Resources for LGBTQ Patients and Families

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West Virginia LGBTQ Resources

Dr. Rainbow  https://www.drrainbow.org/
- Mission: “We are here as a resource to connect every person to an LGBTQ culturally competent healthcare provider in West Virginia as well as connect individuals to community services and groups”
- Providers can nominate themselves, patients can nominate providers, or both

Fairness West Virginia  https://fairnesswv.org/
- Fairness West Virginia (Fairness) is the statewide civil rights advocacy organization dedicated to fair treatment and civil rights for lesbian, gay, bisexual and transgender West Virginians.
- Our mission is to ensure LGBT people can be open, honest and safe at home, at work, and in the community. We are open to everyone who believes in fundamental fairness.

Transition Medicine for Adolescents in West Virginia

Cincinnati Children’s Hospital Teen Health Center-Transition Medicine:
513-636-4681 option 7
- Transgender Health Clinic https://www.cincinnatichildrens.org/service/a/adolescent-medicine/programs/transgender

General Information and Resources

WPATH Guidelines for Care  https://www.wpath.org/publications/soc

CDC  https://www.cdc.gov/lgbthealth/health-services.htm
- LGBTQ psychiatrist network https://aglp.memberclicks.net/aglp-referral
- LGBTQ Domestic Violence Support
- LGBTQ Medical Provider Referral

Gender Spectrum  www.genderspectrum.org
- Variety of resources for transgender individuals and their families.
- Resources for professions working with LGBTQ individuals in the following professions: medical, mental health, social services, education and legal LGBTQ Resource List
- http://www.glbtnearme.org/GLBTNearMeResults.php?national=Yes

GLAAD  www.glaad.org

PFLAG (Parents, Families & Friends of Lesbians and Gays)  www.pflag.org

Human Rights Campaign  www.hrc.org

Trans Health  www.trans-health.com

Trans Youth Family Allies  www.imatyfa.org/

Black Trans Advocacy  www.blacktrans.org

Gay Straight Alliance Network  www.gsanetwork.org

Gay Lesbian & Straight Education Network  www.glsen.org

Family Acceptance Project  www.familyproject.sfsu.edu

TransYouth Family Allies  www.imatyfa.org

Sexual health resource for LBGT youth  www.youthresource.com

LGBTQ Online or Phone Support Groups and Crisis/Information/Referral Lines

GLBT National Help Center  https://www.glbthotline.org/
- LGBTQ National Hotline (all ages) 1-888-843-4564
- Youth Talkline (up to age 25) 1-800-246-7743
- LGBTQ Elder Line (seniors) 888-234-7243
- Moderated teen talk online support groups
- Online Support Groups: preteen, teen, parents, dads, grandparents
The Trevor Project's 24/7 Lifeline
- 866-4-U-TREVOR (866-488-7386) or
- Trevor Chat, the Trevor Project's online messaging service

Trans Lifeline at 877-565-8860

Facebook Support Groups

- Search on FB: "Parents of Transgender Children" - *private* - 'Friends' can see you joined the group, but not what you post
- Parenting Transgender Children (front door) - *secret* - 'Friends' can't see you're a member of the group or any posts. Highest level of FB privacy.
  - Multiple spin off groups can be accessed through this group including groups for educators of transgender students, grandparents & other advocates, Jewish parents of transgender children, adolescent and young adult group, trans friendly families willing to open their homes for free when traveling for medical care, etc, parents of children who are trans and on the autism spectrum, trans adults and partners of adults who have transitioned while with their partner/spouse
- Transgender Support (world wide)
- LGBT Teens 13-19

It Gets Better Project  www.itgetsbetter.org

Legal Assistance

Transgender Law Center  www.transgenderlawcenter.org

National Center for Lesbian Rights (does a lot of transgender rights work)  www.nclrights.org

National Center for Transgender Equality  www.transequality.org

Lambda Legal  www.lambdalegal.org

ACLU  www.aclu.org

Transgender Legal Defense and Education Fund  www.transgenderlegal.org
School Resources

"Schools in Transition"
- gold standard manual for supporting transgender students in schools.

Gender Spectrum- education https://www.genderspectrum.org/explore-topics/education/

Literary Resources

Children's Books - transgender and gender exploring:
- Introducing Teddy: A Gentle Book Gender (amab)
- I am Jazz (amab)
- My Princess Boy (amab)
- Jacob's New Dress (amab)
- Morris Micklewhite and the Tangerine Dress (amab)
- About Chris (afab)
- Not Every Princess Annie's Plaid Shirt (afab)
- Red: A Crayon's Story (general)
- Who are You? A Kids Guide to Gender Identity (general)
- George (grade 4-6)

Parent & Professional Books - transgender and gender exploring
- The Transgender Child: A Handbook for Families and Professionals
- The Transgender Teen: A Handbook for Parents and Professionals Supporting Transgender and Non-Binary Teens
- The Gender Quest Workbook: A Guide for Teens and Young Adults Exploring Gender Identity
- Transgender 101: A Simple Guide to a Complex Issue
- Raising My Rainbow: Adventures in Raising a Fabulous, Gender Creative Son
- Gender Born, Gender Made: Raising Healthy Gender-Nonconforming Children
- The Gender Creative Child: Pathways for Nurturing and Supporting Children Who Live Outside Gender Boxes
- Raising the Transgender Child: A Complete Guide for Parents, Families, and Caregivers
- I Promised Not to Tell: Raising a transgender child
- Raising Ryland: Our Story of Parenting a Transgender Child with No Strings Attached
- Being Jazz: My Life as a (Transgender) Teen
- Becoming Nicole: The Transformation of an American Family
Video & Movie Resources

Gender Revolution: A Journey With Katie Couric (DVD) - amazon www.raisingryland.com (documentary for parents -afab)

Conservative Christian mom with transgender child: https://www.youtube.com/watch?v=ami12z8UOnU

Transgender Kids Documentary https://www.youtube.com/watch?v=qV8b8hsQups Rebecca Documentary https://www.youtube.com/watch?v=d3M2kd VmeM

Safe Folder

Many parents of transgender children create "safe folders" which is a collection of documentation that helps protect the transgender or gender variant child and their family. This is helpful in cases when professionals such as TSA, medical, mental health or Children Services are uninformed and question the validity of the child's gender.


Resources in Spanish


Religion & Spirituality

National list of LGBTQ friendly churches www.gaychurch.org
https://www.genderspectrum.org/explore-topics/faith/

Clothing & Accessories

Leolines - custom underwear, swim suits and leotards for ftm individuals (children and adult) https://www.etsy.com/shop/LeoLines


Binders www.Amazon.com; http://www.f2mbinders.com/
### Summer Camps!

| Camp Aranu'tique - CA, NH                  | Camp Outright - VT                  |
| Aspyre Camp - NC                          | Camp Pride - TN                     |
| Bay Area Rainbow Day Camp - CA            | Camp Ten Trees - Washington         |
| Brave Trails - CA                         | Camp Transplant – RI                |
| Camp Born this Way-AZ                     | Camp True Colors - MN, CT, TX       |
| Camp Coyote-Canada                        | Fierce Love Day Camp-CA             |
| Camp Highlight - CA                       | Fluid Revolutions Queer Youth Circus|
| Camp Kesnet - GA                          | Camp-NC                             |
| LGBTQ Activist Camp - MS, AK              | Get Free-CA                         |
| Spiritual Pride Retreat -TX               | GLAC Youth Session - CA, GA         |
| T Camp- CA                                | GSA Activist Camp - CA              |
| TYEF Summer Camp - New England            | Next Generation Leadership Camp- DC  |
| Yes Program Camp - New England            | QORDS-NC                            |
| You Belong Sports Camp - NJ               | Queer Camp –CA                      |
| Camp Light Bulb - MA                      | Queer Rock Camp - CA                |
| Camp Laurel - CA                          | Queer Spirit Camp - NY              |
| Camp OUTdoors - AZ                        | Rainbow Camp – AR                   |