

West Virginia Eating Disorder Provider Network  
Resource Directory

## Introduction to the Directory

The West Virginia Eating Disorder Network (WVEDN) is a registry of providers across West Virginia who are interested in treating patients with eating disorders. One of the group's goals is to increase knowledge and use of evidence-based practices in the treatment of eating disorders. To meet this goal, the WVEDN hosts an annual conference, disseminates information on research and trainings in the field, and gathers information from providers for potential referral sources around the state. If you are a provider, and you are interested in joining the WVEDN or would like more information about the network, please email Dr. Jessica Luzier at [jluzier@hsc.wvu.edu](mailto:jluzier@hsc.wvu.edu).

The WVEDN Provider Directory was developed as an easy reference for those seeking services for eating disorders. The WVEDN does not endorse or recommend any particular provider. Each patient and/or their loved ones should discuss services with individual providers to determine if the provider is a good fit for their individual situation. Guidelines for choosing a treatment team can be found on the following websites:

<http://feast-ed.org/Clinics.aspx>

<https://feast-ed.site-ym.com/donations/fund.asp?id=8621>

Updated: September 3, 2014

# A Guide to Psychological Treatment Approaches for Caregivers

\*Adapted from [www.feast-ed.org](http://www.feast-ed.org) glossary

**Acceptance and commitment therapy (ACT):** A behavioral treatment that is based on the idea that painful or uncomfortable feelings are normal and cannot be avoided. This approach helps people be open to their inner experiences focusing on living a meaningful life -- a life that is consistent with a person's values and goals- and trying not to escape or avoid painful feelings. ACT has received some support within the research literature especially for individuals with binge eating disorder.

**Cognitive behavior therapy or Cognitive behavior therapy- extended (CBT or CBT-E):** A relatively short-term, symptom-oriented therapy focusing on the beliefs, values, and cognitive processes that maintain the eating disorder behavior. It aims to modify distorted beliefs and attitudes about the meaning of weight, shape and appearance which are correlated to the development and maintenance of the eating disorder. CBT has strong support in the research literature as an effective treatment for bulimia nervosa.

**Dialectical behavior therapy (DBT):** Modified from CBT, DBT is a behavioral treatment which assumes the most effective place to begin treatment is with changing behaviors. Treatment focuses on developing skills to replace maladaptive eating disorder behaviors. The skills addressed include: core mindfulness skills, interpersonal effectiveness skills, emotion regulation skills, and distress tolerance. Research suggests DBT can be used to effectively treat a variety of mental illnesses, including binge eating disorder and bulimia nervosa.

**Family-based therapy or Maudsley (FBT):** A home-based treatment approach that remains the only treatment proven effective in controlled trials for anorexia nervosa in adolescents. FBT takes an agnostic view of cause of the eating disorder but instead places initial focus on refeeding and full weight restoration to promote recovery. All family members are considered an essential part of treatment which consists of three phases: Phase I: caregivers assist their adolescent to re-establish healthy eating, restore weight and interrupt compensatory behaviors; Phase II: control over eating is transferred back to the adolescent; Phase III: adolescent developmental issues, put on hold because of the eating disorder, are now addressed. FBT has been successfully adapted and utilized with adults of all ages and is showing promise in treating bulimia nervosa. FBT does not focus on psychological therapies, though traditional family therapy and individual therapies may be employed after full weight restoration is achieved.

**Traditional family therapy:** A therapeutic approach that views change in terms of the interaction between family members. It emphasizes family relationships as an important factor in psychological health. Therapy usually focus on relationship patterns.

**Supportive therapy:** A therapeutic approach which involves attentive and sympathetic listening, encouragement and reassurance. The therapist also provides psychoeducation about the patient's condition and how to adjust and live with the condition.

# Treatment Providers

## At-a-Glance

<b>Psychologists and Licensed Professional Counselors</b>	
<p>Teena Bryson, MA, LPC, NCC            6467 Farmdale Rd.            Barboursville, WV 25504            Phone: 304-617-5014            E-mail: <a href="mailto:aaaromansmom@gmail.com">aaaromansmom@gmail.com</a>            Website:  <a href="http://www.facebook.com/TeenaMBrysonLpcNcclsw">www.facebook.com/TeenaMBrysonLpcNcclsw</a></p>	<p>Jessica Luzier, Ph.D.            Disordered Eating Clinic of Charleston            3200 MacCorkle Ave, SE            Charleston, WV 25304            Phone: 304-388-1029            E-mail: <a href="mailto:jluzier@hsc.wvu.edu">jluzier@hsc.wvu.edu</a>            Website:  <a href="http://charleston.hsc.wvu.edu/DECC/">http://charleston.hsc.wvu.edu/DECC/</a></p>
<p>Lya Burgess            200 North ST. Suite 101            New Martinsville, WV 26155            Phone: 304-771-8837            E-mail: <a href="mailto:lyaburgess25@gmail.com">lyaburgess25@gmail.com</a></p>	<p>Heather Milam            930 Chestnut Ridge Road            Morgantown, WV 26506            Phone: (304) 598- 4214            E-mail: <a href="mailto:hbragg@hsc.wvu.edu">hbragg@hsc.wvu.edu</a></p>
<p>Dawn Dillon, M.Ed, LPC, NCC            1063 Maple Drive, Suite 4B            Morgantown, WV 26505            Phone: 817-613-6803            E-mail: <a href="mailto:dadillon65@gmail.com">dadillon65@gmail.com</a></p>	<p>Amanda Quinby, Ph.D.            West Virginia University Carruth Center            for Psychological and Psychiatric            Services            390 Birch Street            Morgantown, WV 26506            Phone: 304-293-4431            E-mail: <a href="mailto:algumble@mail.wvu.edu">algumble@mail.wvu.edu</a>            ** Only available to West Virginia            University students</p>
<p>Barbara H. Romfo , Ph.D, L.P.            Laurel Ridge Psychological Assoc.            211 Hunter Park            Princeton, WV 24740            Phone: 304-487-6121</p>	<p>Catherine Yura Ed.D.            1062 Maple Dr. Ste. 1            Morgantown, WV 26505            Phone: 304-599-5751            E-mail: <a href="mailto:cathy.yura@mail.wvu.edu">cathy.yura@mail.wvu.edu</a></p>

## Physicians

Pam Murray, MD  
WVU School of Medicine  
Department of Pediatrics  
Adolescent and Young Adult Medicine  
PO Box 9214,  
1 Medical Center Dr  
Morgantown, WV 26506  
Phone: 304-598-4835  
E-mail: [pmurray@hsc.wvu.edu](mailto:pmurray@hsc.wvu.edu)  
Website:  
[http://directory.hsc.wvu.edu/UserDetails/  
34264](http://directory.hsc.wvu.edu/UserDetails/34264)

Stephen B Sondike, Ph.D.  
Disordered Eating Clinic of Charleston  
3200 MacCorkle Ave, SE  
Charleston, WV 25304  
Phone: 304-388-2934  
E-mail: [ssondike@hsc.wvu.edu](mailto:ssondike@hsc.wvu.edu)  
Website:  
<http://charleston.hsc.wvu.edu/DECC/>

## Dietitians

<p>Sara Kuykendall, MBA, RD, LD  Valley Health Wellness &amp; Fitness Services  401 Campus Boulevard  Winchester, VA 22601  Phone: 540-536-3041  E-mail: <a href="mailto:Skuykend@valleyhealthlink.com">Skuykend@valleyhealthlink.com</a>  Website:  <a href="http://www.valleyhealthlink.com/wellness-fitness">www.valleyhealthlink.com/wellness-fitness</a></p>	<p>Helenia Sedoski, MS, RD, LD  West Virginia University Hospital  1 Medical Center Drive  Morgantown, WV 26505  Phone: 304-598-4105 ext 78103  E-mail: <a href="mailto:sedoskihe@wvuhealthcare.com">sedoskihe@wvuhealthcare.com</a></p>
<p>Camilla McMillen, RD, LD  West Virginia University Dining Services  PO Box 6430 G-104 Bennett Tower  Morgantown, WV 26506  Phone: 304-293-4053  E-mail: <a href="mailto:ccmcmillen@mail.wvu.edu">ccmcmillen@mail.wvu.edu</a>  ** Only available to West Virginia University students</p>	<p>Elizabeth Semmens, RD, LD, CDE  Diabetes Learning Center, Monongalia General Health Systems  Morgantown, WV  Phone: 304-598-1403  E-mail: <a href="mailto:semmensE@monhealthsys.org">semmensE@monhealthsys.org</a>  Website:  <a href="http://mongeneral.com/Main/DiabetesLearningCenter.aspx">http://mongeneral.com/Main/DiabetesLearningCenter.aspx</a></p>
<p>Jessica Runyon, MS, RD, CSSD, LD  Huntington Hospital  1340 Hal Greer Blvd  Huntington, WV 25701  Phone: 304-526-2000 ext 3438  E-mail: <a href="mailto:Jessica.Runyon@chhi.org">Jessica.Runyon@chhi.org</a>  **Services only available upon referral from a Marshall Medical Center or Cabell Huntington Hospital physician</p>	<p>Brandi Sentz, RD, CDE  Disordered Eating Clinic of Charleston  3200 MacCorkle Ave, SE  Charleston, WV 25304  Phone: 304-388-1505  E-mail: <a href="mailto:besentz@hsc.wvu.edu">besentz@hsc.wvu.edu</a>  Website:  <a href="http://charleston.hsc.wvu.edu/DECC/">http://charleston.hsc.wvu.edu/DECC/</a></p>
<p>Vicki Sallie, RD, LD  St. Mary's Medical Center  2900 1<sup>st</sup> Avenue  Huntington, WV 25702  Phone: 304-526-1129  E-mail: <a href="mailto:Vicki.Sallie@st-marys.org">Vicki.Sallie@st-marys.org</a></p>	

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Business name: Teena M Bryson

Provider name : Teena M Bryson

Address: 6467 Farmdale Road

City: Barboursville State: WV Zip: 25504

Phone : 304-617-5014

E-mail:aaaromansmom@gmail.com

Website: /www.facebook.com/TeenaMBrysonLpcNccLsw

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1. What age groups do you serve? (check all that apply)

children, age range: \_\_\_\_\_

adolescents, age range:  12 and up \_\_\_\_\_

adults, age range:  18 and up \_\_\_\_\_

2. Which types of eating disorders do you treat? (check all that apply)

anorexia nervosa

bulimia nervosa

binge eating disorder

other specified/unspecified feeding or eating disorder

3. Do you serve men/boys with eating disorders?  yes  no

4. What types of treatment to you offer? (check all that apply)

cognitive behavior therapy

dialectical behavior therapy

acceptance and commitment therapy

family-based therapy (Maudsley)

traditional family therapy

supportive therapy

nutritional support (dietetics)

medical evaluation/treatment

other, please describe: dual mindset and solution focused therapy approach

5. Do you offer group therapy for individuals with eating disorders?  yes  no



If yes, please describe:

6. Do you run support groups for individuals with eating disorders?  yes  no  
If yes, please describe:

7. Do you include loved ones in treatment?  yes  no  
If yes, please describe:

8. Do your services have a religious focus?  yes  no  
If yes, please specify type of religion:  
Baptist in faith but sensitive to all faiths.

9. Do you bill insurance?  yes  no

10. Do you take Medicaid and CHIP?  yes  no

11. Do you take private pay?  yes  no  
If yes, do you have a sliding scale for fees?  yes  no

12. Additional information:

I do not bill insurance directly but will assist the client in billing their insurance company if that is what they choose. My initial session is at no cost to determine what the client desires and the best services available. I may be contacted 7 days a week, 8am- 10pm, and it may be necessary to leave a message, because I do not have a secretary.

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Business name: Lya Burgess

Provider name: Lya Burgess

Address: 200 North ST. Suite 101

City: New Martinsville

State: WV

Zip: 26155

Phone: 304-771-8837

E-mail: lyaburgess25@gmail.com

Website:

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1. What age groups do you serve? (check all that apply)

children, age range: 10 -13 years

adolescents, age range: 13 years and up

adults, age range: \_\_\_\_\_

2. Which types of eating disorders do you treat? (check all that apply)

anorexia nervosa

bulimia nervosa

binge eating disorder

other specified/unspecified feeding or eating disorder

3. Do you serve men/boys with eating disorders?  yes  no

4. What types of treatment do you offer? (check all that apply)

cognitive behavior therapy

dialectical behavior therapy

acceptance and commitment therapy

family-based therapy (Maudsley)

traditional family therapy

supportive therapy

nutritional support (dietetics)

medical evaluation/treatment

other, please describe: \_\_\_\_\_

5. Do you offer group therapy for individuals with eating disorders?  yes  no  
If yes, please describe:
6. Do you run support groups for individuals with eating disorders?  yes  no  
If yes, please describe:
7. Do you include loved ones in treatment?  yes  no  
If yes, please describe:
8. Do your services have a religious focus?  yes  no  
If yes, please specify type of religion: I do offer Christian aspect to therapy when requested by client
9. Do you bill insurance?  yes  no
10. Do you take Medicaid and CHIP?  yes  no
11. Do you take private pay?  yes  no  
If yes, do you have a sliding scale for fees?  yes  no
12. Please provide us with any additional information you would like to share about your services:

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Business name: Dawn A Dillon, M.Ed, LPC, NCC

Provider name: Dawn Dillon

Address: 1063 Maple Drive, Suite 4B (office location, not mailing address)

City: Morgantown

State: WV

Zip: 26505

Phone: 817-613-6803

E-mail: dadillon65@gmail.com

Website:

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1. What age groups do you serve? (check all that apply)

children, age range: \_\_\_\_\_

adolescents, age range: \_\_\_\_\_

adults, age range: \_18 and up\_\_\_\_\_

2. Which types of eating disorders do you treat? (check all that apply)

anorexia nervosa

bulimia nervosa

binge eating disorder

other specified/unspecified feeding or eating disorder

3. Do you serve men/boys with eating disorders?  yes  no

4. What types of treatment to you offer? (check all that apply)

cognitive behavior therapy

dialectical behavior therapy

acceptance and commitment therapy

family-based therapy (Maudsley)

traditional family therapy

supportive therapy

nutritional support (dietetics)

medical evaluation/treatment

other, please describe: couples/relationship therapy for adult eating disorder clients and their partner

5. Do you offer group therapy for individuals with eating disorders? \_\_\_ yes \_\_\_x\_\_\_ no

If yes, please describe:

6. Do you run support groups for individuals with eating disorders? \_\_\_ yes \_\_\_x\_\_\_ no

If yes, please describe:

7. Do you include loved ones in treatment? \_\_\_x\_\_\_ yes \_\_\_ no

If yes, please describe: Included to the level and extent that the adult client chooses and that is productive.

8. Do your services have a religious focus? \_\_\_ yes \_\_\_x\_\_\_ no

If yes, please specify type of religion:

9. Do you bill insurance? \_\_\_ yes \_\_\_x\_\_\_ no

10. Do you take Medicaid and CHIP? \_\_\_ yes \_\_\_x\_\_\_ no

11. Do you take private pay? \_\_\_x\_\_\_ yes \_\_\_ no

If yes, do you have a sliding scale for fees? \_\_\_ yes \_\_\_ no

\*Fair Share Fee Program is used (variable rate within a set range)

12. Additional information:

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Business name: Valley Health Wellness & Fitness Services

Provider name: Sara Kuykendall, MBA, RD, LD

Address: 401 Campus Boulevard

City: Winchester

State: VA

Zip: 22601

Phone: 540-536-3041      FAX: 540-536-3045

E-mail: [skuykend@valleyhealthlink.com](mailto:skuykend@valleyhealthlink.com)

Website: [www.valleyhealthlink.com/wellness-fitness](http://www.valleyhealthlink.com/wellness-fitness)

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1. What age groups do you serve? (check all that apply)

children, age range:  9 yrs. + \_\_\_\_\_

adolescents, age range:  12 yrs.+ \_\_\_\_\_

adults, age range:  18 yrs.+ \_\_\_\_\_

2. Which types of eating disorders do you treat? (check all that apply)

anorexia nervosa

bulimia nervosa

binge eating disorder

other specified/unspecified feeding or eating disorder

3. Do you serve men/boys with eating disorders?  yes       no

4. What types of treatment to you offer? (check all that apply)

cognitive behavior therapy

dialectical behavior therapy

acceptance and commitment therapy

family-based therapy (Maudsley)

traditional family therapy

supportive therapy

nutritional support (dietetics)

medical evaluation/treatment

other, please describe: \_\_\_\_\_

5. Do you offer group therapy for individuals with eating disorders? \_\_\_ yes  no  
If yes, please describe:

6. Do you run support groups for individuals with eating disorders? \_\_\_ yes  no  
If yes, please describe:

7. Do you include loved ones in treatment?  yes \_\_\_ no  
If yes, please describe:

Parents, caregiver, spouse, family member can be included, as appropriate, for the individual patient.

8. Do your services have a religious focus? \_\_\_ yes  no  
If yes, please specify type of religion:

9. Do you bill insurance?  yes \_\_\_ no

10. Do you take Medicaid and CHIP?  yes \_\_\_ no  
(I'm not sure about CHIP).

11. Do you take private pay?  yes \_\_\_ no  
If yes, do you have a sliding scale for fees? \_\_\_ yes  no  
(We can offer a "scholarship" if patient completes financial paperwork and is eligible).

12. Additional information:

I provide medical nutrition therapy services (CPT codes 97802 and 97803). In addition to outpatient's demographics, I require MD written order with diagnosis, recent history/physical/lab information, and insurance information prior to scheduling an initial appointment.

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Business name: WVU Department of Behavioral Medicine, WVU Disordered Eating Center of Charleston (DECC)

Provider name: Jessica Luzier, Ph.D.; Stephen Sondike, MD; Brandi Sentz, RD, CDE

Address: 3200 MacCorkle Ave SE

City: Charleston State: WV Zip: 25304

Phone: 304-388-1029

E-mail: jluzier@hsc.wvu.edu

Website: <http://charleston.hsc.wvu.edu/DECC/>

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1. What age groups do you serve? (check all that apply)

children, age range: 2-10 years

adolescents, age range: 10-20 years

adults, age range: 20-70 years

2. Which types of eating disorders do you treat? (check all that apply)

anorexia nervosa

bulimia nervosa

binge eating disorder

other specified/unspecified feeding or eating disorder

3. Do you serve men/boys with eating disorders?  yes  no

4. What types of treatment do you offer? (check all that apply)

cognitive behavior therapy

dialectical behavior therapy

acceptance and commitment therapy

family-based therapy (Maudsley)

traditional family therapy

supportive therapy

nutritional support (dietetics)

medical evaluation/treatment

other, please describe: \_\_\_\_\_



5. Do you offer group therapy for individuals with eating disorders?  yes  no  
If yes, please describe:

Dr. Luzier runs a group for young women (ages 13 to 23) with eating disorders on Wednesdays from 4 to 5:00 pm. All women must be in weekly individual therapy. The group takes an ACT-based, goal-setting, problem-solving approach.

6. Do you run support groups for individuals with eating disorders?  yes  no  
If yes, please describe:

Though we do not run a formal support group, the DECC program has a parent advocate available to provide support to families on a regular basis.

7. Do you include loved ones in treatment?  yes  no

If yes, please describe: Families are very involved in family-based therapy. Families are encouraged to be involved with all patients.

8. Do your services have a religious focus?  yes  no

If yes, please specify type of religion:

9. Do you bill insurance?  yes  no

10. Do you take Medicaid and CHIP?  yes  no

11. Do you take private pay?  yes  no

If yes, do you have a sliding scale for fees?  yes  no

12. Additional information: DECC is a multidisciplinary outpatient treatment program that provides services for youth and adults with disordered eating, including clinical eating disorders. Team members include psychologists, social workers, a dietician, and physicians specializing in adolescent medicine, psychiatry, and internal medicine. All team members have received extensive training in assessment and intervention with disordered eating patients.

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Business name: WVU Dining Services

Provider name: Cami McMillen, RD/LD

Address: PO Box 6430 G-104 Bennett Tower

City: Morgantown

State: WV

Zip: 26506

Phone: 304-293-4053

E-mail: ccmcmillen@mail.wvu.edu

Website:

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1. What age groups do you serve? (check all that apply)

children, age range: \_\_\_\_\_

adolescents, age range: \_\_\_\_\_

adults, age range: \_\_\_\_\_ 18 + available to all WVU students \_\_\_\_\_

2. Which types of eating disorders do you treat? (check all that apply)

anorexia nervosa

bulimia nervosa

binge eating disorder

other specified/unspecified feeding or eating disorder

3. Do you serve men/boys with eating disorders?  yes  no

4. What types of treatment to you offer? (check all that apply)

cognitive behavior therapy

dialectical behavior therapy

acceptance and commitment therapy

family-based therapy (Maudsley)

traditional family therapy

supportive therapy

nutritional support (dietetics)

medical evaluation/treatment

other, please describe: \_\_\_\_\_

5. Do you offer group therapy for individuals with eating disorders?  yes  no  
If yes, please describe:

6. Do you run support groups for individuals with eating disorders?  yes  no  
If yes, please describe:

7. Do you include loved ones in treatment?  yes  no  
If yes, please describe:

8. Do your services have a religious focus?  yes  no  
If yes, please specify type of religion:

9. Do you bill insurance?  yes  no

10. Do you take Medicaid and CHIP?  yes  no

11. Do you take private pay?  yes  no  
If yes, do you have a sliding scale for fees?  yes  no

12. Additional information:

I am a free service available to all WVU students.

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Business name: Chestnut Ridge Center

Provider name: Heather Milam

Address: 930 Chestnut Ridge Road

City: Morgantown                      State: WV                      Zip: 26506

Phone: (304) 598- 4214

E-mail: [hbragg@hsc.wvu.edu](mailto:hbragg@hsc.wvu.edu)

Website:

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1. What age groups do you serve? (check all that apply)

children, age range: \_\_\_\_\_

adolescents, age range: 12- 18 \_\_\_\_\_

adults, age range: 18 + \_\_\_\_\_

2. Which types of eating disorders do you treat? (check all that apply)

anorexia nervosa

bulimia nervosa

binge eating disorder

other specified/unspecified feeding or eating disorder

3. Do you serve men/boys with eating disorders?  yes                       no

4. What types of treatment to you offer? (check all that apply)

cognitive behavior therapy

dialectical behavior therapy

acceptance and commitment therapy

family-based therapy (Maudsley)

traditional family therapy

supportive therapy

nutritional support (dietetics)

medical evaluation/treatment

other, please describe: \_\_\_\_\_

5. Do you offer group therapy for individuals with eating disorders?  yes     no

If yes, please describe:

6. Do you run support groups for individuals with eating disorders? \_\_\_ yes \_\_\_X\_\_\_ no  
If yes, please describe:

7. Do you include loved ones in treatment? \_\_\_X\_\_\_ yes \_\_\_ no  
If yes, please describe:

8. Do your services have a religious focus? \_\_\_ yes \_\_\_X\_\_\_ no  
If yes, please specify type of religion:

9. Do you bill insurance? \_\_\_X\_\_\_ yes \_\_\_ no

10. Do you take Medicaid and CHIP? \_\_\_X\_\_\_ yes \_\_\_ no

11. Do you take private pay? \_\_\_X\_\_\_ yes \_\_\_ no  
If yes, do you have a sliding scale for fees? \_\_\_ yes \_\_\_ no

12. Please provide us with any additional information you would like to share about your services:

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Business name: WVU School of Medicine, Department of Pediatrics, Adolescent and Young Adult Medicine

Provider name: Pamela Murray, M.D.

Address: PO Box 9214, 1 Medical Center Dr.

City: Morgantown State: WV Zip: 26506

Phone: 304-598-4835

E-mail: pmurray@hsc.wvu.edu

Website: <http://directory.hsc.wvu.edu/UserDetails/34264>

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1. What age groups do you serve? (check all that apply)  
 children, age range: \_\_\_\_\_  
 adolescents, age range: 10-26 years  
 adults, age range: \_\_\_\_\_
2. Which types of eating disorders do you treat? (check all that apply)  
 anorexia nervosa  
 bulimia nervosa  
 binge eating disorder  
 other specified/unspecified feeding or eating disorder
3. Do you serve men/boys with eating disorders?  yes  no
4. What types of treatment to you offer? (check all that apply)  
 cognitive behavior therapy  
 dialectical behavior therapy  
 acceptance and commitment therapy  
 family-based therapy (Maudsley)  
 traditional family therapy  
 supportive therapy  
 nutritional support (dietetics)  
 medical evaluation/treatment

other, please describe:  I collaborate with therapists providing medical management and work with/alongside a dietician, Helenia Sedoski, for several of my clinics each week.

5. Do you offer group therapy for individuals with eating disorders?  yes  no  
If yes, please describe:

6. Do you run support groups for individuals with eating disorders?  yes  no  
If yes, please describe:

7. Do you include loved ones in treatment?  yes  no  
If yes, please describe: Patients are usually (but not necessarily) accompanied by parents or other family members.

8. Do your services have a religious focus?  yes  no  
If yes, please specify type of religion:

9. Do you bill insurance?  yes  no

10. Do you take Medicaid and CHIP?  yes  no

11. Do you take private pay?  yes  no  
If yes, do you have a sliding scale for fees?  yes  no

12. Additional information:

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Business name: West Virginia University Carruth Center for Psychological and Psychiatric Services

Provider name: Amanda Quinby

Address: 390 Birch Street

City: Morgantown

State: WV

Zip: 26506

Phone: 304-293-2847

E-mail: algumble@mail.wvu.edu

Website:

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1. What age groups do you serve? (check all that apply)

children, age range: \_\_\_\_\_

adolescents, age range: \_\_\_\_\_

adults, age range: 18 and older \_\_\_\_\_

2. Which types of eating disorders do you treat? (check all that apply)

anorexia nervosa

bulimia nervosa

binge eating disorder

other specified/unspecified feeding or eating disorder

3. Do you serve men/boys with eating disorders?  yes  no

4. What types of treatment do you offer? (check all that apply)

cognitive behavior therapy

dialectical behavior therapy

acceptance and commitment therapy

family-based therapy (Maudsley)

traditional family therapy

supportive therapy

nutritional support (dietetics)

medical evaluation/treatment

other, please describe: \_\_\_\_\_



5. Do you offer group therapy for individuals with eating disorders? \_\_\_ yes \_\_\_X\_\_\_ no  
If yes, please describe:

I do not run any groups for individuals with eating disorders, but I do provide psychoeducational workshops for individuals with body image difficulties.

6. Do you run support groups for individuals with eating disorders? \_\_\_ yes \_\_\_X\_\_\_ no  
If yes, please describe:

7. Do you include loved ones in treatment? \_\_\_\_\_ yes \_\_\_X\_\_\_ no  
If yes, please describe:

8. Do your services have a religious focus? \_\_\_ yes \_\_\_X\_\_\_ no  
If yes, please specify type of religion:

9. Do you bill insurance? \_\_\_\_\_ yes \_\_\_X\_\_\_ no

10. Do you take Medicaid and CHIP? \_\_\_\_\_ yes \_\_\_X\_\_\_ no

11. Do you take private pay? \_\_\_\_\_ yes \_\_\_X\_\_\_ no  
If yes, do you have a sliding scale for fees? \_\_\_ yes \_\_\_\_\_ no

12. Additional information:

Because I work at WVU, I can only see individuals enrolled as students at WVU. Services at the Carruth Center are free for students.

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Business name: Laurel Ridge Psychological Associates

Provider name: Barbara Romfo, Ph.D. , L.P.

Address: 211 Hunter Park

City: Princeton

State: WV

Zip: 24740

Phone: 304 487 6121

E-mail:

Website:

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1. What age groups do you serve? (check all that apply)

children, age range: \_\_\_\_\_

adolescents, age range: 12-18

adults, age range: 18 and up

2. Which types of eating disorders do you treat? (check all that apply)

anorexia nervosa

bulimia nervosa

binge eating disorder

other specified/unspecified feeding or eating disorder

3. Do you serve men/boys with eating disorders?  yes  no

4. What types of treatment to you offer? (check all that apply)

cognitive behavior therapy

dialectical behavior therapy

acceptance and commitment therapy

family-based therapy (Maudsley)

traditional family therapy

supportive therapy

nutritional support (dietetics)

medical evaluation/treatment

other, please describe: \_\_\_\_\_

5. Do you offer group therapy for individuals with eating disorders?  yes  no

If yes, please describe:

6. Do you run support groups for individuals with eating disorders?  yes  no

If yes, please describe:

7. Do you include loved ones in treatment?  yes  no

If yes, please describe:

Whenever clients wish to have their loved ones involved in their treatment, I encourage them to be part of sessions and learn about the tools the client is using in recovery.

8. Do your services have a religious focus?  yes  no (Yes, if clients desire it)

If yes, please specify type of religion:

Clients are encouraged to share their religious views and to rely on their faith resources during the course of treatment. My religious background is Christian, but I typically do not introduce this perspective into treatment unless the client wishes to do so.

10. Do you take Medicaid and CHIP?  yes  no

11. Do you take private pay?  yes  no

If yes, do you have a sliding scale for fees?  yes  no

12. Additional information:

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Business name: Cabell Huntington Hospital (**Note:** Services only available upon referral from a Marshall Medical Center or Cabell Huntington Hospital physician.)

Provider name: Jessica Runyon MS, RD, CSSD, LD

Address: 1340 Hal Greer Blvd

City: Huntington State: WV Zip :25701

Phone: 304-526-2000 ext 3438

E-mail: Jessica.runyon@chhi.org

Website:

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1. What age groups do you serve? (check all that apply)

children, age range: \_\_\_\_\_

adolescents, age range: \_\_\_\_\_

adults, age range: \_\_\_\_\_

2. Which types of eating disorders do you treat? (check all that apply)

anorexia nervosa

bulimia nervosa

binge eating disorder

other specified/unspecified feeding or eating disorder

3. Do you serve men/boys with eating disorders?  yes  no

4. What types of treatment to you offer? (check all that apply)

cognitive behavior therapy

dialectical behavior therapy

acceptance and commitment therapy

family-based therapy (Maudsley)

traditional family therapy

supportive therapy

nutritional support (dietetics)

medical evaluation/treatment

other, please describe: \_\_\_\_\_

5. Do you offer group therapy for individuals with eating disorders?  yes  no

If yes, please describe:

We do offer patient plus parent if it is a child/adolescent

6. Do you run support groups for individuals with eating disorders?  yes  no

If yes, please describe:

7. Do you include loved ones in treatment?  yes  no

If yes, please describe:

Parents of minors.

Family or friend of adult patients who will be involved with recovery process.

8. Do your services have a religious focus?  yes  no

If yes, please specify type of religion:

9. Do you bill insurance?  yes  no

10. Do you take Medicaid and CHIP?  yes  no

11. Do you take private pay?  yes  no

If yes, do you have a sliding scale for fees?  yes  no

12. Additional information: **Services only available upon referral from a Marshall Medical Center or Cabell Huntington Hospital physician.**

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Business name: St. Mary's Medical Center

Provider name: Vicki Sallie, RD, LD

Address: 2900 1<sup>st</sup> Avenue

City: Huntington

State: WV

Zip: 25702

Phone: 304-526-1129

E-mail: Vicki.Sallie@st-marys.org

Website:

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1. What age groups do you serve? (check all that apply)

children, age range: \_\_\_\_\_

adolescents, age range: 13-18 years

adults, age range: 18 years and up

2. Which types of eating disorders do you treat? (check all that apply)

anorexia nervosa

bulimia nervosa

binge eating disorder

other specified/unspecified feeding or eating disorder

3. Do you serve men/boys with eating disorders?  yes  no

4. What types of treatment do you offer? (check all that apply)

cognitive behavior therapy

dialectical behavior therapy

acceptance and commitment therapy

family-based therapy (Maudsley)

traditional family therapy

supportive therapy

nutritional support (dietetics)

medical evaluation/treatment

other, please describe: \_\_\_\_\_

5. Do you offer group therapy for individuals with eating disorders? \_\_\_ yes \_\_\_X\_\_\_ no  
If yes, please describe:

6. Do you run support groups for individuals with eating disorders? \_\_\_ yes \_\_\_X\_\_\_ no  
If yes, please describe:

7. Do you include loved ones in treatment? \_\_\_X\_\_\_ yes \_\_\_ no  
If yes, please describe: I try to empower families first.

8. Do your services have a religious focus? \_\_\_ yes \_\_\_X\_\_\_ no  
If yes, please specify type of religion:

9. Do you bill insurance? \_\_\_ yes \_\_\_ no

10. Do you take Medicaid and CHIP? \_\_\_ yes \_\_\_ no

11. Do you take private pay? \_\_\_ yes \_\_\_ no  
If yes, do you have a sliding scale for fees? \_\_\_ yes \_\_\_ no

12. Please provide us with any additional information you would like to share about your services:

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Business name: West Virginia University Hospital

Provider name: Helenia Sedoski, MS, RD, LD

Address: 1 Medical Center Drive

City: Morgantown State: WV Zip: 26505

Phone: 304-598-4105 ext 78103

E-mail: sedoskihe@wvuhealthcare.com

Website:

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1. What age groups do you serve? (check all that apply)

children, age range: \_\_\_\_\_

adolescents, age range: \_\_\_\_\_

adults, age range: (Not commonly but I have) \_\_\_\_\_

2. Which types of eating disorders do you treat? (check all that apply)

anorexia nervosa

bulimia nervosa

binge eating disorder

other specified/unspecified feeding or eating disorder

3. Do you serve men/boys with eating disorders?  yes  no

4. What types of treatment to you offer? (check all that apply)

cognitive behavior therapy

dialectical behavior therapy

acceptance and commitment therapy

family-based therapy (Maudsley)

traditional family therapy

supportive therapy

nutritional support (dietetics)

medical evaluation/treatment

other, please describe:

\_\_\_\_\_



5. Do you offer group therapy for individuals with eating disorders? \_\_\_ yes  no  
If yes, please describe:

6. Do you run support groups for individuals with eating disorders? \_\_\_ yes  no  
If yes, please describe:

7. Do you include loved ones in treatment?  yes \_\_\_ no  
If yes, please describe:  
Parents or others involved are always welcome, if approved by the teens to be involved in the education process. I also speak to many loved ones separately.

8. Do your services have a religious focus? \_\_\_ yes  no  
If yes, please specify type of religion:

9. Do you bill insurance? \_\_\_ yes \_\_\_ no (I personally do not bill but the physician I work under does)

10. Do you take Medicaid and CHIP? \_\_\_ yes \_\_\_ no

11. Do you take private pay? \_\_\_ yes \_\_\_ no  
If yes, do you have a sliding scale for fees? \_\_\_ yes \_\_\_ no

12. Additional information:

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Business name: Diabetes Learning Center, Mon General Hospital

Provider name: Elizabeth L. Semmens RDN, LD, CDE

Address:

City: Morgantown State: WV Zip: 26505

Phone: 304-598-1403

E-mail: semmense@monhealthsys.org

Website: <http://mongeneral.com/Main/DiabetesLearningCenter.aspx>

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1. What age groups do you serve? (check all that apply)

children, age range: \_\_\_\_\_

adolescents, age range: \_\_\_\_\_

adults, age range:  all ages \_\_\_\_\_

2. Which types of eating disorders do you treat? (check all that apply)

anorexia nervosa

bulimia nervosa

binge eating disorder

other specified/unspecified feeding or eating disorder

3. Do you serve men/boys with eating disorders?  yes  no

4. What types of treatment do you offer? (check all that apply)

cognitive behavior therapy

dialectical behavior therapy

acceptance and commitment therapy

family-based therapy (Maudsley)

traditional family therapy

supportive therapy

nutritional support (dietetics)

medical evaluation/treatment

other, please describe: \_\_\_\_\_

5. Do you offer group therapy for individuals with eating disorders?  yes  no  
If yes, please describe:
6. Do you run support groups for individuals with eating disorders?  yes  no  
If yes, please describe:
7. Do you include loved ones in treatment?  yes  no  
If yes, please describe: Support individuals (family or friends) may be present during Medical Nutrition Therapy.
8. Do your services have a religious focus?  yes  no  
If yes, please specify type of religion:
9. Do you bill insurance?  yes  no
10. Do you take Medicaid and CHIP?  yes  no (but Medicaid will not pay for MNT with this diagnosis)
11. Do you take private pay?  yes  no  
If yes, do you have a sliding scale for fees?  yes  no
12. Please provide us with any additional information you would like to share about your services:  
Medical Nutrition Therapy services are based on medical doctor referral versus a self-referral.

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\*\*\*\*\*Business name: Morgantown Pastoral Counseling Center

Provider name: Catherine Yura Ed.D.

Address: 1062 Maple Dr. Ste. 1

City: Morgantown

State: West Virginia

Zip: 26505

Phone: 304-599-5751

E-mail: cathy.yura@mail.wvu.edu

Website:

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1. What age groups do you serve? (check all that apply)

children, age range: \_\_\_\_\_

adolescents, age range: \_\_\_\_\_

adults, age range: 18-40 \_\_\_\_\_

2. Which types of eating disorders do you treat? (check all that apply)

anorexia nervosa

bulimia nervosa

binge eating disorder

other specified/unspecified feeding or eating disorder

3. Do you serve men/boys with eating disorders?  yes  no

4. What types of treatment to you offer? (check all that apply)

cognitive behavior therapy

dialectical behavior therapy

acceptance and commitment therapy

family-based therapy (Maudsley)

traditional family therapy

supportive therapy

nutritional support (dietetics)

medical evaluation/treatment

other, please describe:

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5. Do you offer group therapy for individuals with eating disorders? \_\_\_ yes \_\_\_X\_\_\_ no  
If yes, please describe:

6. Do you run support groups for individuals with eating disorders? \_\_\_ yes \_\_\_X\_\_\_ no  
If yes, please describe:

7. Do you include loved ones in treatment? \_\_\_X\_\_\_ yes \_\_\_ no  
If yes, please describe:

8. Do your services have a religious focus? \_\_\_X\_\_\_ yes \_\_\_ no  
If yes, please specify type of religion: Christian

9. Do you bill insurance? \_\_\_X\_\_\_ yes \_\_\_ no

10. Do you take Medicaid and CHIP? \_\_\_ yes \_\_\_X\_\_\_ no

11. Do you take private pay? \_\_\_X\_\_\_ yes \_\_\_ no  
If yes, do you have a sliding scale for fees? \_\_\_ yes \_\_\_X\_\_\_ no

12. Please provide us with any additional information you would like to share about your services:

I work part-time at Morgantown Pastoral Counseling Center but during the day I work as the Assistant Vice President of WELLWVU: The Students' Center of Health and as a psychologist at the WVU Carruth Center for Psychological and Psychiatric Services. I see students at the Carruth Center who have eating disorders.

