



West Virginia Psychological Association 2018 Spring Conference and WVPA Annual Business Meeting

Friday, April 27, 2018

Marshall University

Memorial Student Center, Room BE5
Huntington, WV

Additional Sponsors:



The Trust



Marshall University
Department of Psychology



The Wellness Center at
Marshall University



West Virginia Dept. of Health
and Human Resources
Bureau for Behavioral Health
and Health Facilities



in Psychological Services:

Trauma Informed Care & Seeking Safety



Welcome to the West Virginia Psychological Association Spring Conference!

Our Presenter:

Lisa Najavits, Ph.D.

Lisa Najavits, PhD, is professor of psychiatry at Boston University School of Medicine, adjunct professor at the University of Massachusetts Medical School, and a clinical research psychologist in the Veterans Affairs Healthcare System. Her clinical and research interests are substance abuse, trauma, co-morbidity, behavioral addictions, veterans' mental health, community-based care, development of new psychotherapies, and outcome research. She is author of over 190 professional publications, as well as the books *Seeking Safety*, *A Woman's Addiction Workbook*, and *Recovery from Trauma, Addiction or Both: Finding Your Best Self*. She has served as president of the Society of Addiction Psychology of the American Psychological Association, and was the recipient of the 2009 Betty Ford Award of the Addiction Medical Education and Research Association. She is a licensed psychologist and received her PhD in clinical psychology from Vanderbilt University.

Dear Conference Participants,

We are truly excited to welcome you to this incredible training event in Huntington, on the campus of Marshall University. This year, we offer a training for behavioral health providers of all professions, in an effort to combat the substance abuse problems in our state. Indeed, we are stronger together.

We are so grateful to Dr. Lisa Najavitz for traveling to West Virginia for such an important cause. As evident in her biography and credentials, Dr. Najavitz is a world renowned expert in treating trauma and substance related disorders, as well as the creator of the Seeking Safety model of treatment.

At the conference, we hope that you will come to any WVPA Board Member with concerns. Special thanks to our conference sponsors, who helped WVPA to offer this training in WV, where it is needed the most.

Sincerely,

Penny Koontz, Psy.D.
2018 WVPA President-Elect, Program Chair

Jess Luzier, Ph.D., ABPP
2018 WVPA President

Conference Schedule at a Glance

Friday, April 27, 2018

Registration Opens:

8:00 AM - 9:00 AM

Session: *Trauma Informed Care & Seeking Safety*

9:00 AM - 4:30 PM

Refreshment break

10:30 AM - 10:45 AM

Lunch break (on your own)

12:00 - 1:00 PM

Refreshment break

2:45 PM - 3:00 PM

Annual Business Meeting (for WVPA Members)

4:30 PM - 5:30 PM

Trauma Informed Care & Seeking Safety

Lisa Najavits, Ph.D.

Introductory: 6.0 CE

This presentation explores the general principles of treating traumatized clients with substance related disorders in a variety of contexts (e.g., substance abuse, mental health, medical, etc.). Basic information on trauma, PTSD, and trauma counseling is provided. Real-world challenges are emphasized, including power struggles, threatened harm to self or others, reenactment of classic trauma roles, etc. Assessment and treatment resources are provided. An overview of the Seeking Safety model, how to implement it, demonstration of a session, video clips and experiential exercises are explored.

Learning Objectives:

1. Learn how to implement Seeking Safety with adults and/or adolescents
2. Review research and clinical issues in treating trauma and substance abuse
3. Increase empathy and understanding of trauma and substance abuse
4. Learn how to conduct *Seeking Safety*, an evidence-based model for trauma and/or substance abuse
5. Obtain assessment and treatment resources

Please take note...

Americans with Disabilities Act

The West Virginia Psychological Association is committed to providing access and support to persons with special needs who wish to participate in programs we sponsor. We will reasonably accommodate your request when it is made in advance. Persons with special needs are encouraged to contact the WVPA office at 304.345.5805

Considerations

- ◇ Please turn off cell phones and leave the meeting room to answer calls.
- ◇ Bring a sweater or jacket as it's often difficult to control meeting room temperatures.
- ◇ All attendees must be registered.
- ◇ The workshop begins promptly at the assigned times throughout the day.

Meals

Included in the full conference registration fee are: continental breakfast and two refreshment breaks. Participants are responsible for their own lunch meal. The Memorial Student Center offers a first floor food court and a Buffet-style restaurant (John Marshall Room) on the 2nd floor. There are numerous fast-food restaurants within easy walking distance of the MSC.

Lodging

There are numerous hotels in Huntington within a short distance of Marshall University. Please visit <http://www.visithuntingtonwv.org/where-to-stay/hotels>

Location & Parking

The Memorial Student Center is located on Fifth Avenue between Hal Greer Boulevard & 17th Street (#37 on the campus map) and a paid parking garage is located on Sixth Avenue & John Marshall Drive (#53 on the campus map). Please visit <https://www.marshall.edu/campus/campusmap.pdf>

CE Credits for Psychologists

WVPA is approved by the American Psychological Association to sponsor continuing education for psychologists. APA Standards for awarding credit prohibit offering variable credit for partial workshop attendance. **Those arriving late or leaving a workshop early will not receive CE credit.** The WVPA maintains responsibility for this program and its contents. Please allow time to sign-in for CE before class is scheduled to begin. You must return a FULLY COMPLETED evaluation form to receive your CE Certificate.



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CE Credits for Non-Psychologists

CEU's for Licensed Professional Counselors, Addiction and Prevention Professionals, Nursing, and Social Work are available (provided by the WV Bureau for Behavioral Health and Health Facilities). Please note you must sign-in and sign-out to receive certificate. These CEUs are included in the conference registration fee.

Registration

You may register online at

<https://www.treatment-innovations.org/store/p195/4-27-18-WV> through April 24, 2018. Mailed registrations will be accepted, but must also be received by April 24, 2018. (forms available at the link above) Onsite registration is available only if space permits, as seating is limited. Payment must accompany all registrations

Cancellation Policy

Please pre-register before April 23, 2018. Sorry but we are not able to issue refunds nor exchanges to another training date or location. However, if you register and are unable to attend you may transfer your registration for this training (same date, same location) to another person. Please email orders@seekingsafety.org with the subject line "Transfer Registration" and include your contact information as well as the information of the person you are transferring the registration to. Also if you ordered a book but are unable to attend, you can pick it up from the training location at a later date (email us and we'll put you in touch with them).

Grievance Procedures

The West Virginia Psychological Association (WVPA) is fully committed to conducting all activities in strict conformance with the American Psychological Association's Ethical Principles of Psychologists.

When a participant, either orally or in written format, files a grievance and expects action on the complaint, the following actions will be taken.

1. If the grievance concerns a speaker, the content presented by the speaker, or the style of presentation, the individual filing the grievance will be asked to put his/her comments in written format. The CE Chair will then pass on the comments to the speaker, assuring the confidentiality of the grieved individual.
2. If the grievance concerns a workshop offering, its content, level of presentation, or the facilities in which the workshop was offered, the convention chair will mediate and will be the final arbitrator. If the participant requests action, the convention chair will:
 - a. attempt to move the participant to another workshop or
 - b. provide a credit for a subsequent year's workshop or
 - c. provide a partial or full refund of the workshop fee.

Actions 2b and 2c will require a written note, documenting the grievance, for record keeping purposes.

The note need not be signed by the grieved individual.

3. If the grievance concerns a WVPA CE program, in a specific regard, the CE Chair will attempt to arbitrate. Please contact WVPA Executive Director Jocelyn Burum, Psy.D. at info@wvpsychology.org to submit a complaint, or if you have additional questions.

Benefits of WVPA Membership

- ◇ As a member of WVPA, you enjoy a wide range of benefits!
- ◇ You will stay current and competitive by attending our cutting-edge education conferences in the spring and fall with member discounts.
- ◇ In some cases, the member conference discount more than pays for your annual dues!
- ◇ You can grow your practice and improve your cash flow through our web-based referral and credit card acceptance programs.
- ◇ You can rest easy knowing your profession and your patients are protected through our federal and state legislative advocacy efforts.
- ◇ You can take advantage of outstanding opportunities for career and personal growth through our work with students and early career psychologists, association committee service, and leadership opportunities.
- ◇ You can make connections with colleagues through our listservs, membership directory and conferences.
- ◇ Finally, you have access to quality and timely information through our public outreach programs, our award-winning newsletter and our web site at www.wvpsychology.org.

Just visit the web site and click the "join" tab!

Commitment
to **E**xcellence

in Psychological Services:

*Trauma Informed
Care & Seeking Safety*



Mark your calendars!

*WVPA Fall Conference
October 12 - 13, 2018*

*Stonewall Resort
Roanoke, WV*

*Join us for a weekend of
learning, networking,
Fall colors, and fun!*