



# West Virginia Psychological Association **2019 Fall Conference** and WVPA Annual Meeting

Training Sessions delivering  
13 Continuing Education  
Units for Psychologists

October 25-26, 2019  
Holiday Inn & Suites  
Charleston, WV

Poster Session for  
Professionals and Students  
(Juried Awards for Students)

Annual Business Meeting

Annual WVPA Dinner

Recognition of WVPA  
Legislator of the Year,  
Delegate Martin Atkinson

WVPA Officer  
Installation

ECP/Student Mixer

Silent Auction to Benefit  
Student Scholarships



**in Psychological Services:**

*Psychologists  
as  
Citizens*



# Conference Schedule at a Glance

## Friday, October 25, 2019

### Registration & Exhibit Area Open

7:00AM - 3:00 PM

### Continental Breakfast

7:00AM - 8:00 AM

**Session A:** *Keynote Address: Expanding our Impact: Developing and Contributing as a Citizen Psychologist*  
8:00 AM - 9:00 AM (1 CE)

**Session B:** *Building Wellness Communities in an Opioid Crisis: How Psychologists Can Give Back to Their Communities*

9:00 AM - 10:30 AM (1.5 CE)

**Session C:** *An Integrative Systems Approach to Working with "High Risk" Populations*

9:00 AM - 10:30 AM (1.5 CE)

**Refreshment break** 10:30 AM - 10:45 AM

**Session D:** *Psychologists and the Legal World: Untangling the Web and Joining the Fray*

10:45 AM - 12:15 PM (1.5 CE)

**Session E:** *Treating the Community: An ECP Perspective*

10:45 AM - 12:15 PM (1.5 CE)

### Luncheon and WVPA Business Meeting

12:15 PM - 1:30 PM

**Session F:** *Oops, We Did It Again: Past and Present Psychological Missteps as the Background for Consideration of Ethical Practice*

1:30 PM - 4:45 PM (3 Ethics CE)

**Session G:** *Mentorship in Psychology: Facilitating Professional Development, Competence, and Ethical Practice*

1:30 PM - 4:45 PM (3 Ethics CE)

### Refreshment break

3:00 PM - 3:15 PM

### Poster Session and Cash Bar Reception

5:00 PM - 6:00 PM

### Silent Auction to Benefit Student Scholarships

3:00 PM - 6:00 PM

### WVPA Annual Dinner, Awards, and Officer Installation

6:00 PM - 8:00 PM

**ECP/Student Mixer to follow**

## Saturday, October 26, 2019

### Registration

7:30 AM - 12:00 PM

### Continental Breakfast

7:30 AM - 8:30 AM

### Exhibit Area Open

7:30 AM - 3:00 PM

**Session H:** *Clinical Tools in a Non-Traditional Setting*  
8:30 AM - 12:00 PM (3.0 CE)

**Refreshment break** 10:00 AM - 10:30 AM

### Lunch

12:00 PM - 1:00 PM

**Session I:** *Partnering with PRIDE: Increasing Transgender Visibility through Consultation*  
1:00 PM - 2:30 PM (1.5 CE)

### Refreshment break

2:30 PM - 3:00 PM

**Session J:** *Do Ask, Do Tell: What You Should Know About LGBT Veterans*

3:00 PM - 4:30 PM (1.5 Veterans CE)

**Conference adjourns 4:30 PM**

**13 hours of APA Approved Continuing Education for psychologists are offered.**

**Thank you for attending the  
WVPA Fall 2019 Conference!  
Please make plans to join us in Charleston for our  
Spring educational event in 2020.  
Further details to follow!**

**Please register online at [www.wvpsychology.org](http://www.wvpsychology.org)**

**Friday, October 25th**

### **Session A**

#### **Keynote Address: Expanding our Impact: Developing and Contributing as a *Citizen Psychologist***

Introductory Level - 1 CE

Emily Selby-Nelson, Psy.D.

The APA has charged psychologists with the challenge to develop as “Citizen Psychologists” by exploring and evolving their personal and professional identities and behaviors to champion efforts that strive to impact communities at risk and in need. This task extends beyond our existing expectation to offer quality, evidence-based services to individuals in need. “Citizen Psychologists are leaders who, through public service, volunteerism, and other strategic roles, bring our science and expertise to bear on today’s challenges in an effort to improve the lives of all” (APA, 2018). This session will provide insight into what it means to be a Citizen Psychologist, share details of APA’s Citizen Psychologist Initiative, offer guidance in training future psychologists to be Citizen Psychologists, and offer ideas for integrating these skills and concepts into one’s personal and professional life to improve the lives of West Virginians, especially those most in need.

By the end of the session, participants should be able to:  
Describe how psychologists’ training and skill set can be used to effectively intervene at the community level;  
List the competencies of the 2018 APA Citizen Psychologist training module;  
Create ways to apply Citizen Psychologist competencies to their own practice.

### **Session B**

#### **Building Wellness Communities in an Opioid Crisis: How Psychologists Can Give Back to Their Communities**

Intermediate Level - 1.5 CE

Don Worth, PhD

This presentation offers a helpful perspective to mental illness and substance abuse, and tools that can empower and enable patients to build their own communities of wellness. While helping patients, these tools also provide an avenue for psychologists to be good citizens in their communities by creating a ripple effect of wellness that benefits all in the community.

By the end of the session, participants should be able to:  
Describe how opioids, other substances, screen time, etc. interfere with relationship quality and effect mental illness;  
Describe how community development positively effects mental wellness;  
Describe the Worth Wellness Paradigm and how patients can use to develop communities of wellness.

## **Our Presenters**

### **Brittany Canady, PhD, ABPP**

Dr. Canady completed her Ph.D. in Clinical Psychology at the University of Houston. She attended clinical internship and postdoctoral fellowship in Adult Clinical/Behavioral Medicine at Geisinger Medical Center. Dr. Canady has achieved Board Certification in Clinical Health Psychology. She is currently employed as an Assistant Professor in the Department of Psychology at Marshall University, where she teaches a range of courses in clinical and health psychology at both graduate and undergraduate levels.

### **Megan Green, PsyD**

Dr. Megan Green has been employed by the Department of Veterans’ Affairs since 2007 and originally served as a treatment provider for veterans with comorbid trauma-related and substance use disorders. She has been employed as a fulltime compensation and pension examiner since 2010. She completes pre-employment, annual health-monitoring, and fitness-for-duty evaluations for VA police officers and supervises assessment practicum for Marshall University students and the compensation and pension internship rotation for pre-doctoral interns. She is an adjunct faculty member at Marshall University and has taught undergraduate and graduate-level abnormal psychology courses. She has been the sole proprietor of a private forensic psychology practice in eastern Kentucky since 2010 and has completed thousands of consultative examinations for the Social Security Administration. She performs Social Security disability, worker’s compensation, and personal injury evaluations for attorneys. She has been employed at Hudson Forensic Psychology since 2017 and performs parental fitness evaluations and examinations of decision-making capacity. She has been qualified as an expert witness in judicial circuits within West Virginia.

### **Clifton Hudson, PhD**

Dr. Clifton Hudson is the sole proprietor of Hudson Forensic. He started his mental health career in 1997 as a sex offender treatment provider. As a forensic evaluator within the VA system, Dr. Hudson has performed thousands of disability evaluations involving post-traumatic stress disorder and other service-related mental health issues. In his private forensic work, Dr. Hudson has performed evaluations of criminal competency and responsibility, sex offender and other violence risk, civil injury, parental fitness, fitness for duty, a variety of disabilities, and various other forensic issues. He has served as a trial consultant and expert witness for the U.S. Attorney’s Office for the Northern District of West Virginia; performed evaluations for the Federal Public Defender for the Southern District of West Virginia, various county prosecutors and public defender agencies, and numerous private attorneys; and been qualified as an expert witness in civil and criminal proceedings in multiple judicial circuits within West Virginia and Kentucky, as well as in federal court. He was appointed as an adjunct faculty member at Marshall University and has helped provide clinical training to many of their students.

## Our Presenters (continued)

### Jaclyn Pierick, MA

Jackie Pierick, MA earned a Bachelor of Arts in Psychological Science from Arizona State University and a Master of Arts in Clinical Psychology from the Arizona School of Professional Psychology. She is currently enrolled in the Doctor of Psychology (PsyD) program at The Chicago School of Professional Psychology and completing her internship at the Hershel "Woody" Williams VA Medical Center in Huntington, WV. She is currently training in providing general mental health, pain psychology, and LGBT healthcare to Veterans. Previous clinical experiences include working with adults with substance use disorders (SUD) and trauma-related disorders, and these remain areas of clinical interest for Ms. Pierick.

### Jennifer Powell, JD

Jennifer Powell is the Director of the Center for Law and Public Service at WVU College of Law. She has served in this role since March of 2013. She previously served as the Assistant Dean for Career Services from 2004-2013. Ms. Powell is a member of the West Virginia State Bar. She earned her J.D. from the West Virginia University College of Law in 1997, an M.S.W. from West Virginia University in 1992, and a B.A. in English from West Virginia University in 1988. Prior to working at the College of Law, Ms. Powell worked as an Application Consultant for LexisNexis, served as a prevention educator and community fundraiser for Caritas House (a local HIV/AIDS service organization) and practiced law with Regina Charon's Law Offices.

### Shelia Robinett, PsyD

Dr. Robinett earned a BA in Psychology & Sociology from Concord University, and a MA and PsyD from Marshall University. She is employed at the Hershel "Woody" Williams VAMC in Huntington, WV as the LGBT Veteran Care Coordinator and Pain Psychologist. Dr. Robinett's specialties include conducting pre-cross sex hormone and pre-surgical psychological assessments and providing psychotherapy for the treatment of Gender Dysphoria. She is Adjunct Clinical Faculty for the Marshall University Department of Psychology and serves as training faculty for the Doctoral Internship in Professional Psychology at the VAMC.

## Session C

### An Integrative Systems Approach to Working with "High Risk" Populations

Intermediate Level - 1.5 CE

Robert L. Roff, PhD

"High Risk" clients have significant deficits in Core Developmental skills (e.g., Trust, Safety, Mood Regulation, Impulse Control, Ability to Delay Gratification, Boundaries, Hope, Spirituality), which usually are related to difficulties with early Attachment and relationships. Through didactic presentation and question-led group conversation, this workshop will explore this common denominator as well as how our, and/or our agencies' expectations can make it more difficult for ourselves and our clients. We often wrongly assume that clients have adequate competence in Core Developmental Skills in adulthood, which can result in both Psychologists and clients experiencing frustration. By changing our expectations and perspective, Psychologists can see progress that is often missed, reducing our frustration and making it easier to help clients with Core Developmental and other Skills, which can even lead them to help others with similar difficulties in the future (i.e., Pay it Forward). This workshop will also explore how Psychologists can network with those in other helping professions, who often spend more time with the clients than we do, so that we can function better as a more efficient Integrated System or treatment team. Therefore, we can identify problems and potential solutions earlier, help clients trust us more as Psychologists and engage/remain in treatment, and potentially save money and resources for our communities.

By the end of the session, participants should be able to:

- Critique their definitions of success, including expectations and goals for treatment, and identify any that may not fit with High Risk clients;
- Describe Core Developmental Skill deficits of most "High Risk" clients, and how they factor into their multiple personal problems, diagnoses, and various difficulties that have in their everyday functioning;
- Utilize the discussed concepts and interventions to focus more on prevention and will assess client progress that previously might have been missed, thereby decreasing the chances of burnout, increasing client willingness for treatment and saving community resources;
- Apply concepts and techniques in working with other helping professions (i.e., develop a more efficient external system), in order to increase the likelihood of "High Risk" individuals being more willing to enter and/or remain in treatment, and discuss examples of how clients can "Pay It Forward" and help others in the future.

## Session D

### Psychologists and the Legal World: Untangling the Web and Joining the Fray

Introductory Level - 1.5 CE

Sandra Walls, MA & Jennifer Powell, JD

The presentation will focus on the legal community's need for psychologists, both from a professional standpoint as well as a from a community service standpoint. Specific areas of the law underserved by in-state psychologists will be discussed, including how these shortages are often perpetuated by misconceptions within the psychological community. A brief overview of the various legal processes will be discussed, and the role psychologists can play in helping these underserved populations. In addition, the presentation will cover legal client issues that may arise in clinical settings, and what legal resources/organizations are available to assist clients. Lastly, the presentation will focus on the importance of community engagement and ways in which psychologist can use their unique skills to create healthier communities.

By the end of the session, participants should be able to:

- List areas of the law that are underserved by in-state psychologists and identify misconceptions and other factors that contribute to these shortages;
- Discuss how their unique skills can contribute to the well-being of individuals involved in the legal system;
- Describe in-state legal organizations and clinics and the areas of law each serve, in order to assist clients facing legal issues that may negatively impact their psychological wellbeing;
- Describe ways in which psychologists can contribute to the community at large and list organizations that can benefit from voluntary service, with a specific focus on CASA;
- List barriers that have isolated psychologists and ways to overcome these barriers to foster inclusivity between psychology, other professions/disciplines, and as a result the community as a whole.

## Our Presenters (continued)

### Robert L. Roff, PhD

Dr. Roff is a Licensed Clinical Psychologist in West Virginia and Pennsylvania who received his Ph.D from United States International (Alliant) University in 1994. Dr. Roff developed a specialization in Developmental Trauma/Neglect during 25 years with the Federal Bureau of Prisons. Since retiring in 2014, he has integrated findings from Neuroscience and Attachment into his work and is now utilizing a Complex Systems model containing multiple self-states or subsystems, which many modern and historical researchers/clinicians have used in the areas of Trauma and Dissociation. Dr. Roff was a Volunteer Clinical Psychologist at Milan Puskar Health Right (MPHR) in Morgantown, WV. From February 2015 to July of 2018, and an Assistant Professor at West Liberty University near Wheeling WV during the 2018-19 academic year. He presented at WVPA in the Fall of 2016 and has been a member of the WVPA Child Abuse Joint Task Force since May of 2019.

### Emily Selby-Nelson, PsyD

Dr. Selby-Nelson is a licensed doctoral psychologist working at Cabin Creek Health Systems (CCHS), a Federally Qualified Health Center serving rural and underserved communities across Kanawha County. At CCHS, she serves as the Director of Behavioral Health and provides integrated behavioral health services to typically underserved patients at the Sissonville Health Center, a rural integrated primary care clinic. Dr. Selby-Nelson also educates and trains learners in the area of rural integrated care practice as clinical assistant faculty at WVU-SOM-Charleston Dept. of BMed and Psychiatry, and at Marshall University's PsyD Program. Dr. Selby-Nelson's scholarly, advocacy, and leadership activities support her mission of advancing the field's awareness of the issues facing individuals in rural and underserved areas and individuals experiencing poverty.

## Our Presenters (continued)

### Natasha Stone, BA

Natasha is a 2017 graduate of West Virginia University's Eberly College of Arts and Sciences, with a bachelor's degree in Women's and Gender Studies. Prior to joining the Fairness West Virginia staff, Natasha was an intern with United Food and Commercial Workers Union Local 400. She also has written about the labor movement, gender and politics for various publications. As the transgender visibility organizer, Natasha is working with the state's medical and education professionals to increase representation and level of care for the transgender community.

### Michael S. Stinnett, PsyD

Dr. Michael S. Stinnett is a Kentucky native who has made West Virginia home for more than 20 years. He received his Doctor of Psychology degree from Marshall University and completed pre- and post-doctoral training at the Joan C. Edwards School of Medicine Department of Psychiatry and Behavioral Medicine in Huntington, WV. Dr. Stinnett has broad clinical experience in outpatient, inpatient, and residential treatment settings. He was intensively trained in Dialectical Behavior Therapy by The Linehan Institute and is a certified Juvenile Sexual Offender Treatment Provider. Dr. Stinnett was appointed as an Adjunct Instructor at Marshall University from 2010-2015 and a Clinical Instructor from 2016-2019. He is currently employed as a licensed psychologist at PSIMED. Dr. Stinnett is an active member in his community and holds positions on many boards and committees as well as maintaining membership in several associations. He is the Chair of the West Virginia Psychological Association's Membership Committee; a member of the West Virginia Psychological Association's Association Management Committee; a mentor with the Marshall University President's Commission on Diversity, Equity, & Inclusion, LGBTQ+ Alumni Mentor Program; and a member of the Huntington, WV Mayor's Committee on Diversity and Inclusion. Dr. Stinnett is a clinical associate member of the Association for the Treatment of Sexual Abusers, and a member of the West Virginia Psychological Association and the American Psychological Association.

### Jake Van Horn, PsyD

Jake VanHorn, Psy.D. is a native West Virginian and received his Psy.D. from Marshall University in 2017. He completed his Internship at the Appalachian Psychology Internship: Woodland Centers Inc., Gallipolis OH, and a Post-Doctoral Year with Cabin Creek Health Systems (CCHS), in Kanawha County, WV focusing on Integrated Primary Care (IPC) in underserved communities. Dr. VanHorn works at the CCHS: Sunnyside Health Center located inside the Kanawha-Charleston Health Department, using behavioral health principals to bolster access to extremely underserved and sensitive populations. In addition Dr. VanHorn is the Lead Clinician of Sunnyside Health Center, provides workforce development as Central Counties, WV AHEC, Center Director, and coordi-

## Session E

### Treating the Community: An ECP Perspective

Introductory Level – 1.5 CE

Jake VanHorn, Psy.D.

Psychologists have been trained to treat behavioral health concerns from a variety of perspectives and modalities, across diverse populations. Psychologists utilize evidence-based treatments, tailor interventions to an individual or their symptomology, and are trained to conceptualize therapeutic samples to be characterized as one single identified patient or a group of homogenous patient members. However, psychologists are provided the tools necessary to effect meaningful change on the macro systems and communities of their patients, which are at risk of contributing to poor outcomes. This presentation will explore the adjustment of an Early Career Psychologist from the classroom, to the therapy room, to developing and implementing community interventions. This demonstration will include successes, challenges, and lessons learned.

By the end of the session, participants should be able to:

- Describe the transition from student to community psychologist, pitfalls, and advantages;
- List transferable skills from traditional therapy models to community intervention;
- Explain the basic benefits of community partnerships for systems and individuals they work with.

## Session F

### Oops, We Did It Again: Past and Present Psychological Missteps as the Background for Consideration of Ethical Practice

Introductory Level – 3 Ethics CE

Clifton Hudson, Ph.D. & Megan Green, Psy.D.

This workshop will explore major instances of iatrogenic harm and negative societal influence promulgated by the mental health professions, with consideration of how modern ethical practice or even more rigorous adherence to the standards of the time might have helped prevent such outcomes. It will also examine similar phenomena within the context of modern clinical practice, including problematic issues arising at the boundary between clinical and forensic psychology.

By the end of the session, participants should be able to:

- Describe historical and recent instances of iatrogenic harm induced by the mental health professions;
- Discuss relevant modern ethical principles and how adherence to these principles might prevent such harm;
- Apply ethical principles to their own psychological practice.

## Session G

### Mentorship in Psychology: Facilitating Professional Development, Competence, and Ethical Practice

Introductory Level – 3 Ethics CE

Brittany Canady, Ph.D., ABPP, Jenna Wallace, Psy.D., Chantel Weisenmuller, Ph.D.

Mentorship relationships are foundational to graduate training of psychologists; however, mentorship in the professional world can be difficult to establish and maintain, particularly for psychologists working in rural areas. The American Psychological Association (APA) encourages connections with a “constellation of mentors” to meet the various needs of psychologists and trainees, but oftentimes mentorship is loosely defined or a product of happenstance. Further, dynamics of the mentorship relationship between psychologists outside of the graduate school setting can be difficult to navigate, and this challenge is exacerbated by limited opportunities for training and discussion regarding this topic. This presentation will provide insight into various types of mentor-mentee relationships, increase awareness of the importance of mentorship for both early career and later career psychologists, discuss practical steps to establishing and maintaining valuable relationships, and explore common pitfalls and ethical considerations for psychologists in mentor-mentee relationships in West Virginia and other rural settings. Attendees will leave with practical steps toward achieving their mentorship goals, in addition to valuable resources on the topic. Group discussion will include ways to establish a useful mentorship program within WVPA.

By the end of the session, participants should be able to:

- Describe the different types of mentorship relationships and explain the importance of mentorship across settings;
- List ethical considerations in mentorship and avoid ethical pitfalls;
- Discuss the importance of professional mentorship for psychologists from underrepresented groups and in rural practice;
- Assess your personal mentorship style and needs, as a mentor and as a mentee;
- Design a personal plan for engagement with professional mentorship, as a mentor or as a mentee.

## Our Presenters (continued)

### Jenna Wallace, PsyD

Dr. Wallace completed her Psy.D. in Clinical Psychology at Marshall University and her predoctoral internship at MetroHealth Medical Center. Following her postdoctoral training in pediatric primary care psychology at Valley Health Systems, she began her current role as Assistant Professor and Pediatric Psychologist in the Departments of Pediatrics and Behavioral Medicine and Psychiatry at WVU School of Medicine. Dr. Wallace serves as the lead diagnostician at the WVU Medicine Children's Neurodevelopmental Center and is the WVPA Chair of the Committee on Early Career Psychologists. She is an active member in the Society of Developmental and Behavioral Pediatrics and the Association of Psychologists in Academic Health Centers.

### Sandra Walls, MA

Sandra Walls is a licensed psychologist, and a second-year law student at West Virginia University College of Law. Prior to attending law school, Ms. Walls conducted hundreds of forensic evaluations for family and circuit courts throughout the state. She has presented at a number of conferences on the subject of abuse and neglect, including the West Virginia Court Improvement Program and the Annual West Virginia Guardian Ad Litem Conference. Ms. Walls is currently a member of the Public Interest Advocates and Lugar Trial Association at the College of Law. She completed a summer law fellowship at Mountain State Justice and currently serves as a Court Appointed Special Advocate for children involved in abuse and neglect proceedings.

### Chantel Weisenmuller, PhD

Dr. Weisenmuller completed her Ph.D. in Clinical Psychology at the University of Kentucky and her predoctoral internship at Nationwide Children's Hospital. She is an Assistant Professor and Director of Child Psychology in the Department of Behavioral Medicine and Psychiatry at WVU School of Medicine- Charleston Campus. Dr. Weisenmuller has also practiced as a licensed clinical psychologist in rural Appalachian communities, providing services to children, adolescents, adults, and families in outpatient, residential, correctional, and developmental center settings. She serves as the chair of the Colleague Assistance Program Committee for WVPA.

### Don Worth, PhD

Dr. Worth has been practicing as a family therapist and psychologist for over 30 years in rural West Virginia. He and his wife, Neelam, operate the Family & Marital Counseling Center with offices in Weston and Clarksburg. Although research interests are in mindfulness meditation and ADHD, with the opioid crisis affecting so many in WV, he felt compelled to write a self-help guide to recovery that was recently published and available on Amazon.

**Saturday, October 26th**

## **Session H**

### **Clinical Tools in a Non-Traditional Setting**

Intermediate Level – 3 CE

Greg Rodgers, M.A., Ava Roush, M.A., Michael S. Stinnett, Psy.D., Merideth Smith, Ph.D.

The role of a mental health professional in the correctional setting is continually expanding. Individuals with significant behavioral dysregulation often find themselves unprepared for a punitive setting and often experience poor outcomes and higher recidivism upon discharge from correctional settings. A Behavioral Health Unit (BHU) for women with behavioral dysregulation in a maximum-security facility was piloted within the West Virginia Division of Corrections and Rehabilitation. Therapeutic skills, such as Dialectical Behavior Therapy skills, were modified for use within a treatment-resistant setting including a non-traditional security, medical, and mental health multidisciplinary team. Panel members will present the clinical skills and tools used in the BHU and discuss effectiveness data collected to-date.

Suggestions for working collaboratively with other disciplines to contribute to client and community well-being will be made. As citizen psychologists, we are called to advocate for community members and the community as a whole, and to encourage community well-being. Citizen psychologists in community leadership positions are uniquely able to draw from psychological principles and science to benefit those reintegrating into our communities. Participants in this training will be encouraged to address systemic barriers faced by individuals reintegrating from a correctional environment.

By the end of the session, participants should be able to:  
Describe the use of skills training with women exhibiting behavioral dysregulation;  
Explain psychological and institutional barriers to implementing effective treatment in treatment resistant settings;  
Utilize best practices in advocating for patients overcoming structural barriers to community life.

## **Session I**

### **Partnering with PRIDE: Increasing Transgender Visibility Through Consultation**

Introductory Level – 1.5 CE

Shelia Robinett, Psy.D. & Natasha Stone, B.A.

Fairness WV estimates that roughly 60,000 (2.8%) adult West Virginians identify as LGBT. West Virginia has the highest percentage of youth who identify as transgender compared to any other state (1.04%) in the nation. In this session, Dr. Robinett will discuss strategies for partnering with civil rights advocacy organizations as an "expert" consultant in order to increase clinical and cultural competency, and LGBT visibility in underserved areas. Natasha Stone of Fairness WV will describe her role in increasing LGBT visibility via grant-funded trainings, and discuss policies, law, legislation (or lack thereof) affecting LGBT WV residents. She will also be available for a Q&A toward the end of the presentation.

By the end of the session, participants should be able to:  
List 3 ways psychologists can apply their training background to work with civil rights advocacy organizations;

Describe the estimated prevalence of LGBT persons in West Virginia;

Describe discrimination experienced by LGBT persons in West Virginia based on the presence or absence of policy and law.

## **Session J**

### **Do Ask, Do Tell: What You Should Know About LGBT Veterans**

Intermediate Level – 1.5 Veterans CE

Shelia Robinett, Psy.D. & Jaclyn Pierick, M.A.

The exact number of LGBT Veterans is unknown because VHA demographic data-collection systems do not identify sexual orientation or gender identity. Based on the data that is accessible, an estimated 1 million LGB Americans are Veterans (~3%) and 65,000 active duty Service Members are gay or lesbian. There were an estimated 15,450 transgender Service Members on active duty as of 2014, and there are at least 134,000 transgender Veterans. In this session, participants will learn terminology related to sexual orientation and gender identity, demonstrate understanding of the standards of care and guidelines for practice with transgender and gender nonconforming populations, and become familiar with the psychologist's role on an interdisciplinary transgender healthcare team. The minority stress model and concept of intersectionality as it applies to LGBT Veterans will be discussed. Additionally, health disparities specific to and barriers experienced by LGBT Veterans will be explored, including suicidality.

By the end of the session, participants should be able to:  
Define, assess and differentiate between sex, gender, sexual orientation, sexual identity, gender nonconforming, transgender, intersex, transvestic disorder and gender dysphoria;

Demonstrate and explain the WPATH: Standards of Care V7 and APA Guidelines for Practice with Transgender and GNC people;

List the role and function of the behavioral health provider and prescriptive provider in a Transgender healthcare team, including interdisciplinary services applicable to Gender Dysphoric and/or Transgender individuals (gender affirming hormone therapy, gender affirming "top" and "bottom" surgeries, psychotherapy, etc.);

Describe how the minority stress model and intersectionality apply to LGBT Veterans;

Describe the estimated prevalence of, health disparities specific to, and barriers experienced by LGBT Veterans.

## CE Credits

WVPA is approved by the American Psychological Association to sponsor continuing education for psychologists. APA Standards for awarding credit prohibits offering variable credit for partial workshop attendance. **Those arriving late or leaving a workshop early will not receive CE credit.**

Please allow time to sign-in for CE before each session is scheduled to begin.



***The West Virginia Psychological Association (WVPA) is approved by the American Psychological Association to sponsor continuing education for psychologists. WVPA maintains responsibility for this program and its contents.***

## Silent Auction

On Friday, WVPA will conduct a silent auction of gift baskets donated by our Board members, with all proceeds going to student scholarships to attend future WVPA training events.

We will place the items on display, along with bidding sheets for you to place your bid. To add some fun, we will ask you to register with a pseudonym to keep other bidders guessing.

Please plan to stop by & place a few bids to benefit our students and future psychologists!!

## Cancellation Policy

Registration is payable in full PRIOR to the event. Please pre-register prior to October 1 for the best rate. In the event of a cancellation prior to 72 hours before the event (by noon), all fees paid shall be re-funded except for a \$25 per person processing charge.

Cancellations less than 72 hours before (by noon) shall be subject to a processing charge of 50% of the published selected fee of the event registration to cover costs incurred in sponsoring the program.

## Grievance Procedures

The West Virginia Psychological Association (WVPA) is fully committed to conducting all activities in strict conformance with the American Psychological Association's Ethical Principles of Psychologists.

When a participant, either orally or in written format, files a complaint and expects action on the complaint, the following actions will be taken.

1. If the grievance concerns a speaker, the content presented by the speaker, or the style of presentation, the individual filing the grievance will be asked to put his/her comments in writing. The CE Chair will pass the comments to the speaker, assuring confidentiality of the grieved individual.
2. If the grievance concerns a workshop offering, its content, level of presentation, or the facilities in which the workshop was offered, the CE chair will mediate and will be the final arbitrator. If the participant requests action, the CE chair will:
  - a. attempt to move the participant to another workshop or
  - b. provide a credit for a subsequent year's workshop or
  - c. provide a partial or full refund of the workshop fee.Actions 2b and 2c will require a written note documenting the grievance for record keeping purposes. The note need not be signed by the grieved individual.
3. If the grievance concerns a WVPA CE program, in a specific regard, the CE Chair will attempt to arbitrate.

Please contact WVPA Executive Director, Dr. Jocelyn Brown at [info@wvpsychology.org](mailto:info@wvpsychology.org) to submit a complaint, or if you have additional questions.

# Considerations

Please turn off cell phones during workshops and leave the meeting room to answer calls.

Please bring a sweater or light jacket, as it is often difficult to precisely control meeting room temperatures.

To protect those with allergies, please avoid strong aftershave, cologne or perfume.

Please be sure to visit with each exhibitor. They enhance our conference and are here to support WVPA.

All attendees must be registered and should wear name badges at all WVPA scheduled conference events.

# Please take note...

## Americans with Disabilities Act

The West Virginia Psychological Association is committed to providing access and support to persons with unique needs who wish to participate in programs we sponsor. We will reasonably accommodate your request when it is made in advance. Persons with unique needs are encouraged to contact the WVPA Executive Director, Dr. Jocelyn Brown at [info@wvpsychology.org](mailto:info@wvpsychology.org) by October 1, 2019

## Conference & Lodging fees

**Conference participants are responsible for making their own lodging arrangements.**

There is no WVPA room block for this conference. The following is a list of nearby hotels in South Charleston:

Holiday Inn & Suites (conference site)  
(304) 744-4641

Fairfield Inn & Suites  
(304) 744-4444

Microtel Inn & Suites  
(304) 744-4900

## Meals

Included in the full conference registration fee are the following meals: two continental breakfasts, two lunches, four refreshment breaks, and one dinner.

## Dietary Requests

Special dietary requests for vegetarian or other special meals must be indicated on your registration form. Substitutions cannot be honored during meal functions. Please email or phone the WVPA office at 304 345-5805 if you have questions.

# WVPA Fall Conference Registration Fees

## Full Conference Registration

(includes 13 CE hours/all events: two continental breakfasts, two lunches, four refreshment breaks, one dinner and all available handouts)

- \$275 Conference rate
- \$199 WVPA Member discounted rate
- \$75 Student conference rate
- \$50 WVPA Student Member discounted rate
- \$130 Full guest registration and all meals

Select ONE single day OR full registration.

## Friday ONLY – October 25

- \$170 Single day conference rate
- \$125 WVPA Member discounted rate
- \$50 Student single day conference rate
- \$30 WVPA Student Member discounted rate
- \$90 Friday guest registration

## Saturday ONLY – October 26

- \$170 Single day conference rate
- \$125 WVPA Member discounted rate
- \$50 Student single day conference rate
- \$30 WVPA Student Member discounted rate
- \$90 Saturday guest registration

## Late registration fees

- \$25 Add to all registrations received after Oct. 1 and before October 18, 2019
- \$50 Add to all registrations received after October 18, 2019 and onsite at the conference

**Total enclosed: \$ \_\_\_\_\_**

**Make checks payable to:**

**WVPA  
PO Box 11599  
Charleston, WV 25339**

## Online Registration & Payments:

**To register online & pay by credit card, please visit [www.wvpsychology.org](http://www.wvpsychology.org).**

## Confirmations:

**All registered and paid attendees will receive an email confirmation of registered events.**

## Onsite Registrations:

**A \$25 fee will be charged for registrations received after October 1, 2019. A \$50 fee will be charged for registrations received after October 18, 2019 and onsite. Please register by October 1, 2019 for the best rate. No phone or fax registration, please.**

## Cancellation policy:

**Registration is payable in full prior to the conference. In the event of cancellation prior to 72 hours before the conference, all fees paid shall be refunded except for a \$25 per person processing charge. Cancellation less than 72 hours prior to the conference shall be subject to a charge equal to 50% of the published selected conference registration fee to cover costs incurred in sponsoring the program and speakers. Call 304-345-5805 or email [info@wvpsychology.org](mailto:info@wvpsychology.org) with questions.**

**Early Conference Registration ends October 1, 2019**

# WVPA Fall Conference Registration Form

(To Register by Mail)

**(Fees listed on the previous page)**

**Your Name (as you would like it to appear on badge):**

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**Employer/Practice Name:**

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**Address:**

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**City, State, Zip:**

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**Work Phone:**

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**Email:**

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**Guest/spouse name to appear on badge:**

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**\_\_\_\_\_ Please mark here if you require vegetarian meals.**

**Join by Sept. 20 to get the member discount for the WVPA Fall Conference October 25-26, 2019**

**Using the workshop descriptions as your guide, please indicate, by checking the box, the sessions you wish to attend. An accurate count of those attending conference functions is needed to ensure adequate handout materials, classroom comfort, and meal counts.**

## Friday, October 25

7:00AM - 8:00 AM Breakfast

8:00 AM - 9:00 AM Session A

*Select either Session B or C*

9:00 AM - 10:30 AM Session B

9:00 AM - 10:30 AM Session C

*Select either Session D or E*

10:45 AM - 12:15 PM Session D

10:45 AM - 12:15 PM Session E

12:15 PM - 1:30 PM Luncheon

*Select either Session F or G*

1:30 PM - 4:45 PM Session F

1:30 PM - 4:45 PM Session G

6:00 PM - 8:00 PM Dinner

## Saturday, October 26

7:30 AM - 8:30 AM Breakfast

8:30 AM - 12:00 PM Session H

12:00 PM - 1:00 PM Lunch

1:00 PM - 2:30 PM Session I

3:00 PM - 4:30 PM Session J



West Virginia Psychological Association



**in Psychological Services:**

## *Psychologists as Citizens*



**PO Box 11599  
Charleston, WV 25339**

### **Benefits of WVPA Membership**

As a member of WVPA, you enjoy a wide range of benefits!

You will stay current and competitive by attending our cutting-edge education conferences in the spring and fall with member discounts.

In some cases, the member conference discount more than pays for your annual dues!

You can grow your practice and improve your cash flow through our web-based referral and credit card acceptance programs.

You can rest easy knowing your profession and your patients are protected through our federal and state legislative advocacy efforts.

You can take advantage of outstanding opportunities for career and personal growth through our work with students and early career psychologists, association committee service and leadership opportunities.

You can make connections with colleagues through our subscription listserves, membership directory, and conferences.

You have access to quality and timely information through our public outreach programs, our monthly e-newsletter and our web site at [www.wvpsychology.org](http://www.wvpsychology.org).

**Just visit the web site and  
click the "join" tab!**