the five core concepts of the Dynamic Subconscious can help clarify some interrelationships between modern Implicit/State Dependent Memory, Complex Systems, Dissociation/Trauma, Neuroscience, Attachment/Attunement/Therapeutic Relationship, and potentially can become another theoretical tool or orientation for Psychologists to use.
- 3) Identify how the Subconscious and its concepts can be demonstrated in normative, creative/growth oriented, and abnormal/pathological functioning.
- 4) Explain how the concept and therapeutic treatment of modern Dissociation can be expanded.
- 5) Compare how modern clinical interventions such as DBT, EMDR, PE, and IFS, and technologies involving Virtual Reality etc., may be using Alterations of Consciousness in a manner similar to the Old Masters, to increase the effectiveness of their treatments.

The Lost and "Found" Theoretical Orientation of the Subconscious and its Relationship to Modern Dissociation/Trauma, Implicit/State-Dependent Memory, Complex Systems, Neuroscience, Attachment, and Recent Technologies: Can Virtual Reality Become an Altered State of Consciousness?

Dr. Robert Roff, Ph.D.

1.5 CE

The Old Masters of the Dynamic Subconscious (e.g., Frederick Myers, Pierre Janet, Albert Binet, William James, Morton Prince, Boris Sidis, Theodore Flournoy, and Carl Jung) were part of a close-knit Theoretical Orientation based on several interrelated concepts (e.g. Subconscious, Multiple Systems of Consciousness organized into Complex Systems, Integration/Dissociation, Altered States of Consciousness, and Magnetic Rapport). The Old Masters flourished between about 1885 and 1915, but then their ideas were lost and/or greatly misunderstood, which resulted in their ideas not being adequately integrated into mainstream Psychology. Many of the Old Masters' ideas has been rediscovered in the last several decades, but frequently under different names in more modern Theoretical Orientations (e.g., Unconscious or Non-Conscious), with little reference to the Old Masters. Although the Old Masters and their concepts have been discussed more recently, it is often one or a few at a time, which has still continued many of the misunderstandings. While Myers, James, Flournoy, and Jung are often associated with the Growth Oriented/Creative "Wing", and Janet, Binet, Prince, and Sidis are often associated with the Abnormal/Pathological "Wing", both "Wings" are first grounded in a Normative model of functioning. More recent research in Dissociation/Trauma, Neuroscience, Attachment, Complex Systems, and Implicit/State-Dependent Memory has confirmed much of the work on the Subconscious and the Old Masters. Implications for increasing the efficacy of the therapeutic relationship, treatment interventions, and using technologies such as Virtual Reality are also discussed.

Program Description

Our Presenters:

Dr. Jennifer D. Tiano, Ph.D.

Jennifer Tiano, Ph.D. is a tenured Full Professor in the Psychology Department at Marshall University and a licensed clinical psychologist in WV. She received her bachelor's degree, master's degree, and doctorate in clinical child psychology from West Virginia University. She is a Parent-Child Interaction Therapy (PCIT) International Certified Within Agency trainer and is certified in two levels of the Positive Parenting Program (Triple P). She has provided numerous trainings in Teacher-Child Interaction Training (TCIT) and has conducted behavior management trainings with Preschool teachers and staff for over 20 years. Finally, Dr. Tiano works in a multidisciplinary feeding clinic at Marshall University and provides behavioral interventions to children with feeding and swallowing concerns.

Sidney Stover, M.A.

Alley Russell, M.A.

Maddisen Ellison, M.A.

Savannah Adkins, M.A.

Olivia Kee, M.A.

Sidney, Alley, Maddisen, Savannah, and Olivia are graduate students in clinical psychology at Marshall University in Huntington, WV.

There's and App for that: Using Technology in Psychotherapy with Children and Adolescents

Jennifer D. Tiano, Ph.D.

Sidney Stover, M.A.

Alley Russell, M.A.

Maddisen Ellison, M.A.

Savannah Adkins, M.A.

Olivia Kee, M.A.

1.5 CE

The use of technology in psychotherapy has exploded after the start of the COVID-19 pandemic. Given the popularity and success of telebehavioral health, psychological services have been extended to underserved populations including children and adolescents. This presentation will highlight the benefits and challenges of using various technological approaches (e.g., PCIT-Internet, cell phone applications, etc.) during therapy sessions with youth.

Objectives:

- 1) Participants will become familiar with adaptations used for internet-based Parent-Child Interaction Therapy.
- 2) Participants will demonstrate an understanding of how to educate young patients on misinformation presented on TikTok and how to use TikTok effectively in therapy.
- 3) Participants will learn more about the use of smart phone applications to enhance skill generalization.

Program Description

Dr. Scott A. Fields, Ph.D.

Dr. Scott Fields is Professor and Director of Behavioral Science in the West Virginia University School of Medicine – Charleston Division's Department of Family Medicine. Dr. Fields earned his Ph.D. in Clinical Psychology from Ohio University in 2002 after completing an American Psychological Association approved internship at CAMC/West Virginia University – Charleston Division. Dr. Fields has been actively involved in developing behavioral health curriculum for Family Medicine residents, medical students, and psychology interns. He serves as chair of the Institutional Scientific Review Board of CAMC/WVU-Charleston, and has published numerous peer-reviewed articles on behavioral health and integrated primary care topics. Dr. Fields has served several times as a special issue associate editor for the *International Journal of Psychiatry in Medicine*. He is a committee member for the Forum for Behavioral Science in Family Medicine and is the coordinator of the Forum's Clinical Practice Update track. Due to his body of legislative advocacy work in the mental health field, Dr. Fields received the 2017 American Psychological Association's Karl F. Heiser Award. Dr. Fields was appointed to the WV Board of Examiners of Psychologists in January 2020. He is currently the West Virginia commissioner for the Psychology Interjurisdictional Compact (PSYPACT).

Objectives:

- 1) Participants will learn about unique ethical dilemmas that arise in clinical psychology practice.
- 2) Participants will discuss the ethical concerns that exist in using current technologies (e.g. telehealth) in clinical psychology practice.
- 3) Participants will identify and review ways to improve on a culture of ethical practice in the work place.

Ethics Panel Discussion: West Virginia Board of Examiners of Psychologists

Dr. Scott A. Fields, Ph.D.

Dr. Sandra S. Stroebel, Ph.D.

1.5 CE– Ethics Focused

Doctors Fields and Stroebel will highlight unique ethical dilemmas that arise in clinical psychology practice. Participants will discuss the ethical concerns that exist in using current technologies (e.g. telehealth) in clinical psychology practice.

Participants will identify and review ways to improve on a culture of ethical practice in the work place.

Dr. Sandra S. Stroebel, Ph.D.

Dr. Sandra Stroebel is the Associate Dean for the College of Education and Professional Development. She is a Professor in the School Psychology program. Dr. Stroebel earned her Ph.D. in School Psychology from the University of South Carolina in 1988. She holds a dual license in psychology and school psychology. As Associate Dean, Dr. Stroebel coordinates the approval of curriculum changes in the college and is involved in accreditation efforts. In collaboration with peers, she has received several federal and state grants pertaining to mental health shortages in the state. She serves on the West Virginia School Psychology Executive Board. Due to her longstanding service to WVSPA and school psychology, she received the Fred Jay Krieg Lifetime Achievement Award in 2020. She has numerous presentations and peer-reviewed publications related to the topic of mental health in children and youth. Dr. Stroebel was appointed to the WV Board of Examiners of Psychologists in January 2015 and was elected as chair in 2019. Dr. Stroebel has provided therapy to children and youth at Bible Center Church since 2005 as part of her community service.

Program Description

Our Presenters:

Dr. Jess Luzier, Ph.D., ABPP, CEDS-S

Dr. Luzier is a board-certified Clinical Psychologist who specializes in treating children, adolescents, people with eating and feeding disorders, and self-injury behavior. Dr. Luzier is a Certified Eating Disorder Specialist through the International Association of Eating Disorder Professionals. She is an Associate Professor in the WVU-School of Medicine, Charleston Division, where she serves as Clinical Director and co-founder of the WVU Disordered Eating Center of Charleston. She conducts meaningful clinical research which has been published in numerous peer-reviewed journals and at national/international professional conferences. She leads the WV Eating Disorder Network as an opportunity to provide outreach to other interested professionals in the state with an interest in best practice treatment of people with eating disorders.

Dr. Chantel Weisenmuller, Ph.D.

Dr. Weisenmuller is an Associate Professor in the WVU-School of Medicine, Charleston Division, where she serves as the Director of Child Psychotherapy Services and Associate Director of the predoctoral psychology internship. Dr. Weisenmuller's clinical and research interests include effective interventions for youth with disruptive behavior and neurodevelopmental disorders, reducing barriers to access in rural and underserved communities, interventions with youth and families involved in the juvenile justice or child welfare systems, and increasing availability of LGBTQ affirming healthcare. Dr. Weisenmuller is an APA Council Representative (WVPA) and a member of the APA Committee on Rural Health. She serves as the chair of the Colleague Assistance Program Committee for the West Virginia Psychological Association and is a member of the National Register for Health Service Psychologists, the Society for Child and Family Policy and Practice (APA Division 37), and the American Professional Society on the Abuse of Children (APSAC).

The Evolution of Technology in Psychological Service Delivery: Making the Case for "Keeping Up"

Dr. Jess Luzier, Ph.D., ABPP, CED-S

Dr. Chantel Weisenmuller, Ph.D.

Technology use has expanded significantly in all aspects of life, including health care service delivery, yet there are currently no formal training requirements or competency benchmarks for the use of technology in health service psychology. In this presentation, we will provide an overview of the synergistic use of technology in the delivery of telehealth services over the past few years, and also present the rationale for establishing technology competency as a core foundational competency for health service psychologists, after reviewing the existing guidance on the Core Competencies for Professional Psychology (Fouad et al., 2009), APA Telepsychology Guidelines (APA, 2013), and the Ethical Principles of Psychologists and Code of Conduct (APA, 2017). In the second half of the presentation, we will present an example highlighting novel technology use in psychotherapy service delivery via the use of a Mobile App for specialty treatment of individuals with eating and feeding disorders.

Objectives:

1. Describe ways in which technology has proliferated in the healthcare domain since the onset of the COVID-19 pandemic.
2. Understand the current Core Competencies for Professional Psychology as they apply to technology.
3. List two ways in which reference to technology may be implied in the APA Ethical Principles of Psychologists and Code of Conduct.
4. List two ways that Mobile applications, such as Recovery Record, may increase patient adherence to treatment for individuals with eating disorders.

Please take note...

Americans with Disabilities Act

The West Virginia Psychological Association is committed to providing access and support to persons with special needs who wish to participate in programs we sponsor. We will reasonably accommodate your request when it is made in advance. Persons with special needs are encouraged to contact the WVPA office at 304.345.5805

Considerations

- ◇ The presentations begin promptly at the assigned times throughout the day.
- ◇ All attendees will be expected to follow any COVID-19 or other health-related precautionary measures and practices set by the venue at the time of the conference.
- ◇ The program outlined above may be subject to changes before or during the scheduled conference.

CE Credits for Psychologists

WVPA is approved by the American Psychological Association to sponsor continuing education for psychologists. APA Standards for awarding credit prohibit offering variable credit for partial workshop attendance. **Those arriving late or leaving a workshop early will not receive CE credit.** The WVPA maintains responsibility for this program and its contents. Please allow time to sign-in for CE before class is scheduled to begin.



The West Virginia Psychological Association (WVPA) is approved by the American Psychological Association to sponsor continuing education for psychologist. WVPA maintains responsibility for this program and its contents.

Registration

You may register online at:

<http://wvpsychology.org/>

Cancellation Policy

Registration is payable in full PRIOR to the event. Please pre-register prior to October 11, 2022 for the best rate. In the event of a cancellation prior to 72 hours before the event (by noon), all fees paid shall be refunded except for a \$25 per person processing charge. Cancellations less than 72 hours before (by noon) shall be subject to a processing charge of 50% of the published selected fee of the event registration to cover costs incurred in sponsoring the program.

We are not able to issue exchanges to another training date or location.

Grievance Procedures

The West Virginia Psychological Association (WVPA) is fully committed to conducting all activities in strict conformance with the American Psychological Association's Ethical Principles of Psychologists.

When a participant, either orally or in written format, files a grievance and expects action on the complaint, the following actions will be taken.

1. If the grievance concerns a speaker, the content presented by the speaker, or the style of presentation, the individual filing the grievance will be asked to put his/her comments in written format. The CE Chair will then pass on the comments to the speaker, assuring the confidentiality of the grieved individual.
2. If the grievance concerns a workshop offering, its content, level of presentation, or the facilities in which the workshop was offered, the convention chair will mediate and will be the final arbitrator. If the participant requests action, the convention chair will:
 - a. attempt to move the participant to another workshop or
 - b. provide a credit for a subsequent year's workshop or
 - c. provide a partial or full refund of the workshop fee.Actions 2b and 2c will require a written note, documenting the grievance, for record keeping purposes. The note need not be signed by the grieved individual.
3. If the grievance concerns a WVPA CE program, in a specific regard, the CE Chair will attempt to arbitrate.

Please contact WVPA Executive Director Jocelyn Brown, Psy.D. at info@wvpsychology.org to submit a complaint, or if you have additional questions.

Benefits of WVPA Membership

- ◇ As a member of WVPA, you enjoy a wide range of benefits!
- ◇ You will stay current and competitive by attending our cutting-edge education conferences in the spring and fall with member discounts.
- ◇ In some cases, the member conference discount more than pays for your annual dues!
- ◇ You can grow your practice and improve your cash flow through our web-based referral and credit card acceptance programs.
- ◇ You can rest easy knowing your profession and your patients are protected through our federal and state legislative advocacy efforts.
- ◇ You can take advantage of outstanding opportunities for career and personal growth through our work with students and early career psychologists, association committee service, and leadership opportunities.
- ◇ You can make connections with colleagues through our listservs, membership directory and conferences.
- ◇ Finally, you have access to quality and timely information through our public outreach programs, our award-winning newsletter and our web site at www.wvpsychology.org.

Visit our website and click the "join" tab!

WVPA Spring Conference

Registration Form (If Registering By Mail)

Full Conference Registration

Your Name :

Employer/Practice Name:

Address:

Work Phone:

Email (Required)

2-Day Conference Registration

☐ \$ 275 Non-Members

☐ \$ 200 WVPA/WVAPP Member
Discounted Rate

☐ \$ 85 Student Rate

☐ \$ 65 WVPA Student Member Rate

☐

Single-Day Conference Registration

☐ \$ 145 Non-Members

☐ \$ 105 WVPA/WVAPP Member
Discounted Rate

☐ \$ 50 Student Rate

☐ \$ 35 WVPA Student Member Rate

Late Registration Fees

☐ \$ 25 Added to all registrations after
October 11 and before October 18

☐ \$ 50 Added to all registrations received
after October 18 and onsite at
the conference.

Make checks payable to:

**WVPA
PO Box 11599
Charleston, WV 25339**