



West Virginia Psychological Association **2018 Fall Conference** and WVPA Annual Meeting

October 12-13, 2018
Stonewall Resort
Roanoke, WV

Training Sessions delivering
12 Continuing Education
Units for Psychologists

Poster Session for
Professionals and Students
(Juried Awards for Students)

Annual Business Meeting

Dinner & WVPA Officer
Installation

ECP/Student Mixer

Silent Auction to Benefit
Student Scholarships

Commitment
to **E**xcellence

in Psychological Services:

*Psychology:
Part of the
Solution*



Conference Schedule at a Glance

Friday, October 12, 2018

Registration

7:00AM - 3:00 PM

Continental Breakfast

7:00AM - 8:00 AM

Exhibit Area Open

8:00 AM - 3:00 PM

Session A: *Using Community Collaboration to Expand Psychology Practice, Increase Care Access, and Positively Impact Clients with Substance Use Disorders*

8:00 AM - 9:30 AM (1.5 CE)

Session B: *Workplace Violence in Healthcare: A Discussion of Threat Management Strategies Being Used in the VA Healthcare System*

8:00 AM - 9:30 AM (1.5 Veteran CE)

Refreshment break

9:30 AM - 10:00AM

Session C: *Hidden Addictions in Your Clinical Practice: The Challenges of Assessing & Treating Unacknowledged Addiction in Clients*

10:00 AM - 11:30 AM (1.5 CE)

Session D: *LGBTQ Civilian and Transgender Veteran Suicide*

10:00 AM - 11:30 AM (1.5 Veteran CE)

Luncheon and WVPA Business Meeting

11:30 AM - 1:00 PM

Session E: *Self-Care as a Foundation for Ethical Practice; Exploring the Benefits of and Need for Colleague Assistance: A Panel Discussion*

1:00 PM - 4:30 PM (3.0 Ethics CE)

Refreshment break

2:30 PM - 3:00 PM

Poster Session and Cash Bar Reception

5:00 PM - 6:00 PM

Silent Auction to Benefit Student Scholarships

5:00 PM - 9:00 PM

Dinner, Juried Poster Awards, Officer Installation

6:00 PM - 8:00 PM

Student/ECP Mixer

TJ Muskies Lounge 8:00 PM - 9:00 PM

Saturday, October 13, 2018

Registration

7:30 AM - 12:00 PM

Continental Breakfast

7:30 AM - 8:30 AM

Exhibit Area Open

8:00 AM - 3:00 PM

Session F: *The Role of Psychologists in Today's Political Climate*

8:30 AM - 10:00 AM (1.5 CE)

Refreshment break

10:00 AM - 10:30 AM

Session G: *An Examination of Prescriptive Authority for Psychologists*

10:30 AM - 12:00 PM (1.5 CE)

Lunch

12:00 PM - 1:00 PM

Session H: *The Impact of Parental Opioid Use on Children; A Multisystemic Approach to Supporting Children Exposed to Opioids Prenatally; Treating Pregnant & Postpartum Mothers with Opioid Use Disorder*

1:00 PM - 4:30 PM (3.0 CE)

Refreshment break

2:30 PM - 3:00 PM

Conference adjourns 4:30 PM

12 hours of APA Approved Continuing Education for psychologists are offered.

*Thank you for attending the WVPA Fall 2018 Conference!
Please make plans to join us in Morgantown for our Spring educational event on Friday, April 5, 2019.*

Please register online at www.wvpsychology.org

Friday, October 12th

Session A

Using Community Collaboration to Expand Psychology Practice, Increase Care Access, and Positively Impact Clients with Substance Use Disorders

Intermediate Level - 1.5 CE

Jonathan Hartiens, PhD and Tim Czaja, BA

In this experiential and interactive workshop, we will review the challenging dynamics of treating addiction in an outpatient setting. Participants will learn about the WV Supreme Court mandate to establish Day Report Centers in each county to provide case management and SUD treatment to non-violent offenders. We will discuss 3 models for working with these clients, as well as a unique, collaborative model established between Mountaineer Behavioral Health and the Berkeley County Day Report Center. Attendees will learn how this community collaboration changes the outpatient treatment dynamics by increasing motivation, compliance, and positive outcomes. Using this model, participants will learn how they can exponentially leverage their time, impact the lives of the underserved, and help reduce tax payer expenditures. Finally, attendees will identify local barriers to treatment and opportunities to apply or adapt the Berkeley County Model to their own community. Attendees will be able to take innovative ideas and apply them immediately to their local community.

By the end of the session, participants should be able to:

- Explain the neurobiology of addiction and how this negatively affects motivation for treatment among SUD patients and results in treatment resistance, non-compliance and high relapse in traditional outpatient treatment;
- Describe the requirements of the state mandated Day Report Centers and how these are available partners for providing collaborative care in each county;
- List the models used by Day Report Centers for managing non-violent offenders and how the collaborative model is the best model for effective outcomes;
- Compare and critique different applications of the Berkeley County Model to each attendee's respective community and how it can be adapted to expand psychology practice as well as reach an underserved populations.

Our Presenters

Marty Amerikaner, PhD

Dr. Amerikaner is a Professor Emeritus (Psychology) at Marshall University, where he was a faculty member for close to 30 years. He is completing his second term as WVPA's representative to the APA Council of Representatives, is a Past-President and past Member-at-Large of the WVPA Board and was named a Fellow of WVPA several years ago. He served on the WV Board of Examiners of Psychologists from 2000-2006.

Keith Beard, PsyD

Dr. Beard earned his bachelor's degree from West Virginia University, a master's degree in clinical psychology from Marshall University, and his Doctor of Psychology (PsyD) from Wright State University. Dr. Beard is the program director for Marshall University's APA accredited PsyD program. In addition to his teaching and administrative duties, he has a small private practice. He is the past president of WVPA and has also served as the organization's treasurer.

Corey Boothe, MA

Corey Boothe, M.A. is a fourth year graduate student in Marshall University's Psy.D. Program. He is an integral part of Dr. Miriyala's research team. His clinical interests include families at risk, parent-child interaction, assessment, and psychological factors contributing to technology use.

Heather Brown, PhD

Dr. Brown received her PhD in Counseling Psychology from WVU. She is licensed as a Psychologist and Professional Counselor in WV, and is a nationally Certified Employee Assistance Professional (CEAP). Dr. Brown has worked in community mental health, domestic violence, child abuse, and employee assistance. She is employed at the Louis A. Johnson VAMC in Clarksburg, and has been the Supervisory Program Specialist/Local Recovery Coordinator since 2007, and Chair of the Disruptive Behavior Committee since 2017.

Brittany Canady, PhD, ABPP

Dr. Canady completed her Ph.D. in Clinical Psychology at the University of Houston. She attended clinical internship and postdoctoral fellowship in Adult Clinical/Behavioral Medicine at Geisinger Medical Center. Dr. Canady has achieved Board Certification in Clinical Health Psychology. She is currently employed as an Assistant Professor in the Department of Psychology at Marshall University, where she teaches a range of courses in clinical and health psychology at both graduate and undergraduate levels.

Tim Czaja, BA

Tim Czaja is a native of Martinsburg, WV. After graduating from high school, he served in the United States Army as an artilleryman and a recruiter. He graduated from the University of Valley Forge with a BS in Psychology and obtained certifications as an Alcohol and Drug Counselor and an ARISE Interventionist. He has 12 years of experience working with individuals with substance use disorders and now serves as the Director of Berkeley County Community Corrections, overseeing the operations of the Berkeley Day Report Center and the Berkeley County Home Confinement program.

Our Presenters (continued)

Jonathan Hartiens, PhD

Dr. Hartiens is a Psychologist with 20 years experience in the treatment of substance use disorders. He served as a Navy Psychologist after completing his doctoral internship at National Naval Medical Center in Bethesda, MD. He was on staff at the VAMC Medical Center, Martinsburg, where he worked at the Center for Addiction Treatment as both a psychologist and the Program Director. He has been awarded grants to expand addiction treatment into rural areas, including the \$3 million Ryan Brown grant to build a residential substance abuse treatment facility in Berkeley County, WV.

Christina Lawrence, MA

Christina Lawrence is a 4th year graduate student pursuing her Psy.D. at Marshall University, where she is also a graduate research assistant for Dr. Canady. She is a student member of the West Virginia Psychological Association Colleague Assistance Committee .

Debra Lilly, PhD, ABPP

Dr. Lilly is a West Virginia native who obtained her Ph.D. in Counseling Psychology from Ball State University in Muncie, Indiana. She is employed at the Beckley VAMC as a psychologist and has a private practice, as well. She has served as the chair of the Disruptive Behavior Committee since 2016. She has clinical experience in a variety of settings and is board certified in Geropsychology by the American Board of Professional Psychology (ABPP). Currently, her primary area of practice is Home Based Primary Care.

Conrae Lucas-Adkins, PsyD

Dr. Lucas-Adkins is an assistant professor of school psychology in the College of Education and Professional Development at Marshall University. Dr. Lucas is licensed in WV as a school psychologist and continues to practice school psychology on a contractual basis in WV public schools. Her research interests include examining the long term effects of neonatal abstinence syndrome and early adverse experiences on the cognitive, behavioral, and emotional development of children, and building supports within the schools to promote healthy development.

Jennifer Mills Price, PsyD

Dr. Price is an assistant professor in the Department of Psychiatry and Behavioral Medicine at Marshall's Joan C. Edwards School of Medicine, where she provides adult outpatient therapy, medication assisted treatment (MAT) therapy, and clinical and forensic assessment. She is adjunct clinical faculty for Marshall's Psy.D. Program. She is a licensed psychologist in WV and is a Board-approved clinical supervisor. She is a BHHF-approved forensic evaluator and is chair of the WVPA/WVAPP Joint Child Abuse and Neglect Committee.

Session B

Workplace Violence in Healthcare: A Discussion of Threat Management Strategies Being Used in the VA Healthcare System

Intermediate Level - 1.5 CE

Linda Pennington, PsyD, Debra Lilly, PhD, ABPP, and Heather Brown, PhD

Violence in the workplace is a serious problem. According to NBC Nightly News (6/28/18), there have been 154 mass shootings in the U.S. this year to date. Such incidents have included healthcare facilities and personnel. Healthcare facilities are unique workplaces in that they must balance the needs of patient care with the needs of worker safety. As psychologists, we are in a position to utilize our expertise in assessment and management of behavioral issues to minimize risk in the healthcare setting. The presenters of this session are the Chairpersons of multi-disciplinary Disruptive Behavior Committees (DBC) at their respective Veterans Affairs (VA) Medical Centers in WV. The purpose of DBC is to “evaluate the risk of violence in a given setting or situation, with a given patient and to recommend measures that may be taken to mitigate that violence risk” (VHA DIRECTIVE 2010-053). The presenters will provide attendees with a brief overview of the scope of this issue, and share their expertise in utilizing the systems in place in VA to prevent, assess, and therapeutically manage threats of violence by Veteran patients, to continue to provide care in a safe manner for both patients and staff. The session will include a conversation with attendees to facilitate adaptation of these systems and strategies to other healthcare settings.

By the end of the session, participants should be able to:

- Describe the scope of violence in the workplace, specifically in healthcare settings;
- Discuss Joint Commission (JC) and Occupational Safety and Health Administration (OSHA) guidelines as they pertain to addressing workplace violence;
- Compare risk management strategies that have been utilized in the VA healthcare system with those in their respective healthcare systems;
- Discuss how to adapt threat management strategies utilized in the VA healthcare system to their respective healthcare systems.

Session C

Hidden Addictions in Your Clinical Practice: The Challenges of Assessing & Treating Unacknowledged Addiction in Clients

Intermediate Level - 1.5 CE

Lisa Platt, PhD and Frankie Tack, MS, AADC, CCS, NCC

Unacknowledged addiction describes the clinical circumstance when a client comes to therapy with other presenting concerns (i.e.: mood disorders, anxiety disorders), but also may have a co-occurring addiction concern that is not initially disclosed or is minimized. There are numerous systemic, social, cultural, and psychological reasons addiction may not be directly acknowledged by clients. This roundtable session will begin with didactic information to orient participants to the topic. The session will then lead into a structured discussion with participants about the nature of unacknowledged addiction in their clinical practice, assessments used, and treatment planning. The session will also cover the importance of considering the client's readiness for change. Handouts covering relevant references, empirically-based assessments, and suggestions for treatment planning will be provided.

By the end of the session, participants should be able to:

- Describe and define the concept of unacknowledged addiction;
- List relevant empirically-based substance abuse assessments;
- Explain the importance of unacknowledged addiction in clinical practice.

Our Presenters (continued)

Kalpna Miriyala, MD

Dr. Miriyala is an assistant professor in Child and Adolescent Psychiatry in the Department of Psychiatry and Behavioral Medicine at Marshall University School of Medicine. She has an interest in infant and toddler mental health, and is a member of the Academy of Fellows with Zero to Three. In addition to providing psychiatric treatment to children and adolescents in the university clinic, and providing clinical supervision to residents, she also has research interest in the long-term effects of prenatal exposure to opiates.

Neal Morris, EdD, MS

Dr. Morris obtained his doctorate in school psychology and counseling from the University of South Dakota, and most recently, completed a postdoctoral MS in Clinical Psychopharmacology through Alliant International University/California School of Professional Psychology. Dr. Morris is board certified in Clinical Psychology (ABPP) and Behavioral Sleep Medicine (CBSM), and he is a Fellow of the American Psychological Association. Dr. Morris maintains psychology practice in both Maryland & West Virginia.

Linda Pennington, PsyD

Dr. Pennington obtained her PsyD from Argosy University in Atlanta, GA and completed her internship at the William "Bill" Hefner VAMC in Salisbury, NC. She is employed at the Hershel Woody Williams VAMC in Huntington, WV, where she worked as a staff psychologist on the PTSD Clinical Team, and later served as the coordinator of the Trauma Recovery Team. She serves as the Chief of Psychology and has served as the chair of the Disruptive Behavior committee for the past 8 years. She also serves as a member of the Employee Threat Assessment team.

Lisa Platt, PhD

Dr. Platt, received her Ph.D. in Counseling Psychology from Penn State University in 2008. She is currently an assistant professor of Counseling Psychology at West Virginia University. She is also a licensed psychologist in West Virginia. Dr. Platt's research specializes in multicultural psychology, with a focus on sexual orientation, gender, gender diversity, and family topics.

Shelia Robinett, PsyD

Dr. Robinett earned a BA in Psychology & Sociology from Concord University, and a MA and PsyD from Marshall University. She is employed at the Hershel "Woody" Williams VAMC in Huntington, WV as the LGBT Veteran Care Coordinator and Pain Psychologist. Dr. Robinett's specialties include conducting pre-cross sex hormone and pre-surgical psychological assessments and providing psychotherapy for the treatment of Gender Dysphoria. She is Adjunct Clinical Faculty for the Marshall University Department of Psychology and serves as training faculty for the Doctoral Internship in Professional Psychology at the VAMC.

Our Presenters (continued)

Billy Rutherford, PsyD

Dr. Rutherford serves as a clinical psychologist in the trauma recovery program (TRP) at the Hershel Woody Williams VA Medical Center in Huntington, WV. His clinical interests include evidence-based therapies for trauma-related disorders and couples. He also serves as a clinical supervisor for pre-doctoral interns completing rotations in PTSD treatment. Dr. Rutherford earned a Psy.D. from Marshall University.

Lisa Ryan, PsyD

Dr. Ryan obtained her PsyD from Marshall University in 2011. After training future physicians at the WV School of Osteopathic Medicine she moved to Aurora, WV where she now provides psychotherapy and assessment services with Wellspring Family Medicine in Terra Alta, WV. She also participates in the crisis services at Garrett Regional Medical Center in Oakland, MD. Dr. Ryan is dedicated to serving and meeting the unique needs of patients in rural areas.

Jennifer Storer-Hughes, PhD

Dr. Hughes is a senior psychologist at the Charleston Area Medical Center, Family Resource Center, where she works with adolescent and adult outpatients. She is involved with the pediatric oncology team, the peer support program, and the Children's Advocacy Center at Women's and Children's Hospital. Dr. Hughes earned her Ph.D. from Ohio University in 2014, and completed her internship at Charleston Area Medical Center School of Medicine, Charleston Division, where she is currently a clinical assistant professor.

Frankie Tack, MS, AADC, CCS, NCC

Frankie Tack has worked and taught in the addiction field for twenty years. She is currently a Clinical Assistant Professor and Addiction Studies Minor Coordinator in the Counseling Department at West Virginia University. Her clinical experience includes counseling, supervision and management in detox, outpatient, intensive outpatient, day treatment and residential settings. Her areas of special interest include families, women, and the LGBT population.

Chantel Weisenmuller, PhD

Dr. Weisenmuller completed her Ph.D. in Clinical Psychology at the University of Kentucky and her predoctoral internship at Nationwide Children's Hospital. She is an Assistant Professor and Director of Child Psychology in the Department of Behavioral Medicine and Psychiatry at WVU School of Medicine- Charleston Campus. Dr. Weisenmuller has also practiced as a licensed clinical psychologist in rural Appalachian communities, providing services to children, adolescents, adults, and families in outpatient, residential, correctional, and developmental center settings. She serves as the chair of the Colleague Assistance Program Committee for WVPA.

Session D

LGBTQ Civilian & Transgender Veteran Suicide

Introductory Level - 1.5 Veteran CE

Shelia Robinett, PsyD and Keith Beard, PsyD

In this workshop, participants will learn about how the minority stress model contributes to suicide-risk in the LGBTQ population, with specific focus on adolescents and the transgender veteran population. Life experiences, health disparities, and comorbidities that contribute to LGBTQ suicide risk will be reviewed. The application of the minority stress model to develop suicide risk reduction strategies for particular populations such as transgender veterans will also be reviewed.

By the end of the session, participants should be able to:

- Explain experiences unique to specific populations that contribute to suicide risk;
- Demonstrate an understanding of how the minority stress model contributes to suicide risk;
- Identify health disparities and comorbidities that impact specific LGBTQ populations and their suicide risk;
- Identify the prevalence of transgender veterans and suicide behavior rate of transgender veterans accessing VHA healthcare;
- Discuss strategies for reducing suicide risk among those in the LGBTQ population.

Session E

Self-Care as a Foundation for Ethical Practice; Exploring the Benefits of & Need for Colleague Assistance

Introductory Level - 3.0 Ethics CE

Chantel Weisenmuller, PhD, Brittany Canady, PhD, ABPP, Christina Lawrence, MA

This symposium explores the relationship between psychologist well-being and ethical, competent practice over the course of the professional career. Due to the nature of our work, psychologists face the possibility of personal distress, burn-out, and vicarious traumatization over the course of our careers. Participants will engage in self-reflection and assessment of their self-care needs/practices and develop personal cope-ahead plans & resources

WVPA is developing a Colleague Assistance Program (CAP), designed to meet the needs of psychologists in WV. Results of a survey of WVPA members, non-members, and graduate students will be presented regarding perceived needs and desired functions of a WVPA CAP. Questions and feedback will be sought from attendees to assist in shaping the CAP to best support West Virginia psychologists in engaging in ethical practice.

By the end of the session, participants should be able to:

- Discuss how distress & burn-out may increase vulnerability & impair professional competence or ethical lapses;
- Assess personal self-care needs and practices;
- Create personal self-care plans to implement in support of their practice of psychology;
- Describe key features of colleague assistance programs.

Saturday, October 13th **Session F**

The Role of Psychologists in Today's Political Climate

Introductory Level - 1.5 CE

Jennifer Storer-Hughes, PhD

This workshop will provide information and opportunities for discussion around the topic of psychologists' role in today's political climate. Lately, it's been difficult to "stay out of" politics, as most of us are exposed to political content on a daily basis. Hot-button issues and strong opinions can leave us with a range of concerns and feelings, including questions about our own personal and professional roles and involvement. Psychologists' roles will be considered from the perspective of advocacy, clinical practice, education, research, and interdisciplinary collaboration. Participants will be encouraged to examine their current professional practices, and ways in which those practices might be expanded. Participants will assess their own comfort with various topics and roles, and consider how their personal lives intersect with their professional roles. We will discuss examples of professional situations in which political issues may arise, the challenges associated with these conversations, and ideas for navigating them in a diplomatic way. Time will also be dedicated to the issue of self-care and managing one's own emotions and reactions in the face of difficult conversations. The presentation will include information related to psychologists' ethics and responsibilities, with an emphasis on self-examination and personal growth, enhancing awareness, and open-mindedness.

By the end of the session, participants should be able to:

- Assess their own political perspectives and how these are influenced by their individual personal situations and experiences, as well as how they affect their professional work;
- Analyze and increase their comfort with and tolerance for appropriate political conversation and identify ways to utilize their professional skills to diplomatically navigate politically charged situations;
- Describe the political role of the American Psychological Association nationally, and how to leverage their skills and knowledge on an individual level for the advancement of psychologically sound policies;
- Identify and create a plan to address at least one aspect of their professional practice in which they can be more sensitive to current political issues;
- Predict personal reactions and responses to challenging political topics, and develop a plan for self-care to prevent professional burnout and personal demoralization.

CE Credits

WVPA is approved by the American Psychological Association to sponsor continuing education for psychologists. APA Standards for awarding credit prohibits offering variable credit for partial workshop attendance. **Those arriving late or leaving a workshop early will not receive CE credit.** The WVPA maintains responsibility for this program and its contents.

Please allow time to sign-in for CE before class is scheduled to begin.



The West Virginia Psychological Association (WVPA) is approved by the American Psychological Association to sponsor continuing education for psychologists. WVPA maintains responsibility for this program and its contents.

Silent Auction

On Friday evening, WVPA will conduct a silent auction, with all proceeds going to student scholarships to attend future WVPA training events.

We invite every conference attendee to bring a new or very gently loved pre-owned item(s) to place up for bids. Items of interest may include gift cards to shops or restaurants, collectibles, memorabilia, framed photographs, art, books, etc. In addition, if you know a business owner or manager, please ask them to consider donating an item for our auction.

We will place the items on display, along with bidding sheets for you to place your bid. To add some fun, we will ask you to register with a pseudonym to keep other bidders guessing.

Please plan to stop by & place a few bids to benefit our students and future psychologists!!

Cancellation Policy

Registration is payable in full PRIOR to the event. Please pre-register prior to September 24 for the best rate. In the event of a cancellation prior to 72 hours before the event (by noon), all fees paid shall be refunded except for a \$25 per person processing charge. Cancellations less than 72 hours before (by noon) shall be subject to a processing charge of 50% of the published selected fee of the event registration to cover costs incurred in sponsoring the program.

Grievance Procedures

The West Virginia Psychological Association (WVPA) is fully committed to conducting all activities in strict conformance with the American Psychological Association's Ethical Principles of Psychologists.

When a participant, either orally or in written format, files a complaint and expects action on the complaint, the following actions will be taken.

1. If the grievance concerns a speaker, the content presented by the speaker, or the style of presentation, the individual filing the grievance will be asked to put his/her comments in writing. The CE Chair will pass the comments to the speaker, assuring confidentiality of the grieved individual.
2. If the grievance concerns a workshop offering, its content, level of presentation, or the facilities in which the workshop was offered, the CE chair will mediate and will be the final arbitrator. If the participant requests action, the CE chair will:
 - a. attempt to move the participant to another workshop or
 - b. provide a credit for a subsequent year's workshop or
 - c. provide a partial or full refund of the workshop fee.

Actions 2b and 2c will require a written note documenting the grievance for record keeping purposes. The note need not be signed by the grieved individual.

3. If the grievance concerns a WVPA CE program, in a specific regard, the CE Chair will attempt to arbitrate.

Please contact WVPA Executive Director, Dr. Jocelyn Burum at info@wvpsychology.org to submit a complaint, or if you have additional questions.

Session G

An Examination of Prescriptive Authority for Psychologists

Introductory Level - 1.5 CE

Lisa Ryan, PsyD, Marty Amerikaner, PhD, Neal Morris, EdD, Billy Rutherford, PsyD (Moderator)

WVPA was approached by a state legislator in November 2017 about prescription privileges for psychologists in the state. He hoped to incentivize WV as a place for psychologists to practice. Another goal was to address access to care (especially in rural areas) related to behavioral health specialists. Although no legislation has been introduced, his proposal compelled the initiation of discourse regarding this topic. In this roundtable discussion, a facilitator will provide results from a survey of WVPA membership, information about prescriptive privileges in other states, and research related to the benefits and costs of psychologists prescribing psychotropic medications to patients. A moderator will encourage panelists and participants to share their ideas/comments/concerns about this issue.

By the end of the session participants should be able to:

- Assess the results of a survey of WVPA membership focusing on beliefs about prescriptive authority for psychologists;
- Compare the history and practical concerns of other states that allow psychologists to have prescriptive authority to those we might experience in West Virginia;
- Discuss the pros and cons of prescriptive authority for Psychologists in West Virginia.

Session H

The Impact of Parental Opioid Use on Children; A Multisystemic Approach to Supporting Children Exposed to Opioids Prenatally; Treating Pregnant & Postpartum Mothers with Opioid Use Disorder

Introductory Level - 3.0 CE

Kalpna Miriyala, MD, Conrae Lucas-Adkins, PsyD, Jennifer Mills Price, PsyD, Corey Boothe, MA

Infants born to mothers who used opioids while pregnant commonly experience neonatal abstinence syndrome (NAS) during the first days of their lives; long-term outcomes for children with NAS are less well known. The incidence of prenatal opioid exposure continues to rise and it is imperative to better understand the impact of this exposure on children, and how to intervene with these children and their families. Dr. Miriyala will discuss the current knowledge on this fascinating and highly relevant topic. She will share her own research into long-term behavioral outcomes of children with histories of NAS. Early research into long-term outcomes of children with NAS suggest deficits in academic performance that are progressive over time. Dr. Lucas-Adkins and Corey Boothe will discuss the psychological and behavioral evaluations most helpful for making recommendations within schools. They will address the efforts of the WV Dept. of Education, and how a multisystem approach can best support children exposed to opioids prenatally. Dr. Price will discuss the Maternal Addiction Recovery Center (M.A.R.C.) program, a joint effort of Marshall Psychiatry and Marshall Obstetrics & Gynecology. She will share characteristics of the population the program serves, the hierarchy of goals working with pregnant women with OUD, and the objectives through which these goals are realized. Dr. Price will describe how the treatment team works together, how the team communicates with agencies outside of our program, including CPS, and efforts the Greater Huntington Area community has taken to support pregnant and parenting mothers with OUD and their prenatally exposed children.

By the end of the session participants should be able to:

- Explain short and long term effects of prenatal opioid exposure on children;
- Utilize Adverse Childhood Experiences (ACE's) research findings when working with children who have been exposed to opioids prenatally;
- List psychological and behavioral evaluations that can be used to generate useful recommendations for children who have been exposed to opioids prenatally;
- Describe evidence-based components of a MAT program for pregnant and parenting women;
- Apply recommendations from these presentations to increase interdisciplinary collaboration when working with children who have been exposed to opioids prenatally, and their families, in their own communities.

Please take note...

Americans with Disabilities Act

The West Virginia Psychological Association is committed to providing access and support to persons with unique needs who wish to participate in programs we sponsor. We will reasonably accommodate your request when it is made in advance. Persons with unique needs are encouraged to contact the WVPA Executive Director, Dr. Jocelyn Burum at info@wvpsychology.org by Sept. 24, 2018

Conference & Lodging fees

Conference participants are responsible for making their own lodging arrangements. In order to receive the full resort benefits of the conference, including snacks, meals, etc., please utilize the WVPA room block by making your conference hotel reservation by phoning Stonewall Resort at 304-269-7400. To ensure you receive our room rate of \$225 per person/night single (\$160 per person/night double), plus resort fee and taxes, you must identify yourself as being with the WV Psychological Association. For any questions or concerns regarding room reservations, please contact Leslea at (304)269-8823.

Meals

Included in the full conference registration fee are the following meals: two continental breakfasts, two lunches, four refreshment breaks, and one dinner.

Dietary Requests

Special dietary requests for vegetarian or other special meals must be indicated on your registration form. Substitutions cannot be honored during meal functions. Medically necessary diets cannot always be accommodated by Stonewall Resort, please email or phone the WVPA office at 304 345-5805 if you have questions.

Considerations

- Please turn off cell phones during workshops and leave the meeting room to answer calls.
- Please bring a sweater or light jacket, as it is often difficult to precisely control meeting room temperatures.
- To protect those with allergies, please avoid strong after-shave, cologne or perfume.
- Please be sure to visit with each exhibitor. They enhance our conference and are here to support WVPA.
- All attendees must be registered and should wear name badges at all WVPA scheduled conference events.

WVPA Fall Conference Registration Form

(To Register by Mail)

(Fees listed on next page)

Your Name (as you would like it to appear on badge):

Employer/Practice Name:

Address:

City, State, Zip:

Work Phone:

Email:

Guest/spouse name to appear on badge:

_____ Please indicate if you require vegetarian meals.

Using the workshop descriptions as your guide, please indicate, by checking the box, the sessions you wish to attend. An accurate count of those attending conference functions is needed to ensure adequate handout materials, classroom comfort, and meal counts.

Friday, October 12, 2018

- 7:00 AM - 8:00 AM *Continental Breakfast*
- 8:00 AM - 9:30 AM *Session A*
- 8:00 AM - 9:30 AM *Session B*
- 10:00 AM - 11:30 AM *Session C*
- 10:00 AM - 11:30 AM *Session D*
- 11:30 AM - 1:00 PM *Lunch & Annual Business Mtg.*
- 1:00 PM - 4:30 PM *Session E*
- 5:00 PM - 6:00 PM *Poster Session*
- 6:00 PM - 8:00 PM *Dinner & Officer Installation*
- 8:00 PM - 9:00 PM *ECP & Student Mixer*

Saturday, October 13, 2018

- 7:30 AM - 8:30 AM *Continental Breakfast*
- 8:30 AM - 10:00 AM *Session F*
- 10:30 AM - 12:00 PM *Session G*
- 12:00 PM - 1:00 PM *Lunch*
- 1:00 PM - 4:30 PM *Session H*



Join by Sept. 3 to get the member discount for the WVPA Fall Conference October 12-13, 2018

WVPA Fall Conference Registration Fees

Full Conference Registration

(includes 12 CE hours/all events: two continental breakfasts, two lunches, four refreshment breaks, one dinner and all available handouts)

- \$275 Conference rate
- \$199 WVPA Member discounted rate
- \$ 75 Student conference rate
- \$ 50 WVPA Student Member discounted rate
- \$130 Full guest registration and all meals

Select **ONE** single day **OR** full registration.

Friday ONLY – October 7

- \$170 Single day conference rate
- \$125 WVPA Member discounted rate
- \$ 50 Student single day conference rate
- \$ 30 WVPA Student Member discounted rate
- \$ 90 Friday guest registration

Saturday ONLY – October 13

- \$170 Single day conference rate
- \$125 WVPA Member discounted rate
- \$ 50 Student single day conference rate
- \$ 30 WVPA Student Member discounted rate
- \$ 90 Saturday guest registration

Late registration fees

- \$ 25 Add to all registrations received after Sept. 24 and before October 5, 2018
- \$ 50 Add to all registrations received after October 5 and onsite at the conference

Total enclosed: \$ _____

Make checks payable to:

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Online Registration & Payments:

To register online & pay by credit card, please visit

www.wvpsychology.org.

Confirmations:

All registered and paid attendees will receive an email confirmation of registered events.

Onsite Registrations:

A \$25 fee will be charged for registrations received after September 24, 2018. A \$50 fee will be charged for registrations received after October 5, 2018 and onsite. Please register by September 24th for the best rate. No phone or fax registration, please.

Cancellation policy:

Registration is payable in full prior to the conference. In the event of cancellation prior to 72 hours before the conference, all fees paid shall be refunded except for a \$25 per person processing charge. Cancellation less than 72 hours prior to the conference shall be subject to a charge equal to 50% of the published selected conference registration fee to cover costs incurred in sponsoring the program and speakers. Call 304-345-5805 or email info@wvpsychology.org with questions.

**Early Conference Registration ends
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