



West Virginia  
Psychological Association  
**2021 Spring Conference**  
and WVPA Annual Business Meeting

Saturday, May 8 2021  
Virtual



in Psychological Services:

*Care for Special  
Populations:  
Rurality and  
Substance Use  
Disorders*

Saturday May 8, 2021

**Registration Opens:**

8:45AM - 9:00AM

**Substance Use Treatment**

**Standards of Care**

**(Veterans CE –2hrs)**

9:00 AM - 11:00 AM

**Access to Behavioral**

**Healthcare for Rural People**

**(CE –1 hr)**

11:15 AM - 12:15 PM

**WVPA Business Meeting/**

**Lunch**

12:15-1:00

**APA Update and Q&A**

1:00 PM - 1:30 PM

**Our Presenters:**

**Joshua Carter, Psy.D.**

**Clinical Psychologist**

**Cabin Creek Health Systems**

Dr. Carter completed his Psy.D. in Clinical Psychology at Marshall University. He attended a pre-doctoral internship at the Hershey Woody Williams VAMC in Huntington, WV . While at various pre-doctoral placements, Dr. Carter received training in various evidence based treatments for substance use disorders. He is the acting Substance Use Treatment Director at Cabin Creek Health Systems where he runs the Medication Assisted Treatment Program, operates the Contingency Management Program, and provides interventions for addiction based on CBT and Mindfulness principles.



# Welcome to the West Virginia Psychological Association Spring Conference!

Dear Conference Participants,

Welcome to today's virtual training event! This has been a challenging year for us all, and we are so pleased to get to see you, even though we are not yet ready to meet in-person. Our goal today is to bring you interesting and relevant information in smaller chunks, while leaving you time to mindfully disconnect and enjoy your weekend!

We are featuring two wonderful speakers. During today's CE event Dr. Joshua Carter will be presenting on issues related to substance use disorders, with special attention to treatment applications for Veterans. Following this, Dr. Diana Prescott from APA's Rural Health Interest Group will present regarding behavioral health issues in rural populations..

We hope you will stick around for the WVPA Business Meeting, as we have plenty to share about the work WVPA has been doing over the past several months, and Dr. Prescott will be closing the conference with a presentation and question and answer session about APA's recent work and her involvement.

Finally, while we are glad for the opportunity to engage with you during this virtual event, we also want to begin planning for our re-entry into in-person events, possibly as soon as this fall. Please communicate with us using the survey linked from the final page of the program to let us know about the directions you would like WVPA to take for future training events!

Sincerely,

Brittany Canady, Ph.D., ABPP

2021 WVPA President-Elect, Program Chair

Rebecca Denning, Psy.D. ABPP

2021 WVPA President

# Program Description

## Our Presenters:

Diana Prescott, Ph.D.  
Clinical Psychologist  
APA

Dr. Diana L. Prescott was raised on a farm near Tipton, Indiana. She earned an MA and PhD in Psychology with a Clinical major, minors in Developmental and Community Psychology, and a Rural Community Psychology specialty (funded by an NIMH grant) at the University of Nebraska-Lincoln. She is licensed as a psychologist in the states of Indiana (Health Service Provider in Psychology) and Maine (certified as a School Psychological Service Provider). Dr. Prescott currently directs a rural health consulting practice, evaluating and treating women and children, Hampden Psychological Consultation, PLLC. Recently, she created a companion enterprise, Hampden Psychological Properties, LLC. She has served in various roles in the Maine Psychological Association and in the American Psychological Association, for which she chairs the Rural Health Interest Group and Caucus. She is currently the recording secretary for APA and is an APA presidential candidate.

\*Please note that Dr. Prescott's participation in this conference does not constitute an endorsement by WVPA, but we are excited for the opportunity for our members to interact with APA leadership directly.

## Substance Use Treatment Standards of Care: Treating Addiction in Rural and Veteran Populations

Dr. Joshua Carter

Introductory: 2.0 CE (Veterans)

Substance use constitutes a significant challenge in Appalachia. Current standards of care will be discussed, including applications for veteran populations.

### Learning Objectives:

1. Identify differences between various substances in regard to symptoms of intoxication and withdrawal.
2. Explain differences between various SUD interventions and identify evidence based treatments based on presenting substance use and co-morbid issues.
3. Understand the course of treatment associated with recovery from each substance of use.
4. Implement efficacious SUD interventions based on individual factors associated with rural and veteran cultures.

## Access to Behavioral Healthcare for Rural People

Dr. Diana Prescott

Introductory: 1.0 CE

Rural practice can involve work with a variety of populations facing various difficulties and barriers to care.

This presentation will explore challenges for some populations and examples of ways to overcome barriers to care.

1. Appreciate more about rural practice and issues for practitioners (e.g, dual roles, the importance of self-care).
2. Identify factors related to depression and suicide in rural areas, particularly with farmers.
3. Understand some of the way healthcare can be provided to migrant farmworkers.
4. Discuss some of the particular difficulties people experience in rural areas, such as with substance abuse.
5. Describe how telehealth can advantage rural practice in integrated behavioral healthcare, such as in specialty clinics in pediatric obesity.

# Please take note...

## Americans with Disabilities Act

The West Virginia Psychological Association is committed to providing access and support to persons with special needs who wish to participate in programs we sponsor. We will reasonably accommodate your request when it is made in advance. Persons with special needs are encouraged to contact the WVPA office at 304.345.5805

## Considerations

- ◇ All attendees must be registered.
- ◇ The presentations begin promptly at the assigned times throughout the day.

## Virtual Format

This conference will be held virtually via Microsoft Teams. A link will be provided by email to all those who register, which you can use to access all conference events at the specified times. To ensure that you can access the conference, please be sure that your devices and software are compatible with Microsoft Teams.

## CE Credits for Psychologists

WVPA is approved by the American Psychological Association to sponsor continuing education for psychologists. APA Standards for awarding credit prohibit offering variable credit for partial workshop attendance. **Those arriving late or leaving a workshop early will not receive CE credit.** The WVPA maintains responsibility for this program and its contents. Please allow time to sign-in for CE before class is scheduled to begin.

**Please note that the 9am training (2 CE) meets the Veteran's continuing education requirements of the West Virginia Board of Examiners of Psychologists.**



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## Registration

You may register online at:  
<http://wvpsychology.org/>

## Cancellation Policy

We are not able to issue refunds nor exchanges to another training date or location.

## Grievance Procedures

The West Virginia Psychological Association (WVPA) is fully committed to conducting all activities in strict conformance with the American Psychological Association's Ethical Principles of Psychologists.

When a participant, either orally or in written format, files a grievance and expects action on the complaint, the following actions will be taken.

1. If the grievance concerns a speaker, the content presented by the speaker, or the style of presentation, the individual filing the grievance will be asked to put his/her comments in written format. The CE Chair will then pass on the comments to the speaker, assuring the confidentiality of the grieved individual.
2. If the grievance concerns a workshop offering, its content, level of presentation, or the facilities in which the workshop was offered, the convention chair will mediate and will be the final arbitrator. If the participant requests action, the convention chair will:
  - a. attempt to move the participant to another workshop or
  - b. provide a credit for a subsequent year's workshop  
or
  - c. provide a partial or full refund of the workshop fee.Actions 2b and 2c will require a written note, documenting the grievance, for record keeping purposes. The note need not be signed by the grieved individual.
3. If the grievance concerns a WVPA CE program, in a specific regard, the CE Chair will attempt to arbitrate.

Please contact WVPA Executive Director Jocelyn Brown, Psy.D. at [info@wvpsychology.org](mailto:info@wvpsychology.org) to submit a complaint, or if you have additional questions.

## Benefits of WVPA Membership

- ◇ As a member of WVPA, you enjoy a wide range of benefits!
- ◇ You will stay current and competitive by attending our cutting-edge education conferences in the spring and fall with member discounts.
- ◇ In some cases, the member conference discount more than pays for your annual dues!
- ◇ You can grow your practice and improve your cash flow through our web-based referral and credit card acceptance programs.
- ◇ You can rest easy knowing your profession and your patients are protected through our federal and state legislative advocacy efforts.
- ◇ You can take advantage of outstanding opportunities for career and personal growth through our work with students and early career psychologists, association committee service, and leadership opportunities.
- ◇ You can make connections with colleagues through our listservs, membership directory and conferences.
- ◇ Finally, you have access to quality and timely information through our public outreach programs, our award-winning newsletter and our web site at [www.wvpsychology.org](http://www.wvpsychology.org).

**Visit our website and click the "join" tab!**

# WVPA Spring Conference

## Registration Form (If Registering By Mail)

### Full Conference Registration

Your Name :

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Employer/Practice Name:

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Address:

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Work Phone:

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Email:

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### Full Conference Registration

\$ 40 Conference Rate

\$ 25 WVPA Member Discounted Rate

\$ 15 Student Rate

\$ 5 WVPA Student Member Rate

### Late Registration Fees

\$25 Add to all registrations received after  
May 1 and before May 7

\$50 Add to all registrations received May  
7 or 8

**Make checks payable to:**

**WVPA  
PO Box 11599  
Charleston, WV 25339**



## *Fall Conference Information!*

We need your input regarding plans for the 2021 Fall Conference. Please complete the Qualtrics survey at the following link to share your opinions!

[https://marshall.az1.qualtrics.com/jfe/form/SV\\_eSczaxup9dGdo5o](https://marshall.az1.qualtrics.com/jfe/form/SV_eSczaxup9dGdo5o)

