



West Virginia
Psychological Association
2021 Fall Conference
and WVPA Annual Business Meeting

Friday October 15 and Saturday October 16, 2021
Virtual



in Psychological Services:

*Professional Growth
During COVID-19:
Expanding Views of
Ethics, Diversity, and
Intervention*

Friday October 15, 2021

ECP-Student Panel Discussion:

8:00PM - 9:00PM

Saturday October 16, 2021

Registration Opens:

8:45AM - 9:00AM

**Appalachian and Rural Based
Communities: A Focus on Eth-
ics**

(Ethics CE – 1.5hrs)

9:00 AM - 10:30 AM

**Couples Therapy Treatment
Modalities for Relationship
Functioning and Individual Psy-
chopathology**

(CE –1.5 hrs)

10:45 AM - 12:15 PM

**WVPA Business Meeting/
Lunch**

12:15 PM -1:00P M

**Psychologist Well-being and
Competent Practice During
Community Crises**

(Ethics CE - 1.5 hrs)

1:00 PM - 2:30 PM

**It's all a Spectrum: Exploring
the History and Language of
LGBTQ+ Culture**

(CE - 1.5 hrs)

2:45 PM - 3:00 PM

Poster Session

3:30 PM - 4:45 PM

Interactive Trivia Event

5:00 PM - 6:00 PM



Welcome to the West Virginia Psychological Association Fall Conference!

Welcome to the WVPA Fall Conference 2021!

Earlier this summer, WVPA was faced with a challenging decision. We had hoped to welcome all our members back to our first in-person conference in two years this fall during the height of fall colors at a state park. However, after surveying members and monitoring the ongoing COVID-19 levels in the state, we concluded that we would continue to offer our Fall Conference virtually.

While we sincerely miss getting to see you and interact in person, holding this year's conference virtually is allowing for increased participation for many. We are pleased to welcome one of our presenters all the way from Houston, Texas! Perhaps even more exciting is that we hope to welcome an unprecedented number of students of all levels as attendees and poster presenters this year. WVPA has engaged in outreach to colleges and universities across the state in an effort to increase student participation so we can continue to ensure that we represent the future of psychology in West Virginia!

We look forward to seeing you virtually during the conference and encourage you to join in as many of the events as possible, from traditional CE sessions, to the business meeting and poster session, to our trivia night hosted by the membership committee. Welcome!

Sincerely,

Brittany Canady, Ph.D., ABPP

2021 WVPA President-Elect, Program Chair

Rebecca Denning, Psy.D. ABPP

2021 WVPA President

Program Description

Our Presenters:

Jeffrey Boggess, Ph.D.
Marshall University

Dr. Boggess completed his PhD in Clinical Psychology at WVU in 1990. He has since served in several roles in the state, including as a former WVPA president. He currently works at Marshall University, where he teaches graduate-level ethics in addition to other coursework.

Abigail Dempsey, M.A.
Herschel "Woody" Williams VAMC

Abigail Dempsey (they/them) is a doctoral candidate at the University of Toledo and is currently completing their pre-doctoral internship at the Hershel "Woody" Williams VA. During their internship year, Abigail is working under the LGBTQ+ Veteran Care Coordinator, Dr. Robinett.

Donald (Andy) Godfrey, M.A.
University of Houston

Andy Godfrey is a fourth-year doctoral student at the University of Houston completing his training with Dr. Julia Babcock in the Marriage and Emotion Laboratory. He has authored several articles and book chapters on couples intervention and intimate partner violence.

Ally Layman
Branches Domestic Violence Shelter

Ally Layman is a (non-professional) rapid rehousing coordinator at Branches Domestic Violence Center and Co-founder/President of Huntington Pride.

Appalachian and Rural Based Communities: A Focus on Ethics

Dr. Jeffrey Boggess

Introductory: 1.5 CE (Ethics)

This presentation will provide the participant with a brief overview of the history, culture, and economics of the Appalachian Region of the United States. Unique ethical challenges for psychologists working in the region will be discussed and solutions to the most common ethical challenges found in rural and Appalachian settings will be outlined and discussed.

Learning Objectives:

1. Identify and analyze economic data from the ARC (Appalachian regional commission) and SSA (Social Security Administration) regarding the Appalachian region (and specifically WV).
2. Identify and list ethical situations that are common to Appalachian areas as compared to more urban based areas.
3. Apply current APA ethical principles and standards to common rural based ethical issues.
4. Demonstrate and design risk minimization strategies for common rural ethical dilemmas/situations.

Couples Therapy Treatment Modalities for Relationship Functioning and Individual Psychopathology

Donald (Andy) Godfrey, M.A.

Introductory: 1.5 CE

Couples therapy provides couples with the opportunity to explore and improve aspects of their relationship. Modalities for couples therapies will be reviewed with an emphasis on central traits of the different approaches and their effectiveness for improving relationship functioning as well as their effectiveness in symptom reduction for individuals.

Learning Objectives:

- 1, Describe differences in couples treatment modalities for relationship functioning, as well as central mechanisms of change across modalities.
2. Discuss research findings regarding effectiveness of couples therapy for treating relationship dissatisfaction.
3. Identify the appropriate use of couples therapy to treat individual psychopathology and the current research regarding effectiveness.

Program Description

Presenters (continued)

Shelia Robinett, Psy.D.
Herschel “Woody” Williams VAMC

Dr. Robinett is a psychologist at the Herschel “Woody” Williams VAMC in Huntington. Dr. Robinett is also a co-founder/executive board member of Huntington Pride and services as WVPA’s Diversity Representative-at-Large.

Chantel Weisenmuller, Ph.D.
West Virginia University School of
Medicine-Charleston

Dr. Weisenmuller is an Assistant Professor and Director of Child Psychology at WVSOM in Charleston. She is very active in WVPA, serving as WVPA’s APA Council Representative. She also chairs the Colleague Assistance Committee.

Psychologist Well-being and Competent Practice During Community Crises

Dr. Chantel Weisenmuller

Introductory: 1.5 CE (Ethics)

This presentation will explore the relationship between self-care and ethical practice during times of community crisis, with specific focus on managing heightened demand for services for psychologists in rural communities and/or those providing difficult to access specialty care.

Objectives:

1. Participants will identify signs of stress, distress, and burn-out and understand the impact of managing co-occurring personal and professional crises.
2. Participants will explain the importance of personal/professional boundaries during times of crisis and identify supports and resources to help establish and maintain these boundaries.
3. Participants will evaluate systemic and environmental factors contributing to professional pressures and develop strategies for advocacy, collaborative problem-solving, and system-level intervention.

It’s all a Spectrum: Exploring the History and Language of LGBTQ+ Culture

Dr. Shelia Robinett, Abigail Dempsey, MA, Ally Layman

Introductory: 1.5 CE

We will explore the relationship between LGBTQ+ communities and broader society over the decades and discuss the evolution of language used to describe various gender identities and sexual orientations, concluding with currently accepted language. Health disparities faced by LGBTQ+ individuals will be briefly discussed, followed by tips for partnering with community stakeholders for LGBTQ+ resource guides.

Learning Objectives:

1. Develop a working understanding of LGBTQ+ history and culture
2. Develop a working understanding of current LGBTQ+ language
3. Identify areas of health disparities for LGBTQ+ youth and adults
4. Increase personal awareness of strengths and weaknesses related to LGBTQ+ care
5. Identify effective steps for partnering with community stakeholders for LGBTQ+ resource guides

Please take note...

Americans with Disabilities Act

The West Virginia Psychological Association is committed to providing access and support to persons with special needs who wish to participate in programs we sponsor. We will reasonably accommodate your request when it is made in advance. Persons with special needs are encouraged to contact the WVPA office at 304.345.5805

Considerations

- ◇ All attendees must be registered.
- ◇ The presentations begin promptly at the assigned times throughout the day.

Virtual Format

This conference will be held virtually via Zoom. A link will be provided by email to all those who register, which you can use to access all conference events at the specified times. To ensure that you can access the conference, please be sure that your devices and software are compatible with Zoom.

CE Credits for Psychologists

WVPA is approved by the American Psychological Association to sponsor continuing education for psychologists. APA Standards for awarding credit prohibit offering variable credit for partial workshop attendance. **Those arriving late or leaving a workshop early will not receive CE credit.** The WVPA maintains responsibility for this program and its contents. Please allow time to sign-in for CE before class is scheduled to begin.

Please note that this training meets the Ethics continuing education requirements of the West Virginia Board of Examiners of Psychologists.



The West Virginia Psychological Association (WVPA) is approved by the American Psychological Association to sponsor continuing education for psychologist. WVPA maintains responsibility for this program and its contents.

Registration

You may register online at:
<http://wvpsychology.org/>

Cancellation Policy

We are not able to issue refunds nor exchanges to another training date or location.

Grievance Procedures

The West Virginia Psychological Association (WVPA) is fully committed to conducting all activities in strict conformance with the American Psychological Association's Ethical Principles of Psychologists.

When a participant, either orally or in written format, files a grievance and expects action on the complaint, the following actions will be taken.

1. If the grievance concerns a speaker, the content presented by the speaker, or the style of presentation, the individual filing the grievance will be asked to put his/her comments in written format. The CE Chair will then pass on the comments to the speaker, assuring the confidentiality of the grieved individual.
2. If the grievance concerns a workshop offering, its content, level of presentation, or the facilities in which the workshop was offered, the convention chair will mediate and will be the final arbitrator. If the participant requests action, the convention chair will:
 - a. attempt to move the participant to another workshop or
 - b. provide a credit for a subsequent year's workshop
or
 - c. provide a partial or full refund of the workshop fee.Actions 2b and 2c will require a written note, documenting the grievance, for record keeping purposes. The note need not be signed by the grieved individual.
3. If the grievance concerns a WVPA CE program, in a specific regard, the CE Chair will attempt to arbitrate.

Please contact WVPA Executive Director Jocelyn Brown, Psy.D. at info@wvpsychology.org to submit a complaint, or if you have additional questions.

Benefits of WVPA Membership

- ◇ As a member of WVPA, you enjoy a wide range of benefits!
- ◇ You will stay current and competitive by attending our cutting-edge education conferences in the spring and fall with member discounts.
- ◇ In some cases, the member conference discount more than pays for your annual dues!
- ◇ You can grow your practice and improve your cash flow through our web-based referral and credit card acceptance programs.
- ◇ You can rest easy knowing your profession and your patients are protected through our federal and state legislative advocacy efforts.
- ◇ You can take advantage of outstanding opportunities for career and personal growth through our work with students and early career psychologists, association committee service, and leadership opportunities.
- ◇ You can make connections with colleagues through our listservs, membership directory and conferences.
- ◇ Finally, you have access to quality and timely information through our public outreach programs, our award-winning newsletter and our web site at www.wvpsychology.org.

Visit our website and click the "join" tab!

WVPA Fall Conference

Registration Form (If Registering By Mail)

Full Conference Registration

Your Name :

Employer/Practice Name:

Address:

Work Phone:

Email:

Full Conference Registration

\$ 40 Conference Rate

\$ 25 WVPA Member Discounted Rate

\$ 0 Student Rate

Late Registration Fees

\$25 Add to all registrations received after October 8 and before October 14

\$50 Add to all registrations received October 14 or 15

Make checks payable to:

WVPA
PO Box 11599
Charleston, WV 25339

