



West Virginia
Psychological Association
2017 Spring CE Event
and WVPA Spring Business Meeting

Friday, April 7, 2017
WVU Building, CAMC Memorial Division
Charleston, West Virginia



in Psychological Services:

*Hot Topics for Psychologists
in the Mountain State*

Featuring presentations on:

Ethics and Risk Management,
Disordered Eating and
Substance Abuse

Sponsored by:



Registration

- Registration is payable in full by March 24 for the 2017 Spring CE Conference to avoid additional fees.
- The workshops begin promptly at their assigned times throughout the day.
- Registrations can be made online or by mail, and payment must accompany all registrations. No phone or fax registration is available.

Americans with Disabilities Act

The West Virginia Psychological Association is committed to providing access and support to persons with special needs who wish to participate in programs we sponsor. We will reasonably accommodate your request when it is made in advance. Persons with special needs are encouraged to contact the WVPA office at 304.345.5805 by March 24, 2017.

CE Credits

APA Standards for awarding credit prohibit offering variable credit for partial workshop attendance. **Those arriving late or leaving a workshop early will not receive CE credit.** Please allow time to sign-in for CE before class is scheduled to begin. You must return a FULLY COMPLETED evaluation form to receive your CE Certificate.



The West Virginia Psychological Association (WVPA) is approved by the American Psychological Association to sponsor continuing education for psychologists. WVPA maintains responsibility for this program and its contents.

Agenda

7:30 a.m. - 8:30 a.m.

Registration & Continental Breakfast
(4th floor WVU Building)

8:30 a.m.—12:00 p.m.

Risk Management Issues for Psychologists

10:00 a.m. - 10:30 a.m.

Refreshment break

12:00 p.m. - 1:00 p.m.

Lunch & WVPA Business Meeting

1:00 p.m.—2:30 p.m.

Food and Mood: The Assessment and Treatment of Disordered Eating and Co-Morbid Psychopathology

2:30 p.m.— 3:00 p.m.

Refreshment break

3:00 p.m.—4:30 p.m.

From “Chasing the Dragon” to “Shooting up Black Tar Heroin” – The Tale of West Virginia’s Opioid Epidemic

4:30 p.m.

Conference adjourns

Please note that WVPA will no longer be providing printed handouts. Instead, if you desire a hardcopy to follow along using the conference, we will post a PDF copy of the presentations on WVPA website at www.wvpsychology.org to print for your convenience. You will also be able to use this link to view presentations on your phone, tablet or laptop if you desire.

Area Hotels

Four Points by Sheraton, (304) 344-4092

Charleston Marriot Town Center, (304) 345-6500

Holiday Inn and Suites, (304) 744-4641

About the Presenter

Charlotte Hoffman Norris, Esq

Ms. Norris is an attorney with the law firm of Jenkins Fenstermaker, PLLC. Charlotte has practiced law in Huntington, WV for almost 27 years and throughout her career she has represented healthcare providers, including mental health care professionals. She also served as in-house counsel to River Park Hospital from 2001 to 2003, when it was locally owned and operated. She has published articles and given seminar presentations on various issues touching on healthcare practice, including the Emergency Medical Treatment and Active Labor Act, HIPAA (generally and its intersection with West Virginia law), healthcare risk management and managing impaired professionals.

Charlotte attended Agnes Scott College in Decatur, GA where she was inducted into the Mortar Board Society and Phi Beta Kappa. She earned her doctor of jurisprudence from Washington & Lee University in Lexington, VA, where she served two years as Co-Director of the Western State Legal Aid Society (providing legal representation to patients committed to Western State Hospital).

Charlotte has been recognized by her peers and listed with Best Lawyers in America. She recently completed a year with Leadership West Virginia. Her community service includes past leadership roles with Hospice of Huntington and Autism Services Center, as well as her service on the Boards of Facing Hunger Food Bank and Prester Center for Mental Health Services.

Although she grew up in North Carolina, Charlotte has made West Virginia her home and her heart is in Huntington with her husband, Greg, and their 10 year old son.

Friday Morning

Risk Management Issues for Psychologists

Charlotte Hoffman Norris, Esq Novice Level (3.0 Ethics CE)

This session will teach participants about the boundaries of professional ethics and legal liability in every day practice.

Objectives:

1. Identify current risk management issues for mental health care providers
2. Identify best practices to avoid legal and ethical liability.
3. Know when to seek legal counsel and when to report issues to liability carriers.

Friday Early Afternoon

Food and Mood: The Assessment and Treatment of Disordered Eating and Co-Morbid Psychopathology

Jenni Barenz, MS
Ellen Bluett, MS
Scott A. Fields, Ph.D.
Intermediate Level (1.5 CE)

This session will focus on the treatment of disordered eating among individuals experiencing a range of co-morbid psychopathology, including mood disorders, posttraumatic stress, OCD, and developmental disorders. Presenters will provide information on accurate assessment and diagnosis, including how to distinguish disordered eating from clinical eating disorders. Clinical presentations associated with disordered eating will be explored, including factors to consider when working with individuals experiencing co-occurring psychological disorders. Finally, presenters will provide education on evidence-based interventions for disordered eating, using both research and case examples as illustrations.

Objectives:

1. Differentiate between disordered eating and a clinical eating disorder
2. Understand how eating disorders may present in the context of co-morbid psychopathology
3. Use basic interventions to address eating disorder behaviors

About the Presenters

Jenni Barenz, MS

Jennifer D. Barenz, M.S., is a doctoral student from Colorado State University and is currently completing her pre-doctoral internship at WVU School of Medicine – Charleston Area Medical Center. Her interest in the etiology and treatment of disordered eating has developed through several clinical and research experiences. Jennifer has experience treating eating disorders across varying levels of care including inpatient, residential, partial hospitalization, intensive outpatient, and outpatient programs. Her thesis and dissertation focused on identifying etiological factors related to the development of disordered eating including trauma, emotion regulation, and meaning-making processes. She has published several peer-reviewed articles and book chapters and has presented her work at national and local conferences. She is currently completing a year-long internship rotation with the Disordered Eating Center of Charleston, where she works with an interprofessional team to treat disordered eating in children, adolescents, and adults.

Ellen Bluett, MS

Ellen J. Bluett, M.S., is a doctoral student in the Combined Clinical, Counseling, and School Psychology program in the Department of Psychology at Utah State University where she also received her Master of Science. She is currently completing her clinical internship at the West Virginia School of Medicine – Charleston Area Medical Center. Ellen was raised in Jacksonville, Florida and received her B.S. in bio-behavioral psychology from the University of Vermont. Prior to graduate school, she conducted research on the treatment of PTSD for two years at the University of Washington. She has been actively engaged in research investigating acceptance and mindfulness-based interventions for anxiety disorders and eating disorders. Specifically, her research has focused on understanding the role of fear reduction and toleration in the treatment of PTSD, OCD, and eating disorders. She has published several peer-reviewed articles, book chapters, and has presented her work at national conferences, annually. She intends to continue her research and practice after completing her clinical internship and earning her Ph.D.

About the Presenters

Scott A Fields, Ph.D.

Dr. Scott Fields is Professor and Director of Behavioral Science in the West Virginia University – Charleston Division Department of Family Medicine. Dr. Fields earned his Ph.D. in Clinical Psychology from Ohio University in 2002 after completing an American Psychological Association approved Internship at CAMC/West Virginia University School of Medicine – Charleston Division. In his time as faculty at WVU, Dr. Fields has been actively involved in developing behavioral health curriculum for Family Medicine residents, medical students, and psychology interns. He is the chair of the Institutional Scientific Review Board of CAMC/WVU-Charleston and has published several peer-reviewed articles on behavioral health outcomes, co-authoring a book titled "Essentials of Outcome Assessment." Dr. Fields is a committee member for the Forum for Behavioral Science in Family Medicine and is the coordinator of the Forum's Clinical Practice Update track. He is a past president (2015) of the West Virginia Psychological Association.

Hani Nazha, MD

Dr. Nazha graduated from University of Damascus, Medical School in 2004 then joined the Department of Cell Biology and Human Anatomy for three years concentrating on neuroanatomy and Biology. He traveled to the U.S., finished combined Internal Medicine and Psychiatry residency at CAMC/WVU Charleston division in 2012, and later obtained American Board certifications from the American Board of Internal Medicine and the American Board of Psychiatry and Neurology as well as a Master in Psychopharmacology from Neuroeducational Institute.

Dr. Nazha joined the West Virginia University School of Medicine Faculty in 2012 with combined appointments in the Internal Medicine Department and the Psychiatry Department. He was appointed Director of Consult Liaison Service in 2013, with primary interests in the neurological aspects of psychiatric illnesses and psychosomatic aspects of psychiatric health implications.

In late 2016, with the help of the CAMC Foundation, Dr. Nazha started building the "Clinical Opioid Addiction Treatment" (COAT) Program of Charleston to help Patients with Opioid Use Disorder and comorbid Medical Illness related to opioid use and pregnant patients, a program that will start accepting patients in March 2017.

Friday Mid-Afternoon

From "Chasing the Dragon" to "Shooting up Black Tar Heroin" – The Tale of West Virginia's Opioid Epidemic

Hani Nazha, MD Intermediate Level (1.5 CE)

This session is designated to discuss the Opioid epidemic in West Virginia, the consequences on society and health as well as ways to identify this growing problem and treat it.

Objectives:

1. Review the historical aspects of opioid use epidemic in United States and in West Virginia.
2. Discuss the harmful consequences of this epidemic on health of both individuals and society.
3. Discuss therapeutic techniques to address Opioid Use Disorder.

Cancellations

Registration is payable in full prior to the event. We cannot guarantee on-site registration space. Please re-register before March 24, 2017. In the event of a cancellation prior to 72 hours before, all fees paid shall be refunded except for a \$25 per person processing charge. Cancellations less than 72 hours before shall be subject to an additional processing charge of 50% of the published selected fee of the event registration to cover costs incurred in sponsoring the program.

Grievance Procedures

The West Virginia Psychological Association (WVPA) is fully committed to conducting all activities in strict conformance with the American Psychological Association's Ethical Principles of Psychologists.

When a participant, either orally or in written format, files a grievance and expects action on the complaint, the following actions will be taken.

1. If the grievance concerns a speaker, the content presented by the speaker, or the style of presentation, the individual filing the grievance will be asked to put his/her comments in written format. The CE Chair will then pass on the comments to the speaker, assuring the confidentiality of the grieved individual.
2. If the grievance concerns a workshop offering, its content, level of presentation, or the facilities in which the workshop was offered, the convention chair will mediate and will be the final arbitrator. If the participant requests action, the convention chair will:
 - a. attempt to move the participant to another workshop or
 - b. provide a credit for a subsequent year's workshopor
- c. provide a partial or full refund of the workshop fee.

Actions 2b and 2c will require a written note, documenting the grievance, for record keeping purposes. The note need not be signed by the grieved individual.

3. If the grievance concerns a WVPA CE program, in a specific regard, the CE Chair will attempt to arbitrate.

Please contact WVPA at info@wvpsychology.org to submit a complaint, or if you have additional questions.

Benefits of WVPA Membership

- ◇ As a member of WVPA, you enjoy a wide range of benefits!
- ◇ You will stay current and competitive by attending our cutting-edge education conferences in the spring and fall with member discounts.
- ◇ In some cases, the member conference discount more than pays for your annual dues!
- ◇ You can grow your practice and improve your cash flow through our web-based referral and credit card acceptance programs.
- ◇ You can rest easy knowing your profession and your patients are protected through our federal and state legislative advocacy efforts.
- ◇ You can take advantage of outstanding opportunities for career and personal growth through our work with students and early career psychologists, association committee service and leadership opportunities.
- ◇ You can make connections with colleagues through our subscription listserves, membership directory and conferences.
- ◇ Finally, you have access to quality and timely information through our public outreach programs, our award-winning newsletter and our web site at www.wvpsychology.org.

**Just visit the web site at
www.wvpsychology.org and
click the "join" tab!**

Registration Form 2017 WVPA Spring Event

Name: _____

Company: _____

Address: _____

Email: _____

Telephone: _____

Fees:

- \$250 Non-Member rate
- \$150 WVPA Member rate
- \$ 55 Student non-member rate
- \$ 25 WVPA Student Member rate
- \$25 Adopt-A-Student Add-On

- \$50 Add to all registrations after March 24

Total enclosed: \$ _____

- Please indicate if you require vegetarian meals.

**Join by March 11 to get the
member discount for the
WVPA Spring CE Event**

**Early Registration Deadline:
March 27, 2017**

To use a credit/debit card, please register
online at www.wvpsychology.org

Make checks payable to: WVPA

Mail Registration Forms with Payment to:
WVPA Spring Conference Registration
Attn: Jessica Luzier, Ph.D., ABPP
WVU Department of Behavioral Medicine
3200 MacCorkle Ave, SE
Charleston, WV 25304

For questions or concerns, please email
info@wvpsychology.org or call (304)345-5805

*Email confirmations will be sent to those providing the
necessary address**

**Please make plans to join us
in Charleston for our Fall
Conference scheduled
October 13-14, 2017**

