

“Getting Through with the Help of Friends”

<http://wvpaconference.online>

Dear Colleagues,

We are proud to introduce to you our first ever WVPA Virtual Conference!

As with all of our plans and routines over the last few months, WVPA’s plans for training events have been through multiple revisions and delays. Ultimately we decided to wait to host the Beck Institute until we can gather together to learn in person and safely. Similarly our original plans for a fall gathering in Canaan Valley were postponed.

Fortunately, flexibility and adapting to the demands as they currently exist are skills we possess as psychologists. As we have experienced in working together to make the adjustments to planned training events, it is also an important skill to be able to depend upon friends and colleagues for support and feedback. Navigating novel demands, ongoing uncertainty, and rapid changes is much easier with the help of our friends. Thus, our theme of: Getting Through with the Help of Friends.

One of the most important benefits of WVPA is the friendships and connections that we’ve made and maintained through involvement in the organization. It is our hope that the virtual conference events will help all of us maintain these connections, even though we are not gathering together in the same room this fall. It is our hope that this fall can support the efforts we are all making toward “Getting Through with the Help of Friends.”

To help organize the virtual conference, we will be using a website:

<http://wvpaconference.online>

The website will contain information about each of the events we are hosting and will also provide information about programs we have developed to support and recognize members. Be sure to check the website often for the poster sessions, mentorship wisdom, and updates about the conference.

For your convenience, this brochure contains a schedule of the events that will be included in the virtual conference to give you an overview of the opportunities to join us. You will also find information about our two CEU events, though more information about the events is available through the website. You can register now through the WVPA website: <http://wvpsychology.org/2020-fall-webinars/>

We look forward to sharing in this new experience together with you!

Sincerely,

Rebecca Denning, Psy.D. ABPP
2020 President-Elect

Jennifer Mills-Price, Psy.D.
2020 WVPA President

Conference Schedule at a Glance

Saturday September 12:

Deadline to apply for poster presentations

Thursday October 1:

Deadline to submit posters

Monday October 5:

Posters presentations available to view on website

Saturday October 10:

9:00am ZoomWebinar: Therapy Interventions for Veteran's with Trauma-Related Disorders
Across a Spectrum of Clinical Presentations (2CEU, veterans CEUs)
Students Members: \$5 Student Non-Members: \$10
Members: \$15 Non-Members: \$25

11:30am Zoom: Live Q&A for Poster Session

1:00pm Zoom: WVPA Business Meeting

Sunday October 11:

Poster Winners Notified

Saturday October 17:

9:00am ZoomWebinar: Responding to Common Ethical Issues in Small and Rural Areas
(3CEU, ethics CEUs)
Students Members: \$5 Student Non-Members: \$10
Members: \$20 Non-Members: \$30

1:00pm Zoom: Community Meeting: Mentorship

1:30pm Zoom: ECP Virtual Social Hour

Registration: <http://wvpsychology.org/fall-2020-webinars>

Cost: There is a fee to register for each of the two CEU events. Other conference events are free.

Conference Website: Complete conference information is available at:

<http://wvpaconference.online>

Billy Rutherford, Psy.D. is a clinical psychologist on the Posttraumatic Stress Disorder Clinical team at the Hershel “Woody” Williams VA Medical Center in Huntington, WV where he has served since 2009. Dr. Rutherford’s clinical interests include evidence-based therapy interventions for Veterans with PTSD and trauma-related disorders as well as relationship issues in Veterans. He serves as a clinical supervisor and evidence-based therapy mentor for pre-doctoral psychology interns at the Woody Williams VAMC. Dr. Rutherford is a representative-at-large for WVPA and has produced the podcast “Appalachia on the Mind.” He earned a Psy.D. in clinical psychology from Marshall University and completed a pre-doctoral psychology internship at the W.G. “Bill” Hefner VA Medical Center.

Christine Kemmner, Psy.D. is a clinical psychologist on the Posttraumatic Stress Disorder Clinical team at the Hershel “Woody” Williams VA Medical Center in Huntington, WV.

Zoom Webinar:
Saturday October 10th, 9:00am—11:00am
2 CEUs

Therapy Interventions for Veterans with Trauma-Related Disorders Across a Spectrum of Clinical Presentations.

An overview of PTSD and trauma-related disorders in Veteran populations will be presented along with discussion of common co-morbidities such as depression, substance use disorders, and suicidality. The roles of natural recovery and obstacles to recovery in treatment will be reviewed. Elements of various evidence-based and trauma-informed approaches will be presented along with a spectrum of case complexity to include those with dissociation and/or more complex trauma history.

Learning Objectives:

- (a) Participants will identify common symptoms of PTSD, trauma-related disorders, and common co-morbidities that may present in the Veteran population.
- (b) Participants will identify common risk factors for suicide and resources associated with safety planning in the Veteran population.
- (c) Participants will conceptualize development of trauma-related disorders from the perspective of a failure of natural recovery processes.
- (d) Participants will identify trauma-informed principles for addressing clinical issues of Veterans along a continuum of case complexity.

James L. Werth, Jr., PhD, ABPP, received his PhD in Counseling Psychology from Auburn University in 1995 and his Master of Legal Studies degree from the University of Nebraska – Lincoln in 1999. He currently serves as the Behavioral Health and Wellness Services Director as well as the Black Lung Program Director for Stone Mountain Health Services, a Federally Qualified Health Center with 11 medical and 2 respiratory care clinics spread across 7 counties in Southwest Virginia. In addition, he serves as Chair of Stone Mountain’s Patient Safety / Risk Management / Performance Improvement Committee, coordinates the annual reports and grant submissions, and is active in community outreach and collaboration.

He is a Licensed Clinical Psychologist in Virginia, is board certified in Counseling Psychology (American Board of Professional Psychology), and is a Fellow of the American Psychological Association. He also serves as the Coordinator of the American Psychological Association (APA) accredited Southwest Virginia Psychology Doctoral Internship Consortium, of which Stone Mountain is a part. He has been a member of the Virginia Board of Psychology since late 2014 and currently serves as Vice Chair of the Board and Chair of the Regulatory Committee. He is the Clinical Representative on the Board of Directors for the Virginia Community Healthcare Association, Chair of the Credentialing Committee for the Community Care Network of Virginia (CCNV), and is a member of the CCNV Medical Management Committee. He received the American Psychological Association’s 2016 “Excellence in Rural Psychology Award” as well as the 2016 Virginia Association for Rural Health’s “Charles Crowder, Jr. Award” in recognition of “outstanding individual commitment and service to the advancement of rural health in Virginia.” He accepted both on behalf of the Stone Mountain Behavioral Health Team.

Prior to coming to Stone Mountain, he was the founding Director of the Radford University Doctor of Psychology (Psy.D.) Program, which had emphases on rural mental health, cultural diversity, social justice, and evidence-based practice. The Psy.D. was the first doctoral program on campus. It was accredited by the American Psychological Association in the shortest time possible, allowing even the first cohort of students to say they graduated from an accredited program.

ZoomWebinar:

Saturday October 17th, 9:00am—12:15pm
(There will be a 15 minute break in the presentation)
3 CEU

Responding to Common Ethical Issues in Small Communities and Rural Areas

Small / rural communities may be marginalized. This presentation highlights the ethical dilemmas that frequently occur in such settings, such as competence, confidentiality, and multiple relationships. This workshop includes examples of dilemmas and potential solutions that can be implemented proactively or immediately when recognition of a problem occurs.

Learning objectives for the webinar:

- (a) Identify at least three characteristics of small / rural communities that complicate small community / rural practice
- (b) Identify at least three foundational ethical / legal / regulatory considerations associated with small community / rural practice
- (c) List at least three ethical issues that commonly arise in small communities / rural areas
- (d) Describe at least two ways to deal with ethical dilemmas that arise in small community / rural practice

Notes About Zoom Webinars

Zoom Webinars

Within a few days of registering, you will receive an email with the information for logging into the Zoom webinar. On the day of the webinar, we recommend logging in several minutes early. The webinar will begin promptly. Please note that we are unable to provide technical assistance.

Signing In and Signing Out

To sign in and out, you will need to enter your full name into the chat box. You can send this privately to Rebecca Denning, who will be monitoring for this. Please sign in upon entry into the event. Please sign out during the Q&A session as we conclude the webinar. CEU credit CANNOT be given without you signing in and out.

Raising your Hand

You will be muted upon entry. If you have a question, please raise your hand and one of the panelists monitoring the event will let the speaker know there is a question and unmute you. To raise your hand, click on the "raise your hand" option at the bottom of the screen. Alternatively, you can enter it into the chat box and one of the panelists will present it to the speaker.

CEU Information

The West Virginia Psychological Association (WVPA) is approved by the American Psychological Association to sponsor continuing education for psychologists. WVPA maintains responsibility for the program and its contents.

"Therapy Interventions for Veterans with Trauma-Related Disorders Across a Spectrum of Clinical Presentations" is approved for 2 hours CEU. This webinar meets the criteria for a Veteran's focused training. CEU certificates will be emailed after the event to the address you provided during registration.

"Responding to Common Ethical Issues in Small Communities and Rural Areas" is approved for 3 hours CEU. This webinar meets the criteria for the ethics requirement. CEU certificates will be emailed after the event to the address you provided during registration.

Please take note...

Americans with Disabilities Act

The West Virginia Psychological Association is committed to providing access and support to persons with special needs who wish to participate in programs we sponsor. We will reasonably accommodate your request when it is made in advance. Persons with special needs are encouraged to contact the WVPA office at 304.345.5805

Considerations

- ◇ All attendees for CEU events must be registered.
- ◇ The workshop begins promptly at the assigned times.

CE Credits for Psychologists

WVPA is approved by the American Psychological Association to sponsor continuing education for psychologists. APA Standards for awarding credit prohibit offering variable credit for partial workshop attendance. **Those arriving late or leaving a workshop early will not receive CE credit. Please see the Zoom Information section for instructions on signing in and signing out.** The WVPA maintains responsibility for this program and its contents. Please allow time to sign-in for CE before class is scheduled to begin.



Cancellation Policy

We are not able to issue refunds nor exchanges to another training date or location.

Grievance Procedures

The West Virginia Psychological Association (WVPA) is fully committed to conducting all activities in strict conformance with the American Psychological Association's Ethical Principles of Psychologists.

When a participant, either orally or in written format, files a grievance and expects action on the complaint, the following actions will be taken.

1. If the grievance concerns a speaker, the content presented by the speaker, or the style of presentation, the individual filing the grievance will be asked to put his/her comments in written format. The CE Chair will then pass on the comments to the speaker, assuring the confidentiality of the grieved individual.
2. If the grievance concerns a workshop offering, its content, level of presentation, or the facilities in which the workshop was offered, the convention chair will mediate and will be the final arbitrator. If the participant requests action, the convention chair will:
 - a. attempt to move the participant to another workshop or
 - b. provide a credit for a subsequent year's workshop
 - or
 - c. provide a partial or full refund of the workshop fee.

Actions 2b and 2c will require a written note, documenting the grievance, for record keeping purposes.

The note need not be signed by the grieved individual.

3. If the grievance concerns a WVPA CE program, in a specific regard, the CE Chair will attempt to arbitrate.

Please contact WVPA Executive Director Jocelyn Brown, Psy.D. at info@wvpsychology.org to submit a complaint, or if you have additional questions.

Benefits of WVPA Membership

- ◇ As a member of WVPA, you enjoy a wide range of benefits!
- ◇ You will stay current and competitive by attending our cutting-edge education conferences in the spring and fall with member discounts.
- ◇ In some cases, the member conference discount more than pays for your annual dues!
- ◇ You can grow your practice and improve your cash flow through our web-based referral and credit card acceptance programs.
- ◇ You can rest easy knowing your profession and your patients are protected through our federal and state legislative advocacy efforts.
- ◇ You can take advantage of outstanding opportunities for career and personal growth through our work with students and early career psychologists, association committee service, and leadership opportunities.
- ◇ You can make connections with colleagues through our listservs, membership directory and conferences.
- ◇ Finally, you have access to quality and timely information through our public outreach programs, our award-winning newsletter and our web site at www.wvpsychology.org.

Visit our website and click the "join" tab!